

Welcome to Christ Church

Week commencing 7th October 2018

Sunday 7th October – Trinity 19

8.00am Holy Eucharist
10.00am Family Service
6.00pm Evening Worship
6.30pm J-Walkers

Monday 8th	7.30pm Keep Fit
Tuesday 9th	2.00pm Good Companions
	7.00pm Wave of Light Service
Wednesday 10th	7.30pm Christ Church Society Meeting
Thursday 11th	1.30pm Chatterbox
Saturday 13th	10.30pm Messy Harvest

Sunday 14th October – Trinity 20 – Harvest Sunday

8.00am Holy Eucharist
10.00am Parish Eucharist, Funky Church & J-Walkers
5.00pm Harvest Bring & Share Supper

Trinity 19

Collect

O God, forasmuch as without you
we are not able to please you:
mercifully grant that your Holy Spirit
may in all things direct and rule our hearts;
through Jesus Christ your Son our Lord,
who is alive and reigns with you
in the unity of the Holy Spirit,
one God, now and for ever. **Amen**

The first reading is from the Book of Genesis

The Lord God said, 'It is not good for the man to be alone. I will make a helper suitable for him.' Now the Lord God had formed out of the ground all the wild animals and all the birds in the sky. He brought them to the man to see what he would name them; and whatever the man called each living creature, that was its name. So the man gave names to all the livestock, the birds in the sky and all the wild animals.

But for Adam no suitable helper was found. So the Lord God caused the man to fall into a deep sleep; and while he was sleeping, he took one of the man's ribs and then closed up the place with flesh. Then the Lord God made a woman from the rib he had taken out of the man, and he brought her to the man.

The man said,

'This is now bone of my bones
and flesh of my flesh;
she shall be called "woman",
for she was taken out of man.'

That is why a man leaves his father and mother and is united to his wife, and they become one flesh.

(Genesis 2: 18-24)

This is the Word of the Lord
Thanks be to God

Psalm 117 (Pg.609)

Listen to the Gospel of Christ according to St Mark
Glory to you, O Lord

People were bringing little children to Jesus for him to place his hands on them, but the disciples rebuked them. When Jesus saw this, he was indignant. He said to them, 'Let the little children come to me, and do not hinder them, for the kingdom of God belongs to such as these. Truly I tell you, anyone who will not receive the kingdom of God like a little child will never enter it.' And he took the children in his arms, placed his hands on them and blessed them.

(Mark 10: 13-16)

This is the Gospel of the Lord
Praise to you O Christ

Post Communion Prayer

Holy and blessed God,
you feed us with the body and blood of your Son
and fill us with your Holy Spirit:
may we honour you,
not only with our lips
but in lives dedicated to your service in Jesus Christ our Lord. **Amen**

Next Sunday's Readings & Rotas

Eucharist: Joel 2: 21-27 & Matthew 6: 25-33

Reader: Judith Hill

Intercessor: Hannan Burch

Welcoming Team: Claire Edwards, Len Bowker, Gerald Bradnum,
Caryl Roach

Coffee: Brian & Chris Ward, Shirley Davies, June Lloyd

Ministers of Communion: Emma Laing

(Reserve: Howard Kilvington)

WEEKLY PRAYERS

Sunday: Pray for the Church in East Ruwenzori, Uganda; for the Parish of Troedyrhiw w Merthyr Vale; for the choir, organists and musicians; for the residents of St James Mews.

Thursday: Pray for the Episcopal Church in East Tennessee; for the Diocesan Spirituality Adviser; for the Uniformed Organisations; for the residents of Gwynant Crescent.

Sunday: Pray for the Episcopal Church in Eastern Michigan; for the Rectorial Benefice of Eglwysilan & Caerphilly; for Funky Church; for the residents of Claerwen Drive.

Please also pray for our partner church, St Denys, Lisvane.

For the prayers for the remaining days of the week please see: www.llandaffchurcheinwales.org.uk under Faith Worship & Prayer (the Diocesan Prayer Calendar).

IF YOU FEEL UNABLE TO RECEIVE FROM THE
CHALICE, THEN PLEASE RECEIVE THE BREAD ONLY.

NOTICES

REV'D TRYSTAN RETURNS: We are delighted that Rev'd Trystan has returned after being off work with his back injury. However, on the orders of his doctors and physiotherapists, he will have a phased return to work. This means from now until Christmas, Rev'd Trystan will only be involved in parts of services, rather than taking whole services. Neither will he be able to take baptisms or funerals. The Pastoral Care Team will cover his visiting. Please understand that he cannot stay standing or

sitting for any period of time, so please forgive him if he has to disappear quickly at times, or has to cut conversations short when he speaks to you. Welcome back Rev'd Trystan!

EVENING WORSHIP: Please join us for our 6.00pm service this evening. All welcome!

WELCOME BACK: We welcome back 5 of our congregation who have been on pilgrimage to Israel – Julie (& Trevor), Chris Vokes, Jane Song and Brian Dicker. We look forward to hearing all about their visit.

WAVE OF LIGHT SERVICE: Christ Church will be holding a Wave of Light Service during Baby Loss Awareness Week on **9th October at 7.00pm** to remember little ones lost at any stage of pregnancy, birth, or infancy. If you know of anyone who might benefit from this service, please do pass along the time/date of service.

HARVEST SUPPER: All are very warmly invited to join us on **14th October at 5.00pm** for our bring and share Harvest Supper. It will be a wonderful occasion for food and fellowship as a community, followed by a short closing act of worship. If possible please bring something to share (a savoury dish or desserts/cakes). There will be water, tea and coffee available but please feel free to bring your own liquid refreshment if you wish to have something different. A sign up sheet is available in the church porch.

THURSDAY 9.30am EUCHARIST: The Eucharist is on the 1st and 3rd Thursdays of each month. The upcoming dates are on the **18th of October & 1st November**. Tea and coffee are available afterwards.

CHRIST CHURCH SOCIETY: "Never Play Leapfrog with a Unicorn" An amusing talk by Dave Kitchen, **Wednesday 10th October at 7.30pm** in the Church Hall, with buffet and refreshments, £5. Sign up sheet on the notice board in the Church Porch.

ELECTORAL ROLL: If you consider Christ Church your home church, then we would love to include you on our church members list, known as the Electoral Roll. You can be on the electoral roll whether you attend services regularly or infrequently. Being on the electoral roll helps show the diocese how well supported Christ Church is. Application forms for inclusion on the Electoral Roll, together with details printed on the back, are available at the entrance to the Church. After you have filled in the form place it in the receptacle provided. David Alexander, Electoral Roll Officer. Any questions about the Electoral Roll, please speak to David, Revd Trystan, or Revd Jordan.

GOOD COMPANIONS – DRIVERS NEEDED: The Good Companions group is in need of additional drivers for 2pm and/or 4pm. Offers for help on a weekly, fortnightly, or monthly basis would be sincerely appreciated. Please contact Val for more information: 02920 747021.

UNWANTED TOILETRIES: The Good Companions are collecting any unwanted toiletries; these will be offered to emergency patients at the Heath Hospital who often have no personal items or money with them when they are admitted. Should anyone have any unopened toiletries which they would be happy to donate, please pass them on to Val (02920 747021).

YOUR CHOIR NEEDS YOU: We have vacancies for all voice parts: soprano, alto, tenor and bass. Please talk to Julie Waller (07790 452722) or turn up to join us at Thursday evening rehearsals 6.30pm- 8pm where you will receive a warm welcome.

CHURCH OPEN FOR PRAYER: Please note that in future the church will be open for private prayer on the **first Wednesday** of each month, 10am to 12 noon. The next date will be the **November 7th**.

COLLECTION: If you prefer to give a weekly cash contribution during the various services, and you are a UK Tax payer, then there are envelopes in the pews to enable us to reclaim tax. Please do use an envelope, as, at the moment, this equates to an extra 25p for each £1 you give.

**NEW HALL PROJECT
TARGET £100,000**

Our Planning Application has been submitted. We are getting closer to the long held dream of a NEW HALL so we need to redouble our fund raising efforts to make it a reality.

**SOME OF THE IDEAS BELOW ARE ALREADY BEING UNDERTAKEN
BUT ALL NEED YOUR SUPPORT**

OLD POUND COINS: We are collecting old pound coins for the Church Hall Appeal. If anyone has some please put them in the box in the entrance or into the collection bags. THANKS Linda Alexander

CAKE MAKING - cakes always sell!

MUSIC CONCERTS

SCRAP GOLD: Shirley Davies is still collecting scrap gold - broken chains, odd earrings and similar. Any gold item you no longer want can be added to the pile, which has already raised over £300!
Please continue to support.

FRESH VEGETABLES: varied allotment produce and homemade preserves etc often available after the 10 am Sunday service in the Church Hall. Claire and Val.

JAM JARS – many thanks to all those who supply me with jam jars. I have a surplus of larger ones at present but will always welcome **small jam jars, 227g/8oz size and under.** Claire Edwards

GREETING CARDS: for birthday and special occasions - available in the Church Hall after the 10am service, in the Church Porch and often on Tuesday afternoons at Good Companions. Funds will support the New Church Hall project at Christ Church. Contact Shirley Davies if more information needed.

CROSS IN MY POCKET: These handmade embroidered crosses are ideal to keep in your phone case/purse/wallet or would make ideal gifts to pop in a birthday card. There is a plentiful supply in the church porch in all the colours of the rainbow: a donation of £1 will go towards the hall. Many thanks.

If anyone has any ideas, however big or small, to raise money for the exciting New Hall project, please share them! Thank you all for your continued support.

Notices for the Newsletter should be given to Denise Searle, tel. 029 20763151; Email info@christchurchcardiff.co.uk or left in the church letter box. Deadline is Wednesday morning

In the event of an EMERGENCY please leave by the nearest exit and assemble by the walled garden at the front of the car park.

CHRIST CHURCH HAS BOTH FACEBOOK AND TWITTER

please check them out and "like" and follow them for up to date church information on services and events

www.facebook.com/christchurchcardiff

www.twitter.com/ChristChCardiff

PARISH INFORMATION

Vicar: Revd Trystan Hughes Tel: 029 20758588

Mob for emergencies: 07976523634

trystanhughes@churcheinwales.org.uk

Curate: Revd Jordan Hillebert Tel: 079 36288330

Jordan.hillebert@stpadarns.ac.uk

Parish Office: 029 20763151 –

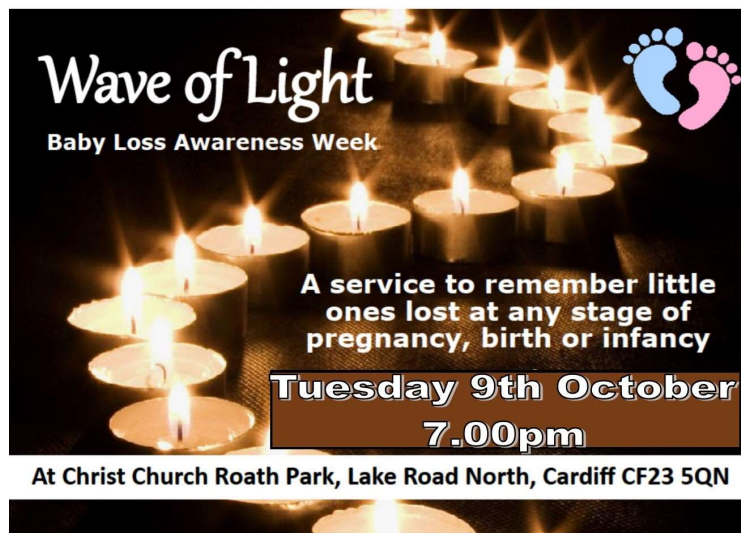
open Mon & Weds 9.30am to 12.30pm

**Churchwardens: Haydn Hopkins 029 20621280 or
07970 079797**


Colin Francis: 029 20751773

Parish Website: www.christchurchcardiff.co.uk

Email: info@christchurchcardiff.co.uk



Wave of Light
Baby Loss Awareness Week



A service to remember little ones lost at any stage of pregnancy, birth or infancy

Tuesday 9th October
7.00pm

At Christ Church Roath Park, Lake Road North, Cardiff CF23 5QN



Messy Harvest

SATURDAY 13th OCTOBER
10.30 – 1.00pm

Children must be accompanied by an adult

Christ Church Harvest Supper



Sunday 14th October at 5pm

BRING & SHARE

A great opportunity for food and fellowship as a community followed by a short act of worship

ConneXion Groups (*-coordinators)
ConneXion groups meet once a month

Our ConneXion Groups meet once-a-month to discuss, socialise, learn, and have fun. Interested in joining one of them? Please do talk to Revd Trystan or email him on trystanhughes@churchinwales.org.uk

Group 1 (daytime)

Val Jones*
Isabel Santore
Glenys Nettleton
Audrey Lewis
Margaret Griffiths
George Cable
Nadia Bunston
Liz Reid
Carol Rudram

Group 2 (evening)

Haydn and Jill Hopkins *
Julie Waller
Jane Song
Claire Edwards
John and Margaret Griffiths
Julia Matthews
Mark Hamber
Hannah Burch
Mary Payne
Jane Roberts
Gwilym Roberts
Hilary Chiles
Rev'd Jordan Hillebert

Group 3 (evening)

Linda Alexander *
David Alexander
Chris Vokes
Derek Burston
Elizabeth Burston
Siu Chan
Gill Barker
Clare Dow
Sally Lewis
Sylvia McCarty
Kate Thomas

Group 4 (evening)

Trystan & Sandra Hughes *
Emma Breraton
Sarah Goldsmith
James & Ingrid Preston
Anna & Paul Mortimore
Hannah Burch
Alex Kinsey
Justin and Coral Freeman
Fernanda Gray
Rebekka Jones

Group 5 (evening)

Sue Hurrell *
Emma Laing
Sandra Hughes
Ruth Payne
Justine Ryland
Jo Jefford
Michele Browne
Jane Roberts
Flora Samuel

If you would like to join a group, please do let Revd Trystan know.

PRAYERS & VISITING

PRAYER LIST: from now on names will only appear on the list for one month and will then be removed, unless you let the vicar or wardens know otherwise. Please give names of sick or those in need of prayer to Trystan or the wardens, preferably on paper and include your name too.

HOME VISITING: If you, or anyone you know, are unable to attend church due to ill health or an accident, please do let us know. If you would like one of our Pastoral Visiting team to call for a chat, to help, or to give Home Communion, we will arrange it. Please contact Gerald Bradnum on 029 20 751177 or gbradnum@gmail.com

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Name:

Telephone:.....

(Please tick appropriately and hand to a Welcome Team member or the Clergy)

- I would like to receive a pastoral visit.
- I would like to receive Communion at home.
- I would like to be prayed for by the Prayer Team.

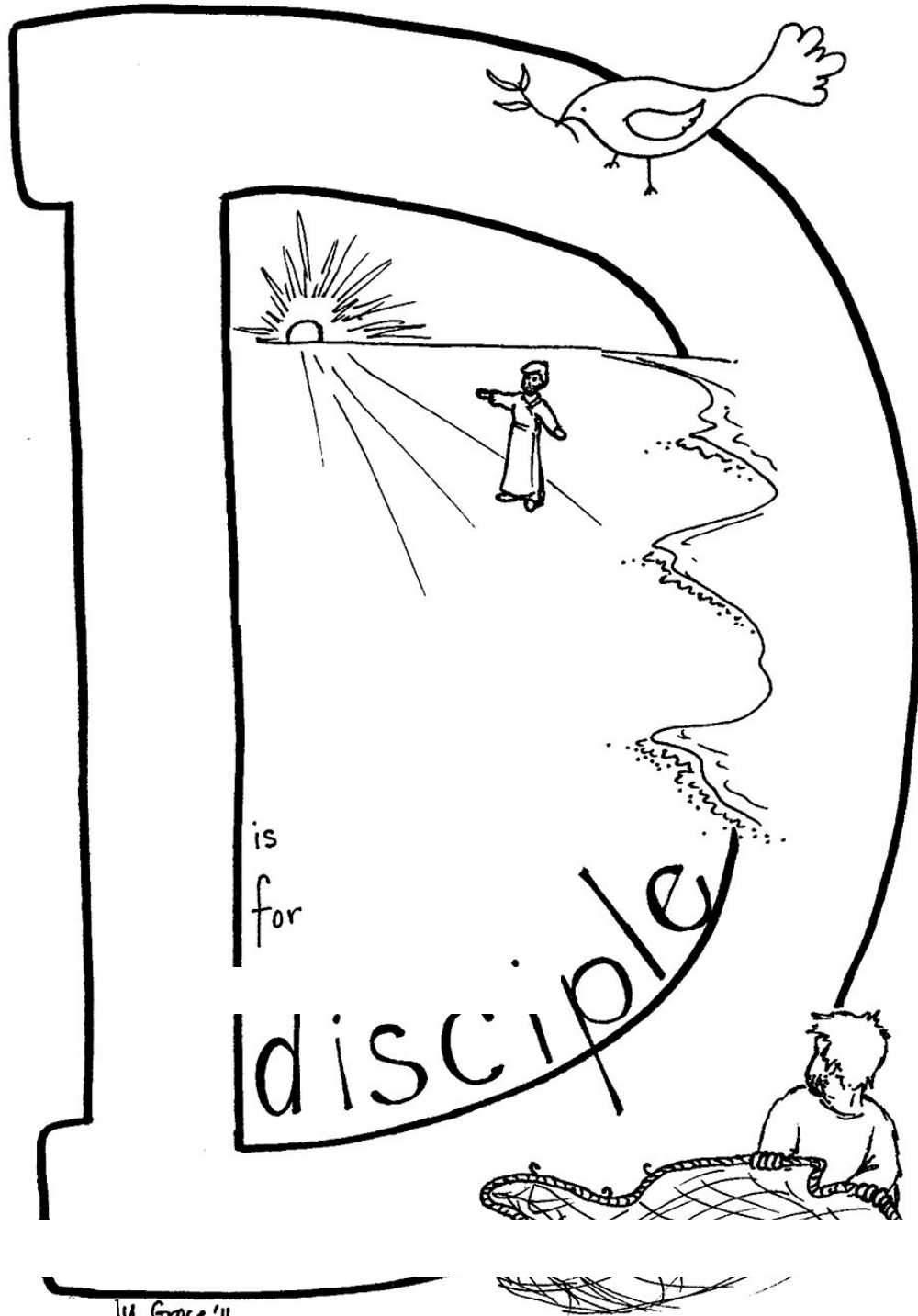
What is your prayer request? (optional)

Children's colouring Page

Simon * Andrew * James * John * Phil

* James * John * Philip * Bartholomew * Matthew *

* Bartholomew * Matthew * Thomas * James * Simon *



ly Grace 11

Thaddaeus * Judas * Simon * Andrew