

Welcome to Christ Church

Week commencing 30th September 2018

Sunday 30th September – Trinity 18

8.00am Holy Eucharist

10.00am Parish Eucharist, Funky Church & J-Walkers

6.00pm Evening Worship

6.30pm J-Walkers

Monday 1st

7.30pm Keep Fit

Tuesday 2nd

2.00pm Good Companions

Wednesday 3rd

10.00am Church Open for Private Prayer

Thursday 4th

**9.30am Midweek Eucharist
(*followed by tea & coffee*)
1.30pm Chatterbox**

Sunday 7th October – Trinity 19

8.00am Holy Eucharist

10.00am Family Service

6.00pm Evening Worship

6.30pm J-Walkers

Trinity 18

Collect

Almighty and everlasting God,
increase in us your gift of faith
that, forsaking what lies behind
and reaching out to that which is before,
we may run the way of your commandments
and win the crown of everlasting joy;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and forever. **Amen**

The first reading is from the Book of James

Is anyone among you in trouble? Let them pray. Is anyone happy? Let them sing songs of praise. Is anyone among you ill? Let them call the elders of the church to pray over them and anoint them with oil in the name of the Lord. And the prayer offered in faith will make the sick person well; the Lord will raise them up. If they have sinned, they will be forgiven. Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective.

Elijah was a human being, even as we are. He prayed earnestly that it would not rain, and it did not rain on the land for three and a half years. Again he prayed, and the heavens gave rain, and the earth produced its crops.

My brothers and sisters, if one of you should wander from the truth and someone should bring that person back, remember this: whoever turns a sinner from the error of their way will save them from death and cover over a multitude of sins.

(James 5: 13-20)

This is the Word of the Lord
Thanks be to God

Psalm 19: 7-14 (Pg.466)

Listen to the Gospel of Christ according to St Matthew
Glory to you, O Lord

Jesus stepped into a boat, crossed over and came to his own town. Some men brought to him a paralysed man, lying on a mat. When Jesus saw their faith, he said to the man, **Take heart, son; your sins are forgiven.**

At this, some of the teachers of the law said to themselves, **This fellow is blaspheming!** Knowing their thoughts, Jesus said, **Why do you entertain evil thoughts in your hearts? Which is easier: to say, 'Our sins are forgiven,' or to say, 'Get up and walk'?** But I want you to know that the Son of Man has authority on earth to forgive sins. So he said to the paralysed man, **Get up, take your mat and go home.** Then the man got up and went home. When the crowd saw this, they were filled with awe; and they praised God, who had given such authority to man.

(Matthew 9: 1-8)

This is the Gospel of the Lord
Praise to you O Christ

Post Communion Prayer

All praise and thanks, O Christ,
for this sacred banquet,
in which by faith we receive you,
the memory of your passion is renewed,
our lives are filled with grace,
and a pledge of future glory given,
to feast at that table where you reign
with all your saints for ever. **Amen**

Next Sunday's Readings & Rotas

Eucharist: Genesis 2: 18-24 & Mark 10: 13-16

Reader: Seth Ryland

Intercessor: Bea Ryland & Lena Lacey-Hughes

Welcoming Team: Marjorie Walker, Brian Ward, Jane Song

Coffee: Sui Wan Chan, Angela Foley, Ann Picken

Ministers of Communion: Colin Francis

(Reserve: Emma Laing)

WEEKLY PRAYERS

Sunday: Pray for the Church of the Province of UgandaLfor the Parish of Llansawel, Briton FerryLfor those involved in hall administrationLfor the residents of Heol Dewi Sant.

Thursday: Pray for the Church in East Kerala, South IndiaLfor the Parish of Treharris, Trelewis, Bedlinog & LlanfabonLfor the altar serversLfor the residents of Jubilee Gardens.

Sunday: Pray for the Church in East Ruwenzori, UgandaLfor the Parish of Troedyrhiw w Merthyr ValeLfor the choir, organists and musiciansLfor the residents of St James Mews.

Please also pray for our partner church, St Denys, Lisvane.

For the prayers for the remaining days of the week please see: www.llandaffchurcheinwales.org.uk under Faith Worship & Prayer (the Diocesan Prayer Calendar).

IF YOU FEEL UNABLE TO RECEIVE FROM THE
CHALICE, THEN PLEASE RECEIVE THE BREAD ONLY.

NOTICES

NEXT SUNDAY: Next Sunday (7 October) it is the Cardiff Half-Marathon, so please be aware that you might need to walk to church or take an alternative route in your car. As there are so many members of our congregation and their family members taking part in the run, we will be having a slightly shorter service at 10am. It will still be a Family Service, so please do come along as you will have the opportunity to go and support the runners following the service (either straight after the service or after the tea and coffee). Many blessings to all our friends and family who are taking part in the run!

REV'D TRYSTAN RETURNS: We are delighted that Rev'd Trystan has returned after being off work with his back injury. However, on the orders of his doctors and physiotherapists, he will have a phased return to work. This means from now until Christmas, Rev'd Trystan will only be involved in parts of services, rather than taking whole services. Neither will he be able to take baptisms or funerals. The Pastoral Care Team will cover his visiting. Please understand that he cannot stay standing or sitting for any period of time, so please forgive him if he has to disappear quickly at times, or has to cut conversations short when he speaks to you. Welcome back Rev'd Trystan!

EVENING WORSHIP: Please join us for our 6.00pm service this evening. All welcome!

THURSDAY 9.30am EUCHARIST: The Eucharist is on the 1st and 3rd Thursdays of each month. The upcoming dates are on the **4th & 18th of October**. Tea and coffee are available afterwards.

WAVE OF LIGHT SERVICE: Christ Church will be holding a Wave of Light Service during Baby Loss Awareness Week on **9th October at 7.00pm** to remember little ones lost at any stage of pregnancy, birth, or infancy. If you know of anyone who might benefit from this service, please do pass along the time/date of service.

HARVEST SUPPER: All are very warmly invited to join us on **14th October at 5.00pm** for our bring and share Harvest Supper. It will be a wonderful occasion for food and fellowship as a community, followed by a short closing act of worship. Mains, sides, drinks and desserts are warmly welcomed! A sign up sheet is available in the church porch.

CHRIST CHURCH SOCIETY: "Never Play Leapfrog with a Unicorn" An amusing talk by Dave Kitchen, **Wednesday 10th October at 7.30pm** in the Church Hall, with buffet and refreshments, £5. Sign up sheet on the notice board in the Church Porch.

ELECTORAL ROLL: If you consider Christ Church your home church, then we would love to include you on our church members list, known as the Electoral Roll. You can be on the electoral roll whether you attend services regularly or infrequently. Being on the electoral roll helps show the diocese how well supported Christ Church is. Application forms for inclusion on the Electoral Roll, together with details printed on the back, are available at the entrance to the Church. After you have filled in the form place it in the receptacle provided. David Alexander, Electoral Roll Officer. Any questions about the Electoral Roll, please speak to David, Revd Trystan, or Revd Jordan.

GOOD COMPANIONS – DRIVERS NEEDED: The Good Companions group is in need of additional drivers for 2pm and/or 4pm. Offers for help on a weekly, fortnightly, or monthly basis would be sincerely appreciated. Please contact Val for more information: 02920 747021.

UNWANTED TOILETRIES: The Good Companions are collecting any unwanted toiletries; these will be offered to emergency patients at the Heath Hospital who often have no personal items or money with them when they are admitted. Should anyone have any unopened toiletries which they would be happy to donate, please pass them on to Val (02920 747021).

YOUR CHOIR NEEDS YOU: We have vacancies for all voice parts: soprano, alto, tenor and bass. Please talk to Julie Waller (07790 452722) or turn up to join us at Thursday evening rehearsals 6.30pm- 8pm where you will receive a warm welcome.

CHURCH OPEN FOR PRAYER: Please note that in future the church will be open for private prayer on the **first Wednesday** of each month, 10am to 12 noon. The next date will be the **October 3rd**.

COLLECTION: If you prefer to give a weekly cash contribution during the various services, and you are a UK Tax payer, then there are envelopes in the pews to enable us to reclaim tax. Please do use an envelope, as, at the moment, this equates to an extra 25p for each £1 you give.

NEW HALL PROJECT TARGET £100,000

Our Planning Application has been submitted. We are getting closer to the long held dream of a NEW HALL so we need to redouble our fund raising efforts to make it a reality.

**SOME OF THE IDEAS BELOW ARE ALREADY BEING UNDERTAKEN
BUT ALL NEED YOUR SUPPORT**

OLD POUND COINS: We are collecting old pound coins for the Church Hall Appeal. If anyone has some please put them in the box in the entrance or into the collection bags. THANKS Linda Alexander

CAKE MAKING - cakes always sell!

MUSIC CONCERTS

SCRAP GOLD: Shirley Davies is still collecting scrap gold - broken chains, odd earrings and similar. Any gold item you no longer want can be added to the pile, which has already raised over £300! Please continue to support.

FRESH VEGETABLES: varied allotment produce and homemade preserves etc often available after the 10 am Sunday service in the Church Hall. Claire and Val.

JAM JARS – many thanks to all those who supply me with jam jars. I have a surplus of larger ones at present but will always welcome **small jam jars, 227g/8oz size and under.** Claire Edwards

GREETING CARDS: for birthday and special occasions - available in the Church Hall after the 10am service, in the Church Porch and often on Tuesday afternoons at Good Companions. Funds will support the New Church Hall project at Christ Church. Contact Shirley Davies if more information needed.

CROSS IN MY POCKET: These handmade embroidered crosses are ideal to keep in your phone case/purse/wallet or would make ideal gifts to pop in a birthday card. There is a plentiful supply in the church porch in all the colours of the rainbow: a donation of £1 will go towards the hall. Many thanks.

If anyone has any ideas, however big or small, to raise money for the exciting New Hall project, please share them! Thank you all for your continued support.

Notices for the Newsletter should be given to Denise Searle, tel. 029 20763151; Email info@christchurchcardiff.co.uk or left in the church letter box. Deadline is Wednesday morning

In the event of an EMERGENCY please leave by the nearest exit and assemble by the walled garden at the front of the car park.

CHRIST CHURCH HAS BOTH FACEBOOK AND TWITTER

please check them out and "like" and follow them for up to date church information on services and events

www.facebook.com/christchurchcardiff

www.twitter.com/ChristChCardiff

PARISH INFORMATION

Vicar: Revd Trystan Hughes Tel: 029 20758588

Mob for emergencies: 07976523634

trystanhughes@churcheinwales.org.uk

Curate: Revd Jordan Hillebert Tel: 079 36288330

Jordan.hillebert@stpadarns.ac.uk

Parish Office: 029 20763151 –

open Mon & Weds 9.30am to 12.30pm

Churchwardens: Haydn Hopkins 029 20621280 or

07970 079797

Colin Francis: 029 20751773

Parish Website: www.christchurchcardiff.co.uk

Email: info@christchurchcardiff.co.uk

A poster for 'Wave of Light Baby Loss Awareness Week'. The background is dark with several lit candles. In the top right corner, there is a logo of two footprints, one blue and one pink. The text is white and yellow.

Wave of Light
Baby Loss Awareness Week

A service to remember little ones lost at any stage of pregnancy, birth or infancy

Tuesday 9th October
7.00pm

At Christ Church Roath Park, Lake Road North, Cardiff CF23 5QN

A poster for 'Messy Harvest'. The background is white with a border of autumn leaves. In the center, there is a large orange splash shape with the words 'Messy Harvest' in white and yellow. Below this, the date and time are in red. At the bottom, there is a line of text in black.

Messy Harvest

SATURDAY 13th OCTOBER
10.30 – 1.00pm

Children must be accompanied by an adult

Christ Church Harvest Supper

A poster for 'Christ Church Harvest Supper'. The background is a photograph of a field of yellow flowers under a blue sky with clouds. The text is in red and white.

Sunday 14th October at 5pm

BRING & SHARE

A great opportunity for food and fellowship as a community followed by a short act of worship

ConneXion Groups (*-coordinators)
ConneXion groups meet once a month

Our ConneXion Groups meet once-a-month to discuss, socialise, learn, and have fun. Interested in joining one of them? Please do talk to Revd Trystan or email him on trystanhughes@churcheinwales.org.uk

Group 1 (daytime)

Val Jones*
Isabel Santore
Glenys Nettleton
Audrey Lewis
Margaret Griffiths
George Cable
Nadia Bunston
Liz Reid
Carol Rudram

Group 2 (evening)

Haydn and Jill Hopkins *
Julie Waller
Jane Song
Claire Edwards
John and Margaret Griffiths
Julia Matthews
Mark Hamber
Hannah Burch
Mary Payne
Jane Roberts
Gwilym Roberts
Hilary Chiles
Rev'd Jordan Hillebert

Group 3 (evening)

Linda Alexander *
David Alexander
Chris Vokes
Derek Burston
Elizabeth Burston
Siu Chan
Gill Barker
Clare Dow
Sally Lewis
Sylvia McCarty
Kate Thomas

Group 4 (evening)

Trystan & Sandra Hughes *
Emma Breraton
Sarah Goldsmith
James & Ingrid Preston
Anna & Paul Mortimore
Hannah Burch
Alex Kinsey
Justin and Coral Freeman
Fernanda Gray
Rebekka Jones

Group 5 (evening)

Sue Hurrell *
Emma Laing
Sandra Hughes
Ruth Payne
Justine Ryland
Jo Jefford
Michele Browne
Jane Roberts
Flora Samuel

If you would like to join a group, please do let Revd Trystan know.

PRAYERS & VISITING

PRAYER LIST: from now on names will only appear on the list for one month and will then be removed, unless you let the vicar or wardens know otherwise. Please give names of sick or those in need of prayer to Trystan or the wardens, preferably on paper and include your name too.

HOME VISITING: If you, or anyone you know, are unable to attend church due to ill health or an accident, please do let us know. If you would like one of our Pastoral Visiting team to call for a chat, to help, or to give Home Communion, we will arrange it. Please contact Gerald Bradnum on 029 20 751177 or gbradnum@gmail.com

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Name:

Telephone:.....

(Please tick appropriately and hand to a Welcome Team member or the Clergy)

- ☐ I would like to receive a pastoral visit.
- ☐ I would like to receive Communion at home.
- ☐ I would like to be prayed for by the Prayer Team.

What is your prayer request? (optional)

Children's colouring Page

