

## Welcome to Christ Church

Week commencing 24<sup>th</sup> March 2019

### **Sunday 24<sup>th</sup> March: The Third Sunday of Lent**

**8.00am Holy Eucharist**

**10.00am Parish Eucharist, Funky Church & J-Walkers**

**6.00pm Lent Talk (Part 1) A reflection by Rev'd Dr  
Trystan Owain Hughes 'To Hell's Mouth and Back'**

**6:30pm J-Walkers**

**Monday 25<sup>th</sup>**

**7.15pm Alpha Course**

**7.30pm Keep Fit**

**Tuesday 26<sup>th</sup>**

**2.00pm Good Companions**

**Thursday 27<sup>th</sup>**

**1.30pm Chatterbox**

**7.30pm Stories for the Soul**

### **Sunday 31<sup>st</sup> March: The Fourth Sunday of Lent**

**8.00am Holy Eucharist**

**10.00am Parish Eucharist, Funky Church & J-Walkers**

**6.00pm Lent Talk (Part 2) A reflection by Rev'd Dr  
Trystan Owain Hughes 'To Hell's Mouth and Back'**

**6:30pm J-Walkers**

## **The Third Sunday of Lent**

### **Collect**

Almighty God,  
whose most dear Son went not up to joy  
but first he suffered pain,  
and entered not into glory before he was crucified:  
mercifully grant that we, walking in the way of the cross,  
may find it none other than the way of life and peace;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you  
and the Holy Spirit,  
one God, now and for ever.

**Amen**

### **The first reading is from the Book of Isaiah**

'Come, all you who are thirsty,  
come to the waters;  
and you who have no money,  
come, buy and eat!  
Come, buy wine and milk  
without money and without cost.  
Why spend money on what is not bread,  
and your labour on what does not satisfy?  
Listen, listen to me, and eat what is good,  
and you will delight in the richest of fare.  
Give ear and come to me;  
listen, that you may live.  
I will make an everlasting covenant with you,  
my faithful love promised to David.  
See, I have made him a witness to the peoples,  
a ruler and commander of the peoples.  
Surely you will summon nations you know not,  
and nations you do not know will come running to you,  
because of the Lord your God,  
the Holy One of Israel,  
for he has endowed you with splendour.'

Seek the Lord while he may be found;  
call on him while he is near.  
Let the wicked forsake their ways  
and the unrighteous their thoughts.  
Let them turn to the Lord, and he will have mercy on them,  
and to our God, for he will freely pardon.  
'For my thoughts are not your thoughts,  
neither are your ways my ways,'  
declares the Lord.  
'As the heavens are higher than the earth,  
so are my ways higher than your ways  
and my thoughts than your thoughts.

*(Isaiah 55: 1-9)*

This is the Word of the Lord  
**Thanks be to God**

**Psalm 63 (Pg.525)**

Listen to the Gospel of Christ according to Luke  
**Glory to you, O Lord**

Now there were some present at that time who told Jesus about the Galileans whose blood Pilate had mixed with their sacrifices. Jesus answered, 'Do you think that these Galileans were worse sinners than all the other Galileans because they suffered this way? I tell you, no! But unless you repent, you too will all perish. Or those eighteen who died when the tower in Siloam fell on them – do you think they were more guilty than all the others living in Jerusalem? I tell you, no! But unless you repent, you too will all perish.'

Then he told this parable: 'A man had a fig-tree growing in his vineyard, and he went to look for fruit on it but did not find any. So he said to the man who took care of the vineyard, "For three years now I've been coming to look for fruit on this fig-tree and haven't found any. Cut it down! Why should it use up the soil?"

"Sir," the man replied, "leave it alone for one more year, and I'll dig round it and fertilise it. If it bears fruit next year, fine! If not, then cut it down."

*(Luke 13: 1-9)*

This is the Gospel of the Lord  
**Praise to you O Christ**

## **Post Communion Prayer**

Creator of heaven and earth,  
we thank you for these holy mysteries  
given us by our Lord Jesus Christ,  
by which we receive your grace  
and are assured of your love,  
now and for ever

**Amen**

## **Next Sunday's Readings & Rotas**

**Eucharist:** 2 Corinthians 1: 3-7 & John 19: 25-27

**Reader:** Justin Freeman

**Intercessor:** Julie Waller

**Welcoming Team:** Marjorie Walker, Brian Ward, Jane Song

**Coffee:** Barry & Hilary Chiles, Shirley Davies

**Ministers of Communion:** Gerald Bradnum

(Reserve: Angela Foley)

## **WEEKLY PRAYERS**

**Sunday:** Pray for the Hong Kong Sheng Kung Hui; for our Parish of Christ Church, Roath Park; for the Pastoral Team; for the residents of Eskdale Close.

**Thursday:** Pray for the Church in Mbaise, Nigeria; for the Parish of Gabalfa; for those involved in parish administration; for the residents of Miterdale Close.

**Sunday:** Pray for the Church of the Province of the Indian Ocean; for the Parish of Llanishen; for those involved in hall administration; for the residents of Cefn Coed Road.

*Please also pray for our partner church, St Denys, Lisvane.*

**For the prayers for the remaining days of the week please see: [www.llandaffchurchinwales.org.uk](http://www.llandaffchurchinwales.org.uk) under Faith Worship & Prayer (the Diocesan Prayer Calendar).**

IF YOU FEEL UNABLE TO RECEIVE FROM THE  
CHALICE, THEN PLEASE RECEIVE THE BREAD ONLY.

## **NOTICES**

**LENT TALK – TO HELL’S MOUTH AND BACK:** All are welcome to join us this evening (24<sup>th</sup>) at 6pm for our third Lent Talk, a reflection by Rev’d Dr Trystan Owain Hughes on his 135 mile pilgrimage and the even bigger challenge on the recurrence of his subsequent back injury. This will now be a two-part talk – with the concluding part being next Sunday (March 31) at 6pm. It would be lovely if you could join us for both talks, but don’t worry if you can only make one of them – Trystan has written them so they are still accessible even if you have to miss one of them! Please do join us for what are sure to be fascinating reflections.

**LENT TALK – WHAT DOES THE BIBLE SAY ABOUT CHILDLESSNESS?:**

Please join us on the 7<sup>th</sup> April at 6pm for the final talk this Lent by Gareth Erlandson, our Ordinand, a pastoral reflection on “What does the Bible say about childlessness?”. All welcome!

**STORIES FOR THE SOUL:** You are warmly invited to nurture your spiritual development through "Stories for the Soul" this Lent. These sessions will offer you a new way of engaging with our sacred stories and immersing yourself in the richness of the Christian storytelling tradition. This is a chance to slow down, listen to a story, wonder about its meaning for your life and respond creatively. The third of the five weekly sessions takes place on **Thursday 28<sup>th</sup> March at 7.30pm** at Christchurch. Please let Hannah Burch know if you would like to attend.

**MONTHLY NEWSLETTER:** March monthly newsletter now available in the church porch.

**ANNUAL VESTRY MEETING:** This year’s Annual Vestry meeting will be held on Sunday 14<sup>th</sup> April at 6pm. This year is a triennium and new persons are required to stand for places on the Deanery Council and the Diocesan Council. We have 4 places to fill on the Deanery council and one on the Diocesan. Judith wishes to stand down on both of these councils after many years service and this is an opportunity for someone else to get involved especially with the diocese 2020 Vision for the Church in Wales. There will also be the usual elections for Peoples Warden and Parochial Church Council members.

**CHRIST CHURCH SOCIETY:** Wednesday 24<sup>th</sup> April, at 7.30pm, in the Church Hall. The next meeting of the Society features an illustrated talk and plant forum “Spring Gardening” by Sheena Crossley. A buffet and refreshments are provided and the subscription payable is £5.

**ALPHA COURSE:** We are currently running an Alpha Course on Monday evenings at 7.15pm which is open to all, church members or not, believers and non-believers. It’s a chance to ask all the questions you’ve always wanted to ask but were afraid to do so. More information from Linda Alexander, 07814 759559.

**BLUE COLLECTION BOX:** There is a blue collection box in the porch for odd coins and loose change. This is NOT money for the Church Hall Fund, but rather for the general upkeep, repairs and maintenance of the Church building. We are, amongst other things, shortly going to have to replace the fascia boards and recently the sound system and screen technology needed attention. Many jobs, the gardening, run of the mill repairs and maintenance are carried out by our own Congregation members but others do of course require the employment of outside people. Every little helps! Thank you.

**CARDIFF FOODBANK:** Thanks all donors for their generous support but, because of continuing large current stocks asks that future contributions for a while ahead be confined as much as possible to 8 sorts of food still in rather short supply, i.e. TINNED POTATOES, TINNED FISH, RICE PUDDING, SPONGE PUDDING, CUSTARD, JAM and TINNED TOMATOES. Another option is cash, always well applied, either via '[localgiving.org](http://localgiving.org)' or through Paypal via e-mail to '[info@cardiff.foodbank.org.uk](mailto:info@cardiff.foodbank.org.uk)'. Thank you!

In October to December 2018 Christ Church Roath Park donated 171.9 kg of food, including the Harvest Festival collection, equivalent to 3-day food parcels for 15 people. Thank you to all of those who have contributed food and arranged the collections and deliveries.

**HELP PLEASE!!:** We are in urgent need of more drivers to help with lifts to and/ or from Good Companions on Tuesday afternoons...can you help? At 2pm? 4pm? Occasionally? Weekly? Fortnightly? Monthly? To discuss please speak to Val [02920 747021](tel:02920747021) or Alison [02920 761277](tel:02920761277). Thank you.

**HIRING OF CHURCH HALL:** Please note if anyone wants to book the church hall please contact Gill Barker on 02920 747464 in the first instance. Thank you

**THURSDAY 9.30am EUCHARIST:** The Eucharist is on the 1<sup>st</sup> and 3<sup>rd</sup> Thursdays of each month. The upcoming dates are on the **4<sup>th</sup> & 18<sup>th</sup> April**. Tea and coffee are available afterwards.

**REV'D TRYSTAN RETURNS:** We are delighted that Rev'd Trystan has returned after being off work with his back injury. Because of his continuing recovery Rev'd Trystan will only be involved in parts of services, rather than taking whole services. Neither will he be able to take baptisms or funerals. The Pastoral Care Team will cover his visiting. Please understand that he cannot stay standing or sitting for any period of time, so please forgive him if he has to disappear quickly at times, or has to cut conversations short when he speaks to you. Welcome back Rev'd Trystan!

**ELECTORAL ROLL:** If you consider Christ Church your home church, then we would love to include you on our church members list, known as the Electoral Roll. You can be on the electoral roll whether you attend services regularly or infrequently. Being on the electoral roll helps show the diocese how well

supported Christ Church is. Application forms for inclusion on the Electoral Roll, together with details printed on the back, are available at the entrance to the Church. After you have filled in the form place it in the receptacle provided. David Alexander, Electoral Roll Officer. Any questions about the Electoral Roll, please speak to David, Revd Trystan, or Revd Jordan.

**UNWANTED TOILETRIES:** The Good Companions are collecting any unwanted toiletries; these will be offered to emergency patients at the Heath Hospital who often have no personal items or money with them when they are admitted. Should anyone have any unopened toiletries which they would be happy to donate, please pass them on to Val (02920 747021).

**CHURCH OPEN FOR PRAYER:** Please note that in future the church will be open for private prayer on the **first Wednesday** of each month, 10am to 12 noon. The next date will be April 3<sup>rd</sup>.

**COLLECTION:** If you prefer to give a weekly cash contribution during the various services, and you are a UK Tax payer, then there are envelopes in the pews to enable us to reclaim tax. Please do use an envelope, as, at the moment, this equates to an extra 25p for each £1 you give. If you regularly use this method of giving please see Gerald Bradnum as there are several other easier options.

**CLOCKS SPRING FORWARD!:** British summertime begins on the 31<sup>st</sup> March when the clocks go forward one hour.

**NEW HALL PROJECT  
TARGET £100,000**

**Our Planning Application has been approved! We are getting closer to the long held dream of a NEW HALL so we need to redouble our fund raising efforts to make it a reality.**

**SOME OF THE IDEAS BELOW ARE ALREADY BEING UNDERTAKEN BUT ALL NEED YOUR SUPPORT**

**ALLOTMENT PRODUCE & HOMEMADE PRESERVES:** Thank you to all those supplying me with jam jars – for the present I have plenty of all sizes for any preserves that will be made later in the year. During April I hope there will be some rhubarb from the allotments – depends as ever on the weather!

**OLD POUND COINS:** We are collecting old pound coins for the Church Hall Appeal. If anyone has some please put them in the box in the entrance or into the collection bags. THANKS Linda Alexander

**CAKE MAKING** - cakes always sell!

**MUSIC CONCERTS**

**SCRAP GOLD:** Shirley Davies is still collecting scrap gold - broken chains, odd earrings and similar. Any gold item you no longer want can be added to the pile, which has already raised over £575!  
Please continue to support.

**GREETING CARDS:** Mothering Sunday cards and Easter cards will be available in the hall on Sundays after the 10am service. Look in the Church porch for birthday and other occasion cards or ask Shirley Davies. Funds for the new Christ Church hall.

*If anyone has any ideas, however big or small, to raise money for the exciting New Hall project, please share them! Thank you all for your continued support.*

**Notices for the Newsletter should be given to Denise Searle, tel. 029 20763151; Email [info@christchurchcardiff.co.uk](mailto:info@christchurchcardiff.co.uk) or left in the church letter box. Deadline is Wednesday morning**

**In the event of an EMERGENCY please leave by the nearest exit and assemble by the walled garden at the front of the car park.**

**CHRIST CHURCH  
HAS BOTH FACEBOOK AND TWITTER**

please check them out and "like" and follow them for up to date church information on services and events

[www.facebook.com/christchurchcardiff](http://www.facebook.com/christchurchcardiff)

[www.twitter.com/ChristChCardiff](http://www.twitter.com/ChristChCardiff)

**PARISH INFORMATION**

**Vicar: Revd Trystan Hughes Tel: 029 20758588**

**Mob for emergencies: 07976523634**

**[trystanhughes@churcheinwales.org.uk](mailto:trystanhughes@churcheinwales.org.uk)**

**Curate: Revd Jordan Hillebert Tel: 079 36288330**

**[Jordan.hillebert@stpadarns.ac.uk](mailto:Jordan.hillebert@stpadarns.ac.uk)**

**Parish Office: 029 20763151 –**

**open Mon & Weds 9.30am to 12.30pm**

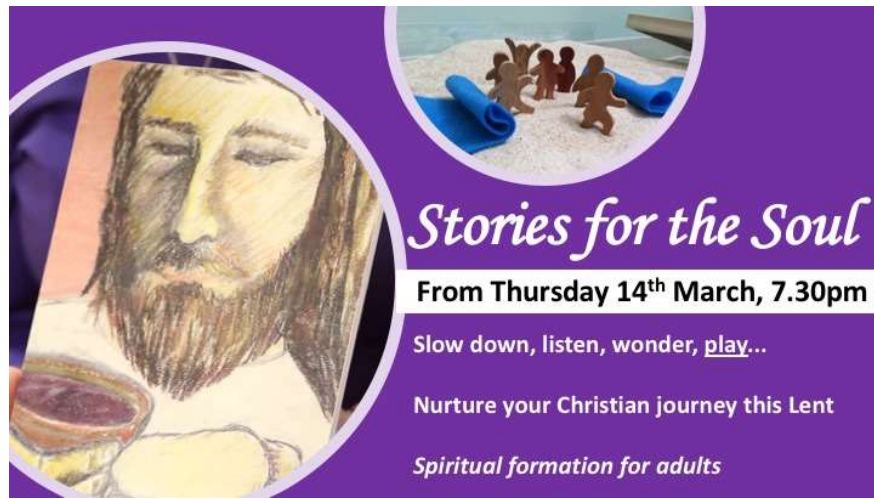
**Churchwardens: Haydn Hopkins 029 20621280 or  
07970 079797**

**Colin Francis: 029 20751773**

**Parish Website: [www.christchurchcardiff.co.uk](http://www.christchurchcardiff.co.uk)**

**Email: [info@christchurchcardiff.co.uk](mailto:info@christchurchcardiff.co.uk)**





*Stories for the Soul*

**From Thursday 14<sup>th</sup> March, 7.30pm**

Slow down, listen, wonder, play...

Nurture your Christian journey this Lent

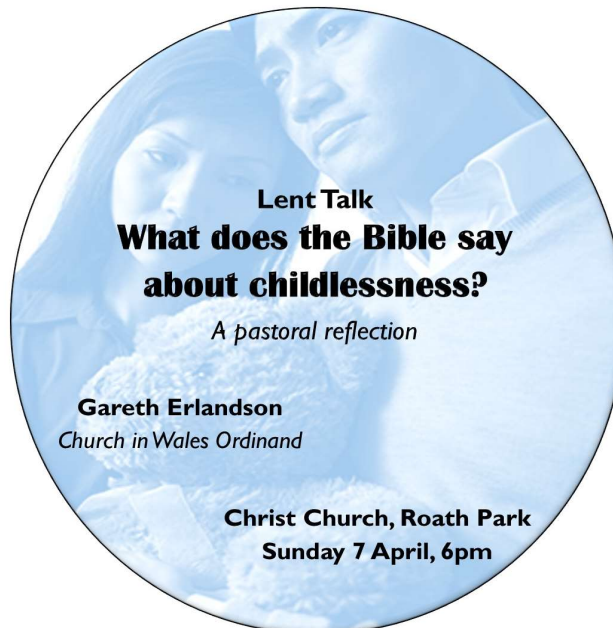
*Spiritual formation for adults*



**To Hell's Mouth  
and Back**  
The Story of Two Life-  
Changing Pilgrimages

Revd Dr Trystan  
Owain Hughes

**Christ Church, Roath Park**  
**6pm Sunday 24 March**



**Lent Talk**  
**What does the Bible say  
about childlessness?**  
*A pastoral reflection*

**Gareth Erlandson**  
*Church in Wales Ordinand*

**Christ Church, Roath Park**  
**Sunday 7 April, 6pm**

## ConneXion Groups (\*-coordinators)

### ConneXion groups meet once a month

Our ConneXion Groups meet once-a-month to discuss, socialise, learn, and have fun. Interested in joining one of them? Please do talk to Revd Trystan or email him on [trystanhughes@churchinwales.org.uk](mailto:trystanhughes@churchinwales.org.uk)

#### **Group 1 (daytime)**

Val Jones\*  
Isabel Santore  
Glenys Nettleton  
Audrey Lewis  
Margaret Griffiths  
George Cable  
Nadia Bunston  
Liz Reid  
Carol Rudram

#### **Group 2 (evening)**

Haydn and Jill Hopkins \*  
Julie Waller  
Jane Song  
Claire Edwards  
Margaret Griffiths  
Julia Matthews  
Hannah Burch  
Mary Payne  
Jane Roberts  
Gwilym Roberts  
Hilary Chiles  
Rev'd Jordan Hillebert  
Andrew Wade

#### **Group 3 (evening)**

Linda Alexander \*  
David Alexander  
Chris Vokes  
Derek Burston  
Elizabeth Burston  
Siu Chan  
Gill Barker  
Clare Dow  
Sally Lewis  
Sylvia McCarty  
Kate Thomas

#### **Group 4 (evening)**

Trystan & Sandra Hughes \*  
Emma Breraton  
Sarah Goldsmith  
James & Ingrid Preston  
Anna & Paul Mortimore  
Hannah Burch  
Alex Kinsey & Ethan James  
Justin and Coral Freeman  
Fernanda Gray  
Rebekka Jones  
Andy Taylor  
Gareth & Shavonne Erlandson

#### **Group 5 (evening)**

Sue Hurrell \*  
Emma Laing  
Sandra Hughes  
Ruth Payne  
Justine Ryland  
Jo Jefford  
Michele Browne  
Jane Roberts  
Flora Samuel  
Jenny Wigley

***If you would like to join a group, please do let Revd Trystan know.***

## **PRAYERS & VISITING**

**PRAYER LIST:** from now on names will only appear on the list for one month and will then be removed, unless you let the vicar or wardens know otherwise. Please give names of sick or those in need of prayer to Trystan or the wardens, preferably on paper and include your name too.

**HOME VISITING:** If you, or anyone you know, are unable to attend church due to ill health or an accident, please do let us know. If you would like one of our Pastoral Visiting team to call for a chat, to help, or to give Home Communion, we will arrange it. Please contact Gerald Bradnum on 029 20 751177 or [gbradnum@gmail.com](mailto:gbradnum@gmail.com)

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Name: .....

Telephone:.....

(Please tick appropriately and hand to a Welcome Team member or the Clergy)

- I would like to receive a pastoral visit.
- I would like to receive Communion at home.
- I would like to be prayed for by the Prayer Team.

What is your prayer request? (optional)

Children's Colouring Page

