

Welcome to Christ Church

Week commencing 21st October 2018

Sunday 21st October – Trinity 21

8.00am Holy Eucharist

10.00am Parish Eucharist, Funky Church & J-Walkers

6.00pm One World Week Ecumenical Service

6.30pm J-Walkers

Monday 22nd

7.30pm Keep Fit

Tuesday 23rd

2.00pm Good Companions

Wednesday 24th

**9.30am to 1.00pm Cynnal Wales
Seminar**

Thursday 25th

1.30pm Chatterbox

Sunday 28th October – Last Sunday of Trinity

8.00am Holy Eucharist

10.00am Parish Eucharist, Funky Church & J-Walkers

6.00pm Evening Worship

Trinity 21

Collect

Grant, we beseech you, merciful Lord,
to your faithful people pardon and peace,
that they may be cleansed from all their sins
and serve you with a quiet mind
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen**

The first reading is from the Book of Isaiah

Surely he took up our pain
and bore our suffering,
yet we considered him punished by God,
stricken by him, and afflicted.
But he was pierced for our transgressions,
he was crushed for our iniquities;
the punishment that brought us peace was on him,
and by his wounds we are healed.
We all, like sheep, have gone astray,
each of us has turned to our own way;
and the Lord has laid on him
the iniquity of us all.
He was oppressed and afflicted,
yet he did not open his mouth;
he was led like a lamb to the slaughter,
and as a sheep before its shearers is silent,
so he did not open his mouth.
By oppression and judgment he was taken away.
Yet who of his generation protested?
For he was cut off from the land of the living;
for the transgression of my people he was punished.
He was assigned a grave with the wicked,
and with the rich in his death,
though he had done no violence,
nor was any deceit in his mouth.
Yet it was the Lord's will to crush him and cause him to suffer,
and though the Lord makes his life an offering for sin,

he will see his offspring and prolong his days,
and the will of the Lord will prosper in his hand.
After he has suffered,
he will see the light of life and be satisfied;
by his knowledge my righteous servant will justify many,
and he will bear their iniquities.
Therefore I will give him a portion among the great,
and he will divide the spoils with the strong,
because he poured out his life unto death,
and was numbered with the transgressors.
For he bore the sin of many,
and made intercession for the transgressors.

(Isaiah 53: 4-12)

This is the Word of the Lord
Thanks be to God

Psalm 91: 9-16 (Pg.571)

Listen to the Gospel of Christ according to St Mark
Glory to you, O Lord

Then James and John, the sons of Zebedee, came to him. ¶Teacher, they said, we want you to do for us whatever we ask. ¶What do you want me to do for you? ¶he asked. They replied, ¶Let one of us sit at your right and the other at your left in your glory. ¶You don't know what you are asking, ¶Jesus said. ¶Can you drink the cup I drink or be baptised with the baptism I am baptised with? ¶We can, ¶they answered.
Jesus said to them, ¶You will drink the cup I drink and be baptised with the baptism I am baptised with, but to sit at my right or left is not for me to grant. These places belong to those for whom they have been prepared. ¶When the ten heard about this, they became indignant with James and John. Jesus called them together and said, ¶You know that those who are regarded as rulers of the Gentiles lord it over them, and their high officials exercise authority over them. Not so with you. Instead, whoever wants to become great among you must be your servant, and whoever wants to be first must be slave of all. For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many. ¶

(Mark 10: 35-45)

This is the Gospel of the Lord
Praise to you O Christ

Post Communion Prayer

Father of light,
in whom is no change or shadow of turning,
you give us every good and perfect gift
and have brought us to birth by your word of truth:
may we be a living sign of that kingdom
where your whole creation will be made perfect
in Jesus Christ our Lord.

Amen

Next Sunday's Readings & Rotas

Eucharist: Jeremiah 31: 7-9 & Mark 10: 46-52

Reader: David Greenman

Intercessor: Margaret Griffiths

Welcoming Team: David Alexander, Margaret Griffiths, Glenys Nettleton

Coffee: Glenys Nettleton, Gill Barker, Mary Payne

Ministers of Communion: Gerald Bradnum

(Reserve: Angela Foley)

WEEKLY PRAYERS

Sunday: Pray for the Church of the Province of West Africa
for the Parish of Mountain Ash & Miskin
for the Christ Church Society
for the residents of Plas y Coed.

Thursday: Pray for the Church in Johannesburg
for the Parish of Troedyrhiw w Merthyr Vale, for The Good Companions
for the residents of Heol Mynydd Bychan.

Sunday: Pray for the Church of Ceylon: for the Deanery of Pontypridd
for The Keep Fit Group
for the residents of Clos Edno.

Please also pray for our partner church, St Denys, Lisvane.

For the prayers for the remaining days of the week please see: www.llandaffchurchinwales.org.uk under Faith Worship & Prayer (the Diocesan Prayer Calendar).

IF YOU FEEL UNABLE TO RECEIVE FROM THE
CHALICE, THEN PLEASE RECEIVE THE BREAD ONLY.

NOTICES

ONE WORLD WEEK – UNITED SERVICE AT CHRIST CHURCH: As part of the One World Week events, Christ Church will be hosting the Llanishen and District Churches Together united service on **Sunday 21st October** at **6:00**. Gareth Erlandson will be leading worship and Sue Hurrell will be speaking on 'The World is Changing – How About Us?' Please do try and come to support Gareth and Sue at this service.

WHAT IS YOUR OPINION: The charity Cynnal are hosting a discussion morning at Christchurch on **Wednesday 24th October (9.30 to 1pm)** on "What it means to live life in all it's fullness?" The Archbishop of Wales will be among the speakers. You are all warmly invited to attend – the Seminar and light buffet are free, but you do need to book by contacting the Living Room, Cardiff on 029 2049 3895 or emailing carol.hardy@cais.org.uk

THANK YOU: Thank you to everyone who has helped with events over the last few weeks. It has been a very busy time for Christ church, with some wonderful events, so we are very grateful for everyone who has been involved.

ALL SOULS' EUCHARIST: All are warmly invited to join us at **7:00** on **Friday 2nd November** for our All Souls' Eucharist, where we remember those we love and have lost as a community.

THURSDAY 9.30am EUCHARIST: The Eucharist is on the 1st and 3rd Thursdays of each month. The upcoming dates are on the **1st & 15th November**. Tea and coffee are available afterwards.

REV'D TRYSTAN RETURNS: We are delighted that Rev'd Trystan has returned after being off work with his back injury. However, on the orders of his doctors and physiotherapists, he will have a phased return to work. This means from now until Christmas, Rev'd Trystan will only be involved in parts of services, rather than taking whole services. Neither will he be able to take baptisms or funerals. The Pastoral Care Team will cover his visiting. Please understand that he cannot stay standing or sitting for any period of time, so please forgive him if he has to disappear quickly at times, or has to cut conversations short when he speaks to you. Welcome back Rev'd Trystan!

CHRISTMAS – THE STORY: The life sized camels which grace The Hayes are in need of a bit of help! Normally adorned with rugs and tassels our poor camels have nothing to keep the chill of winter at bay! Do you have an eye for colour and a sense of fun or do you know the very person we are seeking. If you feel you would relish the challenge please, please get in touch with Sally Humble-Jackson on 02920 493326 or email her on sally_humble_jackson@hotmail.co.uk Our second bit of news is less light-hearted. Donations from Cardiff churches have fallen dramatically over the eight years we have been running, and we need to raise an extra £3,000 a year to keep going. We are asking people to collect their small change for us – ‘Pennies From Heaven’, we call it. You’ll find the collection jars in the church porch. Please help, don’t let 2018 be the last year for ‘Christmas – The Story’.

ELECTORAL ROLL: If you consider Christ Church your home church, then we would love to include you on our church members list, known as the Electoral Roll. You can be on the electoral roll whether you attend services regularly or infrequently. Being on the electoral roll helps show the diocese how well supported Christ Church is. Application forms for inclusion on the Electoral Roll, together with details printed on the back, are available at the entrance to the Church. After you have filled in the form place it in the receptacle provided. David Alexander, Electoral Roll Officer. Any questions about the Electoral Roll, please speak to David, Revd Trystan, or Revd Jordan.

GOOD COMPANIONS – DRIVERS NEEDED: The Good Companions group is in need of additional drivers for 2pm and/or 4pm. Offers for help on a weekly, fortnightly, or monthly basis would be sincerely appreciated. Please contact Val for more information: 02920 747021.

UNWANTED TOILETRIES: The Good Companions are collecting any unwanted toiletries; these will be offered to emergency patients at the Heath Hospital who often have no personal items or money with them when they are admitted. Should anyone have any unopened toiletries which they would be happy to donate, please pass them on to Val (02920 747021).

YOUR CHOIR NEEDS YOU: We have vacancies for all voice parts: soprano, alto, tenor and bass. Please talk to Julie Waller (07790 452722) or turn up to join us at Tuesday evening rehearsals 6.30pm- 8pm where you will receive a warm welcome. I’d be delighted to welcome junior members at 6.00 to 6.30pm. Come and chat with me if you want to learn more it will be an introduction to choral music.

CHURCH OPEN FOR PRAYER: Please note that in future the church will be open for private prayer on the **first Wednesday** of each month, 10am to 12 noon. The next date will be the **November 7th**.

COLLECTION: If you prefer to give a weekly cash contribution during the various services, and you are a UK Tax payer, then there are envelopes in the pews to enable us to reclaim tax. Please do use an envelope, as, at the moment, this equates to an extra 25p for each £1 you give.

**NEW HALL PROJECT
TARGET £100,000**

Our Planning Application has been submitted. We are getting closer to the long held dream of a NEW HALL so we need to redouble our fund raising efforts to make it a reality.

**SOME OF THE IDEAS BELOW ARE ALREADY BEING UNDERTAKEN
BUT ALL NEED YOUR SUPPORT**

OLD POUND COINS: We are collecting old pound coins for the Church Hall Appeal. If anyone has some please put them in the box in the entrance or into the collection bags. THANKS Linda Alexander

CAKE MAKING - cakes always sell!

MUSIC CONCERTS

SCRAP GOLD: Shirley Davies is still collecting scrap gold - broken chains, odd earrings and similar. Any gold item you no longer want can be added to the pile, which has already raised over £575! Please continue to support.

FRESH VEGETABLES: varied allotment produce and homemade preserves etc often available after the 10 am Sunday service in the Church Hall. Claire and Val.

JAM JARS – many thanks to all those who supply me with jam jars. I have a surplus of larger ones at present but will always welcome **small jam jars, 227g/8oz size and under**. Claire Edwards

GREETING CARDS: for birthday and special occasions - available in the Church Hall after the 10am service, in the Church Porch and often on Tuesday afternoons at Good Companions. Funds will support the New Church Hall project at Christ Church. Contact Shirley Davies if more information needed.

CROSS IN MY POCKET: These handmade embroidered crosses are ideal to keep in your phone case/purse/wallet or would make ideal gifts to pop in a birthday card. There is a plentiful supply in the church porch in all the colours of the rainbow: a donation of £1 will go towards the hall. Many thanks.

If anyone has any ideas, however big or small, to raise money for the exciting New Hall project, please share them! Thank you all for your continued support.

Notices for the Newsletter should be given to Denise Searle, tel. 029 20763151; Email info@christchurchcardiff.co.uk or left in the church letter box. Deadline is Wednesday morning

In the event of an EMERGENCY please leave by the nearest exit and assemble by the walled garden at the front of the car park.

CHRIST CHURCH HAS BOTH FACEBOOK AND TWITTER

please check them out and "like" and follow them for up to date church information on services and events

www.facebook.com/christchurchcardiff

www.twitter.com/ChristChCardiff

PARISH INFORMATION

Vicar: Revd Trystan Hughes Tel: 029 20758588

Mob for emergencies: 07976523634

trystanhughes@churchinwales.org.uk

Curate: Revd Jordan Hillebert Tel: 079 36288330

Jordan.hillebert@stpadarns.ac.uk

Parish Office: 029 20763151 –

open Mon & Weds 9.30am to 12.30pm

**Churchwardens: Haydn Hopkins 029 20621280 or
07970 079797**

Colin Francis: 029 20751773

Parish Website: www.christchurchcardiff.co.uk

Email: info@christchurchcardiff.co.uk



www.cynnal.wales

AN INVITATION TO MEMBERS OF ALL CHURCHES AND CHAPELS IN WALES

WHAT IS YOUR OPINION?

A CHANCE TO LISTEN, DISCUSS, QUESTION
AND DISAGREE ON

WHAT IT MEANS TO LIVE LIFE IN ALL ITS FULLNESS?

A SEMINAR TO BE HELD ON
WEDNESDAY 24 OCTOBER 2018
(09.30 – 13.00) IN
CHRIST CHURCH, 28 LAKE ROAD NORTH,
CARDIFF, CF23 5QN

THE CHALLENGE TO THE CHURCHES:

Today we will be discussing elements which reflect life in its many different manifestations and how to deal with the spiritual challenges of living a worldly life:

Living appropriately under a wide variety of conditions

Maintaining a positive, constructive, emotionally responsible attitude in life

Holding all things with a healthy degree of detachment and humour

Living with faith and trusting in GOD

Maintaining good will and good intentions towards our fellow man

Or could there possibly be some other way?

COME TO
LISTEN,
DISCUSS,
QUESTION,
DISAGREE

Among the speakers will be:

The Archbishop of Wales,
The Most Reverend John
Davies; Karen Owen;
Dr. Iolo Ap Gwynn,
Revd. Dr. R Alun Evans &
Nick Shepley

Chair: Revd. Ifan Roberts

Contact the Living Room
Cardiff on

029 2049 3895

to register or send an
e-mail to
carol.hardy@cais.org.uk

A light buffet will be
provided. This seminar
will be free.



www.livingroom-cardiff.com

ConneXion Groups (*-coordinators)

ConneXion groups meet once a month

Our ConneXion Groups meet once-a-month to discuss, socialise, learn, and have fun. Interested in joining one of them? Please do talk to Revd Trystan or email him on trystanhughes@churcheinwales.org.uk

Group 1 (daytime)

Val Jones*
Isabel Santore
Glenys Nettleton
Audrey Lewis
Margaret Griffiths
George Cable
Nadia Bunston
Liz Reid
Carol Rudram

Group 2 (evening)

Haydn and Jill Hopkins *
Julie Waller
Jane Song
Claire Edwards
John and Margaret Griffiths
Julia Matthews
Mark Hamber
Hannah Burch
Mary Payne
Jane Roberts
Gwilym Roberts
Hilary Chiles
Rev'd Jordan Hillebert

Group 3 (evening)

Linda Alexander *
David Alexander
Chris Vokes
Derek Burston
Elizabeth Burston
Siu Chan
Gill Barker
Clare Dow
Sally Lewis
Sylvia McCarty
Kate Thomas

Group 4 (evening)

Trystan & Sandra Hughes *
Emma Breraton
Sarah Goldsmith
James & Ingrid Preston
Anna & Paul Mortimore
Hannah Burch
Alex Kinsey
Justin and Coral Freeman
Fernanda Gray
Rebekka Jones

Group 5 (evening)

Sue Hurrell *
Emma Laing
Sandra Hughes
Ruth Payne
Justine Ryland
Jo Jefford
Michele Browne
Jane Roberts
Flora Samuel

If you would like to join a group, please do let Revd Trystan know.

PRAYERS & VISITING

PRAYER LIST: from now on names will only appear on the list for one month and will then be removed, unless you let the vicar or wardens know otherwise. Please give names of sick or those in need of prayer to Trystan or the wardens, preferably on paper and include your name too.

HOME VISITING: If you, or anyone you know, are unable to attend church due to ill health or an accident, please do let us know. If you would like one of our Pastoral Visiting team to call for a chat, to help, or to give Home Communion, we will arrange it. Please contact Gerald Bradnum on 029 20 751177 or gbradnum@gmail.com

✂ -----

Name:

Telephone:.....

(Please tick appropriately and hand to a Welcome Team member or the Clergy)

- ☐ I would like to receive a pastoral visit.
- ☐ I would like to receive Communion at home.
- ☐ I would like to be prayed for by the Prayer Team.

What is your prayer request? (optional)

Children's colouring Page

