

## Welcome to Christ Church

Week commencing 14<sup>th</sup> October 2018

### **Sunday 14<sup>th</sup> October – Trinity 20 – Harvest Sunday**

**8.00am Holy Eucharist**

**10.00am Parish Eucharist, Funky Church & J-Walkers**

**5.00pm Harvest Bring & Share Supper**

**Monday 15<sup>th</sup>**

**7.30pm Keep Fit**

**Tuesday 16<sup>th</sup>**

**2.00pm Good Companions**

**Thursday 18<sup>th</sup>**

**9.30am Midweek Eucharist  
(*followed by tea & coffee*)**

**1.30pm Chatterbox**

### **Sunday 21<sup>st</sup> October – Trinity 21**

**8.00am Holy Eucharist**

**10.00am Parish Eucharist, Funky Church & J-Walkers**

**6.00pm One World Week Ecumenical Service**

**6.30pm J-Walkers**

## Trinity 20

### Collect

God, the giver of life,  
whose Holy Spirit wells up within your Church:  
by the Spirit's gifts equip us to live the gospel of Christ  
and make us eager to do your will,  
that we may share with the whole creation  
the joys of eternal life;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever. **Amen**

### **The first reading is from St Paul's Letter to the Romans**

I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. For the creation waits with eager longing for the revealing of the children of God; for the creation was subjected to futility, not of its own will but by the will of the one who subjected it, in hope that the creation itself will be set free from its bondage to decay and will obtain the freedom of the glory of the children of God. We know that the whole creation has been groaning in labour pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience.

*(Romans 8:18-25)*

This is the Word of the Lord  
**Thanks be to God**

**Psalm 90: 12-17 (Pg.571)**

Listen to the Gospel of Christ according to St Matthew  
**Glory to you, O Lord**

Therefore I tell you, do not worry about your life, what you will eat or drink or about your body, what you will wear. Is not life more than food, and the body more than clothes? Look at the birds of the air; they do not

sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? Can any one of you by worrying add a single hour to your life?

And why do you worry about clothes? See how the flowers of the field grow. They do not labour or spin. Yet I tell you that not even Solomon in all his splendour was dressed like one of these. If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you . you of little faith? So do not worry, saying, %What shall we eat?+or %What shall we drink?+or %What shall we wear?+ For the pagans run after all these things, and your heavenly Father knows that you need them. But seek first his kingdom and his righteousness, and all these things will be given to you as well.  
*(Matthew 6: 25-33)*

This is the Gospel of the Lord  
**Praise to you O Christ**

### **Post Communion Prayer**

God our Father,  
whose Son, the light unending,  
has come from heaven to deliver the world  
from the darkness of ignorance:  
let these holy mysteries open the eyes of our understanding  
that we may know the way of life,  
and walk in it without stumbling;  
through Jesus Christ our Lord. **Amen**

### **Next Sunday's Readings & Rotas**

**Eucharist:** Isaiah 53: 4-12 & Mark 10: 35-45

**Reader:** Fernanda Gray

**Intercessor:** Julie Waller

**Welcoming Team:** Siu Wan Chan, Joh & Anne-Marie Hodgson,  
Ann James

**Coffee:** Marjorie & John Walker, Chris & Keith Stacey

**Ministers of Communion:** Howard Kilvington

(Reserve: Gerald Bradnum)

## **WEEKLY PRAYERS**

**Sunday:** Pray for the Church in Ikwo, NigeriaLfor the Parish of AbercynonLfor Funky ChurchLfor the residents of Claerwen Drive.

**Thursday:** Pray for the Parish of Aberdare, St Fagan for The J-Walkers for St Brigids Roman Catholic Church.

**Sunday:** Pray for the Church of the Province of West Africa for the Parish of Mountain Ash & Miskin for the Christ Church Society for the residents of Plas y Coed.

*Please also pray for our partner church, St Denys, Lisvane.*

**For the prayers for the remaining days of the week please see: [www.llandaffchurchinwales.org.uk](http://www.llandaffchurchinwales.org.uk) under Faith Worship & Prayer (the Diocesan Prayer Calendar).**

IF YOU FEEL UNABLE TO RECEIVE FROM THE CHALICE, THEN PLEASE RECEIVE THE BREAD ONLY.

## **NOTICES**

**HARVEST SUPPER:** All are very warmly invited to join us this evening at 5pm for our bring and share Harvest Supper. It will be a wonderful occasion for food and fellowship as a community, followed by a short closing act of worship. If possible please bring something to share (a savoury dish or desserts/cakes). There will be water, tea and coffee available but please feel free to bring your own liquid refreshments if you wish to have something different

### **ONE WORLD WEEK – BRING AND SHARE LUNCH WITH L'ARCHE:**

All are warmly invited to join the Llanishen and District Churches Together Bring and Share Lunch with L'Arche in honour of One World Week. L'Arche is a community where people with and without learning disabilities live together. The lunch will be held on **Saturday 20th October 2018 1.00 - 4pm** at **Christ the King Church Hall**, Newborough Avenue, Llanishen, Cardiff CF14 5DB. Please bring a small plate of food if you can.

**ONE WORLD WEEK – UNITED SERVICE AT CHRIST CHURCH:** As part of the One World Week events, Christ Church will be hosting the Llanishen and District Churches Together united service on **Sunday 21 October** at **6:00**. Gareth Erlandson will be leading worship and Sue Hurrell will be speaking on 'The World is Changing – How About Us?' All very warmly invited to join.

**SERVICE FOR ALL SOULS DAY:** All are warmly invited to join us at **7:00** on **Friday 2 November** for our All Souls Service, where we remember those we love and have lost as a community.

**THURSDAY 9.30am EUCHARIST:** The Eucharist is on the 1<sup>st</sup> and 3<sup>rd</sup> Thursdays of each month. The upcoming dates are on the **18<sup>th</sup> of October & 1<sup>st</sup> November**. Tea and coffee are available afterwards.

**REV'D TRYSTAN RETURNS:** We are delighted that Rev'd Trystan has returned after being off work with his back injury. However, on the orders of his doctors and physiotherapists, he will have a phased return to work. This means from now until Christmas, Rev'd Trystan will only be involved in parts of services, rather than taking whole services. Neither will he be able to take baptisms or funerals. The Pastoral Care Team will cover his visiting. Please understand that he cannot stay standing or sitting for any period of time, so please forgive him if he has to disappear quickly at times, or has to cut conversations short when he speaks to you. Welcome back Rev'd Trystan!

**CHRISTMAS – THE STORY:** The life sized camels which grace The Hayes are in need of a bit of help! Normally adorned with rugs and tassels our poor camels have nothing to keep the chill of winter at bay! Do you have an eye for colour and a sense of fun or do you know the very person we are seeking. If you feel you would relish the challenge please, please get in touch with Sally Humble-Jackson on 02920 493326 or email her on [sally\\_humble\\_jackson@hotmail.co.uk](mailto:sally_humble_jackson@hotmail.co.uk) Our second bit of news is less light-hearted. Donations from Cardiff churches have fallen dramatically over the eight years we have been running, and we need to raise an extra £3,000 a year to keep going. We are asking people to collect their small change for us – 'Pennies From Heaven', we call it. You'll find the collection jars in the church porch. Please help, don't let 2018 be the last year for 'Christmas – The Story'.

**ELECTORAL ROLL:** If you consider Christ Church your home church, then we would love to include you on our church members list, known as the Electoral Roll. You can be on the electoral roll whether you attend services regularly or infrequently. Being on the electoral roll helps show the diocese how well supported Christ Church is. Application forms for inclusion on the Electoral Roll, together with details printed on the back, are available at the entrance to the Church. After you have filled in the form place it in the receptacle provided. David Alexander, Electoral Roll Officer. Any questions about the Electoral Roll, please speak to David, Revd Trystan, or Revd Jordan.

**GOOD COMPANIONS – DRIVERS NEEDED:** The Good Companions group is in need of additional drivers for 2pm and/or 4pm. Offers for help on a weekly, fortnightly, or monthly basis would be sincerely appreciated. Please contact Val for more information: 02920 747021.

**UNWANTED TOILETRIES:** The Good Companions are collecting any unwanted toiletries; these will be offered to emergency patients at the Heath Hospital who often have no personal items or money with them when they are admitted. Should anyone have any unopened toiletries which they would be happy to donate, please pass them on to Val (02920 747021).

**YOUR CHOIR NEEDS YOU:** We have vacancies for all voice parts: soprano, alto, tenor and bass. Please talk to Julie Waller (07790 452722) or turn up to join us at Tuesday evening rehearsals 6.30pm- 8pm where you will receive a warm welcome. I'd be delighted to welcome junior members at 6.00 to 6.30pm. Come and chat with me if you want to learn more it will be an introduction to choral music.

**CHURCH OPEN FOR PRAYER:** Please note that in future the church will be open for private prayer on the **first Wednesday** of each month, 10am to 12 noon. The next date will be the **November 7<sup>th</sup>**.

**COLLECTION:** If you prefer to give a weekly cash contribution during the various services, and you are a UK Tax payer, then there are envelopes in the pews to enable us to reclaim tax. Please do use an envelope, as, at the moment, this equates to an extra 25p for each £1 you give.

**NEW HALL PROJECT  
TARGET £100,000**

**Our Planning Application has been submitted. We are getting closer to the long held dream of a NEW HALL so we need to redouble our fund raising efforts to make it a reality.**

**SOME OF THE IDEAS BELOW ARE ALREADY BEING UNDERTAKEN  
BUT ALL NEED YOUR SUPPORT**

**OLD POUND COINS:** We are collecting old pound coins for the Church Hall Appeal. If anyone has some please put them in the box in the entrance or into the collection bags. THANKS Linda Alexander

**CAKE MAKING** - cakes always sell!

## MUSIC CONCERTS

**SCRAP GOLD:** Shirley Davies is still collecting scrap gold - broken chains, odd earrings and similar. Any gold item you no longer want can be added to the pile, which has already raised over £575! Please continue to support.

**FRESH VEGETABLES:** varied allotment produce and homemade preserves etc often available after the 10 am Sunday service in the Church Hall. Claire and Val.

**JAM JARS** – many thanks to all those who supply me with jam jars. I have a surplus of larger ones at present but will always welcome **small jam jars, 227g/8oz size and under.** Claire Edwards

**GREETING CARDS:** for birthday and special occasions - available in the Church Hall after the 10am service, in the Church Porch and often on Tuesday afternoons at Good Companions. Funds will support the New Church Hall project at Christ Church. Contact Shirley Davies if more information needed.

**CROSS IN MY POCKET:** These handmade embroidered crosses are ideal to keep in your phone case/purse/wallet or would make ideal gifts to pop in a birthday card. There is a plentiful supply in the church porch in all the colours of the rainbow: a donation of £1 will go towards the hall. Many thanks.

*If anyone has any ideas, however big or small, to raise money for the exciting New Hall project, please share them! Thank you all for your continued support.*

**Notices for the Newsletter should be given to Denise Searle, tel. 029 20763151; Email [info@christchurchcardiff.co.uk](mailto:info@christchurchcardiff.co.uk) or left in the church letter box. Deadline is Wednesday morning**

**In the event of an EMERGENCY please leave by the nearest exit and assemble by the walled garden at the front of the car park.**

## **CHRIST CHURCH HAS BOTH FACEBOOK AND TWITTER**

please check them out and “like” and follow them for up to date church information on services and events

[www.facebook.com/christchurchcardiff](http://www.facebook.com/christchurchcardiff)

[www.twitter.com/ChristChCardiff](http://www.twitter.com/ChristChCardiff)

## **PARISH INFORMATION**

**Vicar: Revd Trystan Hughes Tel: 029 20758588**

**Mob for emergencies: 07976523634**

**[trystanhughes@churchinwales.org.uk](mailto:trystanhughes@churchinwales.org.uk)**

**Curate: Revd Jordan Hillebert Tel: 079 36288330**

**[Jordan.hillebert@stpadarns.ac.uk](mailto:Jordan.hillebert@stpadarns.ac.uk)**

**Parish Office: 029 20763151 –**

**open Mon & Weds 9.30am to 12.30pm**

**Churchwardens: Haydn Hopkins 029 20621280 or**

**07970 079797**

**Colin Francis: 029 20751773**

**Parish Website: [www.christchurchcardiff.co.uk](http://www.christchurchcardiff.co.uk)**

**Email: [info@christchurchcardiff.co.uk](mailto:info@christchurchcardiff.co.uk)**



# Christ Church Harvest Supper

Sunday 14<sup>th</sup> October at 5pm

**BRING & SHARE**

A great opportunity for food and  
fellowship as a community followed  
by a short act of worship

**ConneXion Groups (\*-coordinators)**  
**ConneXion groups meet once a month**

Our ConneXion Groups meet once-a-month to discuss, socialise, learn, and have fun. Interested in joining one of them? Please do talk to Revd Trystan or email him on [trystanhughes@churchinwales.org.uk](mailto:trystanhughes@churchinwales.org.uk)

**Group 1 (daytime)**

Val Jones\*  
Isabel Santore  
Glenys Nettleton  
Audrey Lewis  
Margaret Griffiths  
George Cable  
Nadia Bunston  
Liz Reid  
Carol Rudram

**Group 2 (evening)**

Haydn and Jill Hopkins \*  
Julie Waller  
Jane Song  
Claire Edwards  
John and Margaret Griffiths  
Julia Matthews  
Mark Hamber  
Hannah Burch  
Mary Payne  
Jane Roberts  
Gwilym Roberts  
Hilary Chiles  
Rev'd Jordan Hillebert

**Group 3 (evening)**

Linda Alexander \*  
David Alexander  
Chris Vokes  
Derek Burston  
Elizabeth Burston  
Siu Chan  
Gill Barker  
Clare Dow  
Sally Lewis  
Sylvia McCarty  
Kate Thomas

**Group 4 (evening)**

Trystan & Sandra Hughes \*  
Emma Breraton  
Sarah Goldsmith  
James & Ingrid Preston  
Anna & Paul Mortimore  
Hannah Burch  
Alex Kinsey  
Justin and Coral Freeman  
Fernanda Gray  
Rebekka Jones

**Group 5 (evening)**

Sue Hurrell \*  
Emma Laing  
Sandra Hughes  
Ruth Payne  
Justine Ryland  
Jo Jefford  
Michele Browne  
Jane Roberts  
Flora Samuel

***If you would like to join a group, please do let Revd Trystan know.***

## **PRAYERS & VISITING**

**PRAYER LIST:** from now on names will only appear on the list for one month and will then be removed, unless you let the vicar or wardens know otherwise. Please give names of sick or those in need of prayer to Trystan or the wardens, preferably on paper and include your name too.

**HOME VISITING:** If you, or anyone you know, are unable to attend church due to ill health or an accident, please do let us know. If you would like one of our Pastoral Visiting team to call for a chat, to help, or to give Home Communion, we will arrange it. Please contact Gerald Bradnum on 029 20 751177 or [gbradnum@gmail.com](mailto:gbradnum@gmail.com)

✂ -----

Name: .....

Telephone:.....

(Please tick appropriately and hand to a Welcome Team member or the Clergy)

- I would like to receive a pastoral visit.
- I would like to receive Communion at home.
- I would like to be prayed for by the Prayer Team.

What is your prayer request? (optional)

Children's colouring Page

