

Welcome to Christ Church

Week commencing 17th March 2019

Sunday 17th March: The Second Sunday of Lent

8.00am Holy Eucharist

10.00am Parish Eucharist, Funky Church & J-Walkers

6.00pm Lent Talk, "Is that really you God? How God speaks to us today". A reflection by Matt Sellers.

6:30pm J-Walkers

Monday 18th

7.15pm Alpha Course

7.30pm Keep Fit

Tuesday 19th

2.00pm Good Companions

Thursday 21st

9.30am Midweek Eucharist

(followed by tea & coffee)

1.30pm Chatterbox

7.30pm Stories for the Soul

Sunday 24th March: The Third Sunday of Lent

8.00am Holy Eucharist

10.00am Parish Eucharist, Funky Church & J-Walkers

6.00pm Lent Talk, a reflection by Rev'd Dr Trystan Owain Hughes 'To Hell's Mouth and Back'

6:30pm J-Walkers

The Second Sunday of Lent

Collect

Almighty God,
you show to those who are in error the light of your truth,
that they may return to the way of righteousness:
grant that all who are admitted
into the fellowship of Christ's religion, may reject those things
that are contrary to their baptism,
and follow in the way of Jesus Christ our Lord;
who is alive and reigns with you
and the Holy Spirit,
one God, now and for ever. **Amen**

The first reading is from the Book of Philippians

Join together in following my example, brothers and sisters, and just as you have us as a model, keep your eyes on those who live as we do. For, as I have often told you before and now tell you again even with tears, many live as enemies of the cross of Christ. Their destiny is destruction, their god is their stomach, and their glory is in their shame. Their mind is set on earthly things. But our citizenship is in heaven. And we eagerly await a Saviour from there, the Lord Jesus Christ, who, by the power that enables him to bring everything under his control, will transform our lowly bodies so that they will be like his glorious body. Therefore, my brothers and sisters, you whom I love and long for, my joy and crown, stand firm in the Lord in this way, dear friends!

(Philippians 3:17-4:1)

This is the Word of the Lord
Thanks be to God

Psalm 27 (Pg.475)

Listen to the Gospel of Christ according to Luke
Glory to you, O Lord

At that time some Pharisees came to Jesus and said to him, 'Leave this place and go somewhere else. Herod wants to kill you.'

He replied, 'Go and tell that fox, "I will keep on driving out demons and healing people today and tomorrow, and on the third day I will reach my goal." In any case, I must press on today and tomorrow and the next day – for surely no prophet can die outside Jerusalem!

'Jerusalem, Jerusalem, you who kill the prophets and stone those sent to you, how often I have longed to gather your children together, as a hen gathers her chicks under her wings, and you were not willing. Look, your house is left to you desolate. I tell you, you will not see me again until you say, "Blessed is he who comes in the name of the Lord."

(Luke 13: 31-35)

This is the Gospel of the Lord
Praise to you O Christ

Post Communion Prayer

We beseech you, almighty God,
look upon the heartfelt desires of your humble servants,
and stretch forth the right hand of your majesty,
to be our defence against all our enemies;
through Jesus Christ our Lord
Amen

Next Sunday's Readings & Rotas

Eucharist: Isaiah 55: 1-9 & Luke 13: 1-9

Reader: Fernanda Gray

Intercessor: Mike Jenkins

Welcoming Team: Eric Howell, Isabel Santore

Coffee: Malcolm & Mary Rayner, Justin & Coral Freeman

Ministers of Communion: Howard Kilvington

(Reserve: Gerald Bradnum)

WEEKLY PRAYERS

Sunday: Pray for Church of England; for the Archdeaconry of Llandaff; for the Ministers of Communion; for the residents of Brandreth Road.

Thursday: Pray for the Episcopal Church of Massachusetts; for the Parish Cardiff St. German w St. Saviour; for the Welcomers; for the residents of Birchwood Road.

Sunday: Pray for the Hong Kong Sheng Kung Hui; for our Parish of Christ Church, Roath Park; for the Pastoral Team; for the residents of Eskdale Close.

Please also pray for our partner church, St Denys, Lisvane.

For the prayers for the remaining days of the week please see: www.llandaffchurchinwales.org.uk under Faith Worship & Prayer (the Diocesan Prayer Calendar).

IF YOU FEEL UNABLE TO RECEIVE FROM THE CHALICE, THEN PLEASE RECEIVE THE BREAD ONLY.

NOTICES

LENT TALK 2 - "IS THAT REALLY YOU GOD? HOW GOD SPEAKS TO US TODAY": Please do join us this evening (17th) at 6pm for our third Lent Talk, a reflection by Matt Sellers our Ordinand.

THANK YOU: A big thank you to everyone who attended/helped at the recent coffee morning. The total raised was a fantastic £451!

LENT TALK 3 – TO HELL’S MOUTH AND BACK: All are welcome to join us on Sunday **24 March at 6pm** for our third Lent Talk, a reflection by Revd Dr Trystan Owain Hughes on his 135 mile pilgrimage and the even bigger challenge on the recurrence of his subsequent back injury. Please do join us for what is sure to be a fascinating reflection.

STORIES FOR THE SOUL: You are warmly invited to nurture your spiritual development through "Stories for the Soul" this Lent. These sessions will offer you a new way of engaging with our sacred stories and immersing yourself in the richness of the Christian storytelling tradition. This is a chance to slow down, listen to a story, wonder about its meaning for your life and respond creatively. The second of the five weekly sessions takes place on **Thursday 21st March at 7.30pm** at Christchurch. Please let Hannah Burch know if you would like to attend.

MONTHLY NEWSLETTER: March monthly newsletter now available in the church porch.

ANNUAL VESTRY MEETING: This year’s Annual Vestry meeting will be held on Sunday 14th April at 6pm. This year is a triennium and new persons are required to stand for places on the Deanery Council and the Diocesan Council. We have 4 places to fill on the Deanery council and one on the Diocesan. Judith wishes to stand down on both of these councils after many years service and this is an opportunity for someone else to get involved especially with the diocese 2020 Vision for the Church in Wales. There will also be the usual elections for Peoples Warden and Parochial Church Council members.

CHRIST CHURCH SOCIETY: Wednesday 24th April, at 7.30pm, in the Church Hall. The next meeting of the Society features an illustrated talk and plant forum "Spring Gardening" by Sheena Crossley. A buffet and refreshments are provided and the subscription payable is £5.

ALPHA COURSE: We are currently running an Alpha Course on Monday evenings at 7.15pm which is open to all, church members or not, believers and non-believers. It's a chance to ask all the questions you've always wanted to ask but were afraid to do so. More information from Linda Alexander, 07814 759559.

BLUE COLLECTION BOX: There is a blue collection box in the porch for odd coins and loose change. This is NOT money for the Church Hall Fund, but rather for the general upkeep, repairs and maintenance of the Church building. We are, amongst other things, shortly going to have to replace the fascia boards and recently the sound system and screen technology needed attention. Many jobs, the gardening, run of the mill repairs and maintenance are carried out by our own Congregation members but others do of course require the employment of outside people. Every little helps!

CARDIFF FOODBANK: continues to thank all Christ Church donors for their generous support, but, because of large current stocks from wide good support, asks that future contributions for a while ahead be confined as much as possible to 3 sorts of food still in rather short supply, i.e. JAM, CUSTARD and TINNED TOMATOES. Another option is cash, always well applied, either via 'localgiving.org' or through Paypal via e-mail to 'info@cardiff.foodbank.org.uk'. Thank you!

In October to December 2018 Christ Church Roath Park donated 171.9 kg of food, including the Harvest Festival collection, equivalent to 3-day food parcels for 15 people. Thank you to all of those who have contributed food and arranged the collections and deliveries.

HELP PLEASE!!!: We are in urgent need of more drivers to help with lifts to and/ or from Good Companions on Tuesday afternoons...can you help? At 2pm? 4pm? Occasionally? Weekly? Fortnightly? Monthly? To discuss please speak to Val [02920 747021](tel:02920747021) or Alison [02920 761277](tel:02920761277). Thank you.

HIRING OF CHURCH HALL: Please note if anyone wants to book the church hall please contact Gill Barker on 02920 747464 in the first instance. Thank you

THURSDAY 9.30am EUCHARIST: The Eucharist is on the 1st and 3rd Thursdays of each month. The upcoming dates are on the **21st March & 4th April**. Tea and coffee are available afterwards.

REV'D TRYSTAN RETURNS: We are delighted that Rev'd Trystan has returned after being off work with his back injury. Because of his continuing recovery Rev'd Trystan will only be involved in parts of services, rather than

taking whole services. Neither will he be able to take baptisms or funerals. The Pastoral Care Team will cover his visiting. Please understand that he cannot stay standing or sitting for any period of time, so please forgive him if he has to disappear quickly at times, or has to cut conversations short when he speaks to you. Welcome back Rev'd Trystan!

ELECTORAL ROLL: If you consider Christ Church your home church, then we would love to include you on our church members list, known as the Electoral Roll. You can be on the electoral roll whether you attend services regularly or infrequently. Being on the electoral roll helps show the diocese how well supported Christ Church is. Application forms for inclusion on the Electoral Roll, together with details printed on the back, are available at the entrance to the Church. After you have filled in the form place it in the receptacle provided. David Alexander, Electoral Roll Officer. Any questions about the Electoral Roll, please speak to David, Revd Trystan, or Revd Jordan.

UNWANTED TOILETRIES: The Good Companions are collecting any unwanted toiletries; these will be offered to emergency patients at the Heath Hospital who often have no personal items or money with them when they are admitted. Should anyone have any unopened toiletries which they would be happy to donate, please pass them on to Val (02920 747021).

CHURCH OPEN FOR PRAYER: Please note that in future the church will be open for private prayer on the **first Wednesday** of each month, 10am to 12 noon. The next date will be April 3rd.

COLLECTION: If you prefer to give a weekly cash contribution during the various services, and you are a UK Tax payer, then there are envelopes in the pews to enable us to reclaim tax. Please do use an envelope, as, at the moment, this equates to an extra 25p for each £1 you give.

**NEW HALL PROJECT
TARGET £100,000**

Our Planning Application has been approved! We are getting closer to the long held dream of a NEW HALL so we need to redouble our fund raising efforts to make it a reality.

SOME OF THE IDEAS BELOW ARE ALREADY BEING UNDERTAKEN BUT ALL NEED YOUR SUPPORT

ALLOTMENT PRODUCE & HOMEMADE PRESERVES: Thank you to all those supplying me with jam jars – for the present I have plenty of all sizes for any preserves that will be made later in the year. During April I hope there will be some rhubarb from the allotments – depends as ever on the weather!

OLD POUND COINS: We are collecting old pound coins for the Church Hall

Appeal. If anyone has some please put them in the box in the entrance or into the collection bags. THANKS Linda Alexander

CAKE MAKING - cakes always sell!

MUSIC CONCERTS

SCRAP GOLD: Shirley Davies is still collecting scrap gold - broken chains, odd earrings and similar. Any gold item you no longer want can be added to the pile, which has already raised over £575!
Please continue to support.

GREETING CARDS: Mothering Sunday cards and Easter cards will be available in the hall on Sundays after the 10am service. Look in the Church porch for birthday and other occasion cards or ask Shirley Davies. Funds for the new Christ Church hall.

If anyone has any ideas, however big or small, to raise money for the exciting New Hall project, please share them! Thank you all for your continued support.

Notices for the Newsletter should be given to Denise Searle, tel. 029 20763151; Email info@christchurchcardiff.co.uk or left in the church letter box. Deadline is Wednesday morning

In the event of an EMERGENCY please leave by the nearest exit and assemble by the walled garden at the front of the car park.

CHRIST CHURCH

HAS BOTH FACEBOOK AND TWITTER

please check them out and "like" and follow them for up to date church information on services and events

www.facebook.com/christchurchcardiff

www.twitter.com/ChristChCardiff

PARISH INFORMATION

Vicar: Revd Trystan Hughes Tel: 029 20758588

Mob for emergencies: 07976523634

trystanhughes@churcheinwales.org.uk

Curate: Revd Jordan Hillebert Tel: 079 36288330

Jordan.hillebert@stpadarns.ac.uk

Parish Office: 029 20763151 –

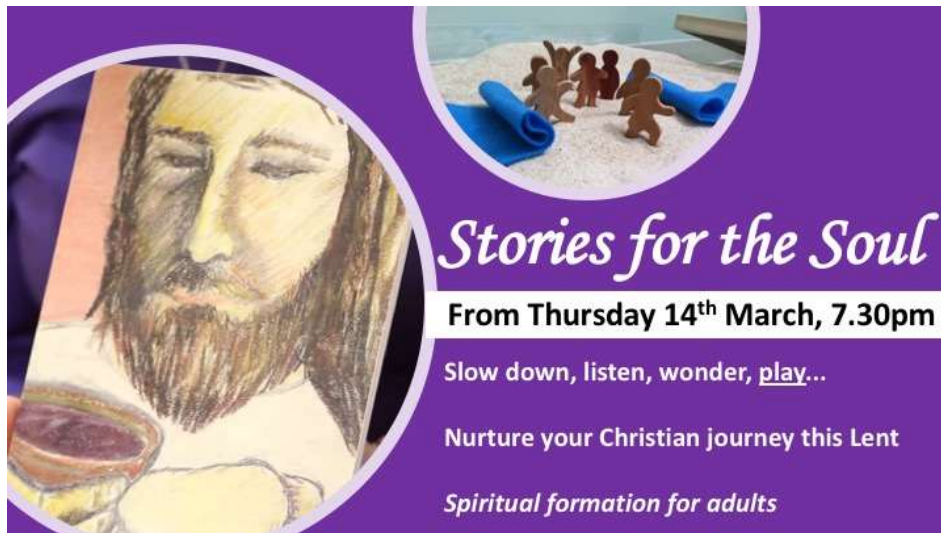
open Mon & Weds 9.30am to 12.30pm

Churchwardens: Haydn Hopkins 029 20621280 or
07970 079797

Colin Francis: 029 20751773

Parish Website: www.christchurchcardiff.co.uk

Email: info@christchurchcardiff.co.uk



Stories for the Soul

From Thursday 14th March, 7.30pm

Slow down, listen, wonder, play...

Nurture your Christian journey this Lent

Spiritual formation for adults



Is that really you God?
How God speaks to us today

Matt Sellers
Church in Wales ordinand

Christ Church, Roath Park
6pm Sunday 17 March



**To Hell's Mouth
and Back**
**The Story of Two Life-
Changing Pilgrimages**

**Revd Dr Trystan
Owain Hughes**

Christ Church, Roath Park
6pm Sunday 24 March

ConneXion Groups (*-coordinators)

ConneXion groups meet once a month

Our ConneXion Groups meet once-a-month to discuss, socialise, learn, and have fun. Interested in joining one of them? Please do talk to Revd Trystan or email him on trystanhughes@churchinwales.org.uk

Group 1 (daytime)

Val Jones*
Isabel Santore
Glenys Nettleton
Audrey Lewis
Margaret Griffiths
George Cable
Nadia Bunston
Liz Reid
Carol Rudram

Group 2 (evening)

Haydn and Jill Hopkins *
Julie Waller
Jane Song
Claire Edwards
Margaret Griffiths
Julia Matthews
Hannah Burch
Mary Payne
Jane Roberts
Gwilym Roberts
Hilary Chiles
Rev'd Jordan Hillebert
Andrew Wade

Group 3 (evening)

Linda Alexander *
David Alexander
Chris Vokes
Derek Burston
Elizabeth Burston
Siu Chan
Gill Barker
Clare Dow
Sally Lewis
Sylvia McCarty
Kate Thomas

Group 4 (evening)

Trystan & Sandra Hughes *
Emma Breraton
Sarah Goldsmith
James & Ingrid Preston
Anna & Paul Mortimore
Hannah Burch
Alex Kinsey & Ethan James
Justin and Coral Freeman
Fernanda Gray
Rebekka Jones
Andy Taylor

Group 5 (evening)

Sue Hurrell *
Emma Laing
Sandra Hughes
Ruth Payne
Justine Ryland
Jo Jefford
Michele Browne
Jane Roberts
Flora Samuel
Jenny Wigley

If you would like to join a group, please do let Revd Trystan know.

PRAYERS & VISITING

PRAYER LIST: from now on names will only appear on the list for one month and will then be removed, unless you let the vicar or wardens know otherwise. Please give names of sick or those in need of prayer to Trystan or the wardens, preferably on paper and include your name too.

HOME VISITING: If you, or anyone you know, are unable to attend church due to ill health or an accident, please do let us know. If you would like one of our Pastoral Visiting team to call for a chat, to help, or to give Home Communion, we will arrange it. Please contact Gerald Bradnum on 029 20 751177 or gbradnum@gmail.com

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Name:

Telephone:.....

(Please tick appropriately and hand to a Welcome Team member or the Clergy)

- I would like to receive a pastoral visit.
- I would like to receive Communion at home.
- I would like to be prayed for by the Prayer Team.

What is your prayer request? (optional)

Children's Colouring Page

A hen gathers her chicks under her wings

