

## Welcome to Christ Church

Week commencing 21<sup>st</sup> July – Trinity 5

### **Sunday 21<sup>st</sup> July – Trinity 5**

**8.00am Holy Eucharist**

**10.00am Parish Eucharist**

**6.00pm Evening Worship**

**Tuesday 23<sup>rd</sup>**

**2.00pm Good Companions**

### **Sunday 28<sup>th</sup> July – Trinity 6**

**8.00am Holy Eucharist**

**10.00am Parish Eucharist**

**6.00pm Evening Worship**

## **Trinity 5**

### **Collect**

Almighty and everlasting God,  
by whose Spirit the whole body of the Church  
is governed and sanctified:  
hear our prayer which we offer for all your faithful people,  
that in their vocation and ministry  
they may serve you in holiness and truth  
to the glory of your name;  
through our Lord and Saviour Jesus Christ,  
who is alive and reigns with you  
and the Holy Spirit,  
one God, now and for ever.

**Amen**

### **The first reading is from the Book of Colossians**

The Son is the image of the invisible God, the firstborn over all creation. For in him all things were created: things in heaven and on earth, visible and invisible, whether thrones or powers or rulers or authorities; all things have been created through him and for him. He is before all things, and in him all things hold together. And he is the head of the body, the church; he is the beginning and the firstborn from among the dead, so that in everything he might have the supremacy. For God was pleased to have all his fullness dwell in him, and through him to reconcile to himself all things, whether things on earth or things in heaven, by making peace through his blood, shed on the cross.  
*(Colossians 1: 15-20)*

This is the Word of the Lord  
**Thanks be to God**

### **Psalm 52 (Pg.513)**

Listen to the Gospel of Christ according to Luke  
**Glory to you, O Lord**

As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. She had a sister called Mary, who sat at the Lord's feet listening to what he said. But Martha was

distracted by all the preparations that had to be made. She came to him and asked, 'Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!'

'Martha, Martha,' the Lord answered, 'you are worried and upset about many things, but few things are needed – or indeed only one. Mary has chosen what is better, and it will not be taken away from her.'

*(Luke 10: 38-42)*

This is the Gospel of the Lord  
**Praise to you O Christ**

### **Post Communion Prayer**

Grant, O Lord, we beseech you,  
that the course of this world  
may be so peaceably ordered by your governance,  
that your Church may joyfully serve you in all godly quietness;  
through Jesus Christ our Lord.

**Amen**

### **Next Sunday's Readings & Rotas**

**Eucharist:** Colossians 2: 6-15 & Luke 11: 1-13

**Reader:** David Greenman

**Intercessor:** John Hodgson

**Welcoming Team:** David Alexander, Margaret Griffiths, Glenys Nettleton

**Coffee:** Sui Wan Chan, Angela Foley, Ann Picken

**Ministers of Communion:** Howard Kilvington  
(Reserve: Gerald Bradnum)

## **WEEKLY PRAYERS**

**Sunday:** Pray for the Province de L'Eglise Anglicane au Rwanda; for the Parish of Cathays; for the Good Companions; for the residents of Leven Close.

**Thursday:** Pray for the Episcopal Church of Bethlehem; for the Conventional District of Tremorfa; for the ConneXions Groups; for the residents of Padarn Close.

**Sunday:** Pray for the Scottish Episcopal Church; for the Parish of Lisvane; for the flower arrangers; for the residents of Duffryn Avenue.

*Please also pray for our partner church, St Denys, Lisvane.*

**For the prayers for the remaining days of the week please see: [www.llandaffchurchinwales.org.uk](http://www.llandaffchurchinwales.org.uk) under Faith Worship & Prayer (the Diocesan Prayer Calendar).**

IF YOU FEEL UNABLE TO RECEIVE FROM THE  
CHALICE, THEN PLEASE RECEIVE THE BREAD ONLY.

## NOTICES

**CONGRATULATIONS:** Congratulations to our vicar, Revd Trystan, on being invited to become Canon Theologian within the Greater Chapter of Llandaff Cathedral. This is in recognition of his theological teaching, both within the diocese and St Padarn's Institute. This is a great honour for Revd Trystan as he continues to undertake his two ministries - vicar of Christ Church and tutor in St Padarn's. We are invited to his inauguration, along with the rest of the Greater Chapter, at 3.30pm on Sunday 29 September at Llandaff Cathedral Evensong.

**EVENING WORSHIP:** Please do join us for Evening Worship at 6pm, focusing on God's call for us to be Stewards of the Earth, led by Ethan & Alex. All welcome!

**THANK YOU:** A HUGE thank you to all for your support and confidence for recent Stewardship Day. Please do pick up a Stewardship Booklet on your way out if you haven't received one – we need your help so we can continue our great work in the local community. Diolch!

**FUNKY CHURCH/J WALKERS SUMMER BREAK:** Please note there will be no Funky Church/J Walkers at the 10am services during the school summer holidays. There will be quiet activities provided at the back of the church.

**LOOK:** to your left – as you face the altar you will see on the Reading Desk, a scrap book telling something of the story of the altar rail KNEELERS. If you like you may speak to Posy Akande about it, or perhaps Derek Burston.

**TRYSTAN'S BOOKS:** Trystan has received a new supply of his books and so they are back on sale at Christ Church. His latest book, "Living the Prayer", which explores the challenge of the Lord's Prayer, is now back in stock and available for you to buy at a reduced price of £6 or £10 for two copies. Please talk to Claire Edwards if you want to purchase a copy of Living the Prayer or any other of Trystan's books. The contact for Claire is [ced45@btinternet.com](mailto:ced45@btinternet.com)

**CONFIRMATION SERVICE:** We are delighted that Bishop June is visiting Christ Church for the first time to take our Confirmation service on Sunday, 15<sup>th</sup> September at 10am. Please do put that date in your diaries as it would be

great to have as many people as possible with us at that service.

**FIRST COMMUNION CLASSES:** If any child is interested in taking first communion sessions, so they can receive communion at the altar, please do tell Rev'd Trystan. Children are usually in Years 1 to 3 in Primary School when they undertake these sessions. There will be three sessions at Sunday lunchtimes (with lunch included) which will take place in September/October.

**A ROCK N' ROLL EVENING:** with the band 'Denmark Street' on Saturday 19<sup>th</sup> October at 7.30pm. Please put this date in your diary. More information to follow.

**BLUE COLLECTION BOX:** There is a blue collection box in the porch for odd coins and loose change. This is for the general upkeep, repairs and maintenance of the Church building. We are, amongst other things, shortly going to have to replace the fascia boards and recently the sound system and screen technology needed attention. Many jobs, the gardening, run of the mill repairs and maintenance are carried out by our own Congregation members but others do of course require the employment of outside people. Many thanks to you're supporting this initiative. It has already yielded just under £150 for which we are grateful. Please continue to drop in your small change and odd coins. Every little helps! Thank you.

**CARDIFF FOODBANK:** Thanks all donors for their generous support but, because of continuing large current stocks asks that future contributions for a while ahead be confined as much as possible to 8 sorts of food still in rather short supply, i.e. TINNED POTATOES, TINNED FISH, RICE PUDDING, SPONGE PUDDING, CUSTARD, JAM and TINNED TOMATOES. Another option is cash, always well applied, either via '[localgiving.org](http://localgiving.org)' or through Paypal via e-mail to '[info@cardiff.foodbank.org.uk](mailto:info@cardiff.foodbank.org.uk)'. Thank you!

From April to June 2019 Christ Church Roath Park donated 131.3kg of food. We see our use continue to rise and in 2018 we provided food for 13,248 individuals, with 150,840 tonnes of food and toiletries given out. Thank you to all of those who have contributed food and arranged the collections and deliveries.

**HELP PLEASE!!!:** We are in urgent need of more drivers to help with lifts to and/ or from Good Companions on Tuesday afternoons...can you help? At 2pm? 4pm? Occasionally? Weekly? Fortnightly? Monthly? To discuss please speak to Val [02920 747021](tel:02920747021) or Alison [02920 761277](tel:02920761277). Thank you.

**HIRING OF CHURCH HALL:** Please note if anyone wants to book the church hall please contact Gill Barker on 02920 747464 in the first instance. Thank you.

**VACANCY FOR A BEAVER LEADER:** A new leader for Beavers at the 84<sup>th</sup> Scout Group (green Scout Hut next to the Church Hall) is needed. Full training will be given. For further details please contact Gill Barker on 02920 747464.

**THURSDAY 9.30am EUCHARIST:** The Eucharist is on the 1<sup>st</sup> and 3<sup>rd</sup> Thursdays of each month. The upcoming dates are the **1<sup>st</sup> & 15<sup>th</sup> August**. Tea and coffee are available afterwards.

**ELECTORAL ROLL:** If you consider Christ Church your home church, then we would love to include you on our church members list, known as the Electoral Roll. You can be on the electoral roll whether you attend services regularly or infrequently. Being on the electoral roll helps show the diocese how well supported Christ Church is. Application forms for inclusion on the Electoral Roll, together with details printed on the back, are available at the entrance to the Church. After you have filled in the form place it in the receptacle provided. David Alexander, Electoral Roll Officer. Any questions about the Electoral Roll, please speak to David, Revd Trystan, or Revd Jordan.

**UNWANTED TOILETRIES:** The Good Companions are collecting any unwanted toiletries; these will be offered to emergency patients at the Heath Hospital who often have no personal items or money with them when they are admitted. Should anyone have any unopened toiletries which they would be happy to donate, please pass them on to Val (02920 747021).

**COLLECTION:** If you prefer to give a weekly cash contribution during the various services, and you are a UK Tax payer, then there are envelopes in the pews to enable us to reclaim tax. Please do use an envelope, as, at the moment, this equates to an extra 25p for each £1 you give. If you regularly use this method of giving please see Gerald Bradnum as there are several other easier options.

### **NEW HALL PROJECT**

Planning Permission now granted, we have appointed our Architects the PENTAN PARTNERSHIP to lead the project forward. The Church in Wales suggest we obtain at least 3 quotes from Builders for the construction of the Hall and we welcome those interested to contact Linda Alexander for further information. Obviously it is still necessary to continue to raise funds so we ask you support or initiate Coffee Mornings, Cake and Garden produce sales, Concerts, Gold and Greeting Card sales.....

All ideas are welcome to enable this exciting project to become a reality.

### **SOME OF THE IDEAS BELOW ARE ALREADY BEING UNDERTAKEN BUT ALL NEED YOUR SUPPORT**

**ALLOTMENT PRODUCE & HOMEMADE PRESERVES:** Keep a look out for produce/preserves often available after the 10 am Sunday service. No more jam jars required for the present.

**OLD POUND COINS:** We are collecting old pound coins for the Church Hall Appeal. If anyone has some please put them in the box in the entrance or into the collection bags. Thanks, Linda Alexander

**CAKE MAKING** - cakes always sell!

## **MUSIC CONCERTS**

Please continue to support.

*If anyone has any ideas, however big or small, to raise money for the exciting New Hall project, please share them! Thank you all for your continued support.*

**Notices for the Newsletter should be given to Denise Searle, tel. 029 20763151; Email [info@christchurchcardiff.co.uk](mailto:info@christchurchcardiff.co.uk) or left in the church letter box. Deadline is Wednesday morning**

**In the event of an EMERGENCY please leave by the nearest exit and assemble by the walled garden at the front of the car park.**

## **CHRIST CHURCH HAS BOTH FACEBOOK AND TWITTER**

please check them out and "like" and follow them for up to date church information on services and events

[www.facebook.com/christchurchcardiff](http://www.facebook.com/christchurchcardiff)  
[www.twitter.com/ChristChCardiff](http://www.twitter.com/ChristChCardiff)

## **PARISH INFORMATION**

**Vicar: Revd Trystan Hughes Tel: 029 20758588**

**Mob for emergencies: 07976523634**

**[trystanhughes@churchinwales.org.uk](mailto:trystanhughes@churchinwales.org.uk)**

**Parish Office: 029 20763151 –  
open Mon & Weds 9.30am to 12.30pm**

**Churchwardens: Haydn Hopkins 029 20621280 or 07970 079797  
Colin Francis: 029 20751773**

**Parish Website: [www.christchurchcardiff.co.uk](http://www.christchurchcardiff.co.uk)**

**Email: [info@christchurchcardiff.co.uk](mailto:info@christchurchcardiff.co.uk)**

## **ConneXion Groups (\*-coordinators)**

### **ConneXion groups meet once a month**

Our ConneXion Groups meet once-a-month to discuss, socialise, learn, and have fun. Interested in joining one of them? Please do talk to Revd Trystan or email him on [trystanhughes@churchinwales.org.uk](mailto:trystanhughes@churchinwales.org.uk)

#### **Group 1 (daytime)**

Val Jones\*  
Isabel Santore  
Glenys Nettleton  
Audrey Lewis  
Margaret Griffiths  
George Cable  
Nadia Bunston  
Liz Reid  
Carol Rudram

#### **Group 2 (evening)**

Haydn and Jill Hopkins \*  
Julie Waller  
Jane Song  
Claire Edwards  
Margaret Griffiths  
Julia Matthews  
Hannah Burch  
Mary Payne  
Jane Roberts  
Gwilym Roberts  
Hilary Chiles  
Rev'd Jordan Hillebert  
Andrew Wade

#### **Group 3 (evening)**

Linda Alexander \*  
David Alexander  
Derek Burston  
Elizabeth Burston  
Siu Chan  
Gill Barker  
Clare Dow  
Sally Lewis  
Sylvia McCarthy  
Kate Thomas  
Ed & Carol Mills  
Beryl Jones  
Elizabeth Davies

#### **Group 4 (evening)**

Trystan & Sandra Hughes \*  
Emma Breraton  
Sarah Goldsmith  
James & Ingrid Preston  
Anna & Paul Mortimore  
Hannah Burch  
Alex Kinsey & Ethan James  
Justin and Coral Freeman  
Fernanda Gray  
Rebekka Jones  
Andy Taylor

#### **Group 5 (evening)**

Sue Hurrell \*  
Emma Laing  
Sandra Hughes  
Ruth Payne  
Justine Ryland  
Jo Jefford  
Michele Browne  
Jane Roberts  
Flora Samuel  
Jenny Wigley

***If you would like to join a group, please do let Revd Trystan know.***

## **PRAYERS & VISITING**

**PRAYER LIST:** from now on names will only appear on the list for one month and will then be removed, unless you let the vicar or wardens know otherwise. Please give names of sick or those in need of prayer to Trystan or the wardens, preferably on paper and include your name too.

**HOME VISITING:** If you, or anyone you know, are unable to attend church due to ill health or an accident, please do let us know. If you would like one of our Pastoral Visiting team to call for a chat, to help, or to give Home Communion, we will arrange it. Please contact Gerald Bradnum on 029 20 751177 or [gbradnum@gmail.com](mailto:gbradnum@gmail.com)

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Name: .....

Telephone:.....

(Please tick appropriately and hand to a Welcome Team member or the Clergy)

- ☐ I would like to receive a pastoral visit.
- ☐ I would like to receive Communion at home.
- ☐ I would like to be prayed for by the Prayer Team.

What is your prayer request? (optional)

Children's Colouring Page

