

Welcome to Christ Church

Week commencing 17th February 2019

Sunday 17th February – The 3rd Sunday before Lent

8.00am Holy Eucharist

10.00am Parish Eucharist, Funky Church & J-Walkers

6.00pm Evening Worship

6.30pm J-Walkers

Monday 18th

10.00am Open the Book training

7.15pm Alpha

7.30pm Keep Fit

Tuesday 19th

2.00pm Good Companions

Wednesday 20th

7.30pm Christ Church Society

Thursday 21st

9.30am Midweek Eucharist

(followed by tea & coffee)

10.00am Lay Pastoral Training

1.30pm Chatterbox

Sunday 24th February – 2nd Sunday before Lent

8.00am Holy Eucharist

10.00am Parish Eucharist, Funky Church & J-Walkers

6.00pm Evening Worship

3rd Sunday before Lent

Collect

Almighty God,
who alone can bring order
to the unruly wills and passions of sinful humanity:
give your people grace
so to love what you command
and to desire what you promise,
that, among the many changes of this world,
our hearts may surely there be fixed
where true joys are to be found;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen**

The first reading is from the Book of Jeremiah

This is what the Lord says:

‘Cursed is the one who trusts in man,
who draws strength from mere flesh
and whose heart turns away from the Lord.
That person will be like a bush in the wastelands;
they will not see prosperity when it comes.
They will dwell in the parched places of the desert,
in a salt land where no one lives.
‘But blessed is the one who trusts in the Lord,
whose confidence is in him.
They will be like a tree planted by the water
that sends out its roots by the stream.
It does not fear when heat comes;
its leaves are always green.
It has no worries in a year of drought
and never fails to bear fruit.’
The heart is deceitful above all things
and beyond cure.
Who can understand it?
‘I the Lord search the heart
and examine the mind,
to reward each person according to their conduct,
according to what their deeds deserve.’ (*Jeremiah 17: 5-10*)

This is the Word of the Lord
Thanks be to God

Psalm 1 (Pg. 445)

Listen to the Gospel of Christ according to Luke
Glory to you, O Lord

He went down with them and stood on a level place. A large crowd of his disciples was there and a great number of people from all over Judea, from Jerusalem, and from the coastal region around Tyre and Sidon, who had come to hear him and to be healed of their diseases. Those troubled by impure spirits were cured, and the people all tried to touch him, because power was coming from him and healing them all.

Looking at his disciples, he said:

'Blessed are you who are poor,
for yours is the kingdom of God.

Blessed are you who hunger now,
for you will be satisfied.

Blessed are you who weep now,
for you will laugh.

Blessed are you when people hate you,
when they exclude you and insult you
and reject your name as evil,
because of the Son of Man.

'Rejoice in that day and leap for joy, because great is your reward in heaven.
For that is how their ancestors treated the prophets.

'But woe to you who are rich,
for you have already received your comfort.

Woe to you who are well fed now,
for you will go hungry.

Woe to you who laugh now,
for you will mourn and weep.

Woe to you when everyone speaks well of you,
for that is how their ancestors treated the false prophets.

(Luke 6: 17-26)

This is the Gospel of the Lord
Praise to you O Christ

Post Communion Prayer

Merciful Father,
who gave Jesus Christ to be for us the bread of life,
that those who come to him should never hunger:
draw us to the Lord in faith and love,
that we may eat and drink with him
at his table in the kingdom,
where he is alive and reigns, now and for ever. **Amen**

Next Sunday's Readings & Rotas

Eucharist: Revelation 4 & Luke 8: 22-25

Reader: Sue Hurrell

Intercessor: Julie Waller

Welcoming Team: Siu Wan Chan, John & Anne-Marie Hodgson,
Ann James

Coffee: Emma Laing, Justine Ryland

Ministers of Communion: Angela Foley
(Reserve: Linda Alexander)

WEEKLY PRAYERS

Sunday: Pray for the Church of the Province of Central Africa: for the Parish of Mountain Ash & Miskin; for the Cardiff Food Bank; for the residents of Keswick Avenue.

Thursday: Pray for the Church in Makurdi, Nigeria; for the parish of Pontlloyn with Fochriw & Bargoed & Deri with Brithdir; for our Vicar Rev'd Trystan and his family; for the residents of Grasmere Avenue.

Sunday: Pray for the Iglesia Anglicana de la Region Central de America; for the Parish of Merthyr Tydfil, Christ Church; for Rev'd Jordan and his family; for the residents of Ambleside Avenue.

Please also pray for our partner church, St Denys, Lisvane.

For the prayers for the remaining days of the week please see: www.llandaffchurchinwales.org.uk under Faith Worship & Prayer (the Diocesan Prayer Calendar).

IF YOU FEEL UNABLE TO RECEIVE FROM THE
CHALICE, THEN PLEASE RECEIVE THE BREAD ONLY.

NOTICES

EVENING WORSHIP: The 6.00pm service this evening will be a Taize service led by Rev'd Jordan. All welcome!

LENT TALKS: Look out for the occasional Lent Talk that Christ Church will be holding. These will not run weekly as we already have the Alpha Group and the Stories from the Soul group running over the Lent period. The first talk on Sunday 10th March at 6pm will be by Rev'd Dr Jordan Hillebert discussing "Christian views on war and peace". The next one will be by Rev'd Dr Trystan Owain Hughes on the 24th March at 6pm, discussing "The Challenge of Pilgrimages" Do not miss these talks which no doubt will be fascinating and challenging. All welcome!

STORIES FOR THE SOUL: You are warmly invited to nurture your spiritual development through "Stories for the Soul" this Lent. These sessions will offer you a new way of engaging with our sacred stories and immersing yourself in the richness of the Christian storytelling tradition. This is a chance to slow down, listen to a story, wonder about its meaning for your life and respond creatively. There will be five weekly "Stories for the Soul" evenings during Lent, starting on Thursday 14th March at 7.30pm at Christchurch. Please let Hannah know if you would like to come, so that she has an idea of numbers.

ANNUAL VESTRY MEETING: This year's Annual Vestry meeting will be held on Sunday 14th April at 6pm. Please note this in your diaries.

ALPHA COURSE: We are currently running an Alpha Course on Monday evenings at 7.15pm which is open to all, church members or not, believers and non-believers. It's a chance to ask all the questions you've always wanted to ask but were afraid to do so. More information from Linda Alexander, 07814 759559.

CARDIFF FOODBANK: continues to thank all Christ Church donors for their generous support, but, because of large current stocks from wide good support, asks that future contributions for a while ahead be confined as much as possible to 3 sorts of food still in rather short supply, i.e. JAM, CUSTARD and TINNED TOMATOES. Another option is cash, always well applied, either via 'localgiving.org' or through Paypal via e-mail to 'info@cardiff.foodbank.org.uk'. Thank you!

HELP PLEASE!!!: We are in urgent need of more drivers to help with lifts to and/ or from Good Companions on Tuesday afternoons...can you help? At 2pm? 4pm? Occasionally? Weekly? Fortnightly? Monthly? To discuss please speak to Val [02920 747021](tel:02920747021) or Alison [02920 761277](tel:02920761277). Thank you.

OPEN THE BOOK TRAINING: Open the Book training will be held tomorrow (Monday 18th February) at Christ Church between 10am and 1pm. We are building a team to present dramatic Bible presentations in Ton-Yr-Ywen

primary school once a term on a Monday morning between 9am and 10am. If we get enough people in the team, individuals may only have to attend once or twice a year. Please think about joining if you can. See Gareth or Trystan for more details or to register your interest.

HIRING OF CHURCH HALL: Please note if anyone wants to book the church hall please contact Gill Barker on 02920 747464 in the first instance. Thank you

J-WALKERS EVENING YOUTH GROUP: Please note there are no 6.30pm J-Walkers meetings over half-term.

THURSDAY 9.30am EUCHARIST: The Eucharist is on the 1st and 3rd Thursdays of each month. The upcoming dates are on the **21st February & 7th March**. Tea and coffee are available afterwards.

REV'D TRYSTAN RETURNS: We are delighted that Rev'd Trystan has returned after being off work with his back injury. Because of his continuing recovery Rev'd Trystan will only be involved in parts of services, rather than taking whole services. Neither will he be able to take baptisms or funerals. The Pastoral Care Team will cover his visiting. Please understand that he cannot stay standing or sitting for any period of time, so please forgive him if he has to disappear quickly at times, or has to cut conversations short when he speaks to you. Welcome back Rev'd Trystan!

ELECTORAL ROLL: If you consider Christ Church your home church, then we would love to include you on our church members list, known as the Electoral Roll. You can be on the electoral roll whether you attend services regularly or infrequently. Being on the electoral roll helps show the diocese how well supported Christ Church is. Application forms for inclusion on the Electoral Roll, together with details printed on the back, are available at the entrance to the Church. After you have filled in the form place it in the receptacle provided. David Alexander, Electoral Roll Officer. Any questions about the Electoral Roll, please speak to David, Revd Trystan, or Revd Jordan.

CHRIST CHURCH SOCIETY: Wednesday 20th February, at 7.30 pm, in the Church Hall. The next meeting of the Society will feature a talk with Romeo Basini "Italian Connection, Part 2", following on from his previous talk, which many of you will remember, on the Bracchi Cafes before the War. The subscription is £5 inclusive of buffet and refreshments. Please add your name to the list in the church porch.

UNWANTED TOILETRIES: The Good Companions are collecting any unwanted toiletries; these will be offered to emergency patients at the Heath Hospital who often have no personal items or money with them when they are admitted. Should anyone have any unopened toiletries which they would be happy to donate, please pass them on to Val (02920 747021).

CHURCH OPEN FOR PRAYER: Please note that in future the church will be open for private prayer on the **first Wednesday** of each month, 10am to 12 noon. The next date will be March 6th.

COLLECTION: If you prefer to give a weekly cash contribution during the various services, and you are a UK Tax payer, then there are envelopes in the pews to enable us to reclaim tax. Please do use an envelope, as, at the moment, this equates to an extra 25p for each £1 you give.

BRITISH & FOREIGN STAMPS: Donate your used stamps for Goodwill Children's Homes. See Notice in the Church Porch. Give to Claire Edwards or leave marked in an envelope in the Church Porch. It helps if you can leave approx. 1 cm of paper around the stamp. Many thanks

**NEW HALL PROJECT
TARGET £100,000**

Our Planning Application has been approved! We are getting closer to the long held dream of a NEW HALL so we need to redouble our fund raising efforts to make it a reality.

SOME OF THE IDEAS BELOW ARE ALREADY BEING UNDERTAKEN BUT ALL NEED YOUR SUPPORT

ALLOTMENT PRODUCE & HOMEMADE PRESERVES: Thanks to all those who have supplied fresh produce and homemade preserves this year with thanks to all the buyers! Look out for freshly made Seville marmalade and other variations coming soon! Claire Edwards.

OLD POUND COINS: We are collecting old pound coins for the Church Hall Appeal. If anyone has some please put them in the box in the entrance or into the collection bags. THANKS Linda Alexander

CAKE MAKING - cakes always sell!

MUSIC CONCERTS

SCRAP GOLD: Shirley Davies is still collecting scrap gold - broken chains, odd earrings and similar. Any gold item you no longer want can be added to the pile, which has already raised over £575! Please continue to support.

GREETING CARDS: for birthday and special occasions - available in the Church Hall after the 10am service, in the Church Porch and often on Tuesday afternoons at Good Companions. Funds will support the New Church Hall project at Christ Church. Contact Shirley Davies if more information needed.

If anyone has any ideas, however big or small, to raise money for the exciting New Hall project, please share them! Thank you all for your continued support.

Notices for the Newsletter should be given to Denise Searle, tel. 029 20763151; Email info@christchurchcardiff.co.uk or left in the church letter box. Deadline is Wednesday morning

In the event of an EMERGENCY please leave by the nearest exit and assemble by the walled garden at the front of the car park.

**CHRIST CHURCH
HAS BOTH FACEBOOK AND TWITTER**

please check them out and "like" and follow them for up to date church information on services and events

www.facebook.com/christchurchcardiff

www.twitter.com/ChristChCardiff

PARISH INFORMATION

Vicar: Revd Trystan Hughes Tel: 029 20758588

Mob for emergencies: 07976523634

trystanhughes@churcheinwales.org.uk

Curate: Revd Jordan Hillebert Tel: 079 36288330

Jordan.hillebert@stpadarns.ac.uk

Parish Office: 029 20763151 –

open Mon & Weds 9.30am to 12.30pm

**Churchwardens: Haydn Hopkins 029 20621280 or
07970 079797**

Colin Francis: 029 20751773

Parish Website: www.christchurchcardiff.co.uk

Email: info@christchurchcardiff.co.uk

Christ Church Society invite you to
THE ITALIAN CONNECTION part 2
a talk by Romeo Basini



Wednesday 20th February at 7.30pm
In the church hall.
Subscription with buffet and refreshments£5

Stories for the Soul
From Thursday 14th March, 7.30pm
Slow down, listen, wonder, play...
Nurture your Christian journey this Lent
Spiritual formation for adults

Lent Talk
Revd Dr Jordan Hillebert
Christian Views on
War and Peace
War and Peace
Christ Church, Roath Park
Sunday 10 March 6pm

**To Hell's Mouth
and Back**
The Story of Two Life-
Changing Pilgrimages
Revd Dr Trystan
Owain Hughes
Christ Church, Roath Park
6pm Sunday 24 March

ConneXion Groups (*-coordinators)

ConneXion groups meet once a month

Our ConneXion Groups meet once-a-month to discuss, socialise, learn, and have fun. Interested in joining one of them? Please do talk to Revd Trystan or email him on trystanhughes@churchinwales.org.uk

Group 1 (daytime)

Val Jones*
Isabel Santore
Glenys Nettleton
Audrey Lewis
Margaret Griffiths
George Cable
Nadia Bunston
Liz Reid
Carol Rudram

Group 2 (evening)

Haydn and Jill Hopkins *
Julie Waller
Jane Song
Claire Edwards
Margaret Griffiths
Julia Matthews
Hannah Burch
Mary Payne
Jane Roberts
Gwilym Roberts
Hilary Chiles
Rev'd Jordan Hillebert
Andrew Wade

Group 3 (evening)

Linda Alexander *
David Alexander
Chris Vokes
Derek Burston
Elizabeth Burston
Siu Chan
Gill Barker
Clare Dow
Sally Lewis
Sylvia McCarty
Kate Thomas

Group 4 (evening)

Trystan & Sandra Hughes *
Emma Breraton
Sarah Goldsmith
James & Ingrid Preston
Anna & Paul Mortimore
Hannah Burch
Alex Kinsey & Ethan James
Justin and Coral Freeman
Fernanda Gray
Rebekka Jones
Andy Taylor

Group 5 (evening)

Sue Hurrell *
Emma Laing
Sandra Hughes
Ruth Payne
Justine Ryland
Jo Jefford
Michele Browne
Jane Roberts
Flora Samuel
Jenny Wigley

If you would like to join a group, please do let Revd Trystan know.

PRAYERS & VISITING

PRAYER LIST: from now on names will only appear on the list for one month and will then be removed, unless you let the vicar or wardens know otherwise. Please give names of sick or those in need of prayer to Trystan or the wardens, preferably on paper and include your name too.

HOME VISITING: If you, or anyone you know, are unable to attend church due to ill health or an accident, please do let us know. If you would like one of our Pastoral Visiting team to call for a chat, to help, or to give Home Communion, we will arrange it. Please contact Gerald Bradnum on 029 20 751177 or gbradnum@gmail.com

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Name:

Telephone:.....

(Please tick appropriately and hand to a Welcome Team member or the Clergy)

- I would like to receive a pastoral visit.
- I would like to receive Communion at home.
- I would like to be prayed for by the Prayer Team.

What is your prayer request? (optional)

Children's Colouring Page

