# Newsletter Christ Church, Roath Park Lake Road North, Cardiff, CF23 5QN

# **Welcome to Christ Church**

Week commencing 16th September 2018

# Sunday 16th September - Trinity 16

8.00am Holy Eucharist

10.00am Parish Eucharist, Funky Church & J-Walkers

6.00pm Evening Service

6.30pm J-Walkers

Monday 17<sup>th</sup> Tuesday 18<sup>th</sup> Thursday 20<sup>th</sup> 7.30pm Keep Fit

2.00pm Good Companions

9.30am Midweek Eucharist

(followed by tea & coffee)

1.30pm Chatterbox

# Sunday 23rd September - Trinity 17

8.00am Holy Eucharist

10.00am Parish Eucharist, Funky Church & J-Walkers

6.00pm Evening Service

6.30pm J-Walkers

### **Trinity 16**

### Collect

O Lord.

we beseech you mercifully to hear the prayers of your people who call upon you; and grant that they may both perceive and know what things they ought to do, and also may have grace and power faithfully to fulfil them; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen

### The first reading is from the Book of Isaiah

The Sovereign Lord has given me a well-instructed tongue, to know the word that sustains the weary.

He wakens me morning by morning,

wakens my ear to listen like one being instructed. The Sovereign Lord has opened my ears; I have not been rebellious,

I have not turned away. I offered my back to those who beat me,

my cheeks to those who pulled out my beard;

I did not hide my face from mocking and spitting.

Because the Sovereign Lord helps me, I will not be disgraced.

Therefore have I set my face like flint, and I know I will not be put to shame. He who vindicates me is near.

Who then will bring charges against me?

Let us face each other!

Who is my accuser? Let him confront me!

It is the Sovereign Lord who helps me. Who will condemn me?

They will all wear out like a garment; the moths will eat them up.

(Isaiah 50: 4-9a)

This is the Word of the Lord Thanks be to God

# Psalm 116 (*Pg.608*)

# Listen to the Gospel of Christ according to Mark Glory to you, O Lord

Jesus and his disciples went on to the villages around Caesarea Philippi. On the way he asked them, 'Who do people say I am?'

They replied, 'Some say John the Baptist; others say Elijah; and still others, one of the prophets.' 'But what about you?' he asked. 'Who do you say I am?' Peter answered, 'You are the Messiah.'

Jesus warned them not to tell anyone about him.

He then began to teach them that the Son of Man must suffer many things and be rejected by the elders, the chief priests and the teachers of the law, and that he must be killed and after three days rise again. He spoke plainly about this, and Peter took him aside and began to rebuke him. But when Jesus turned and looked at his disciples, he rebuked Peter. 'Get behind me, Satan!' he said. 'You do not have in mind the concerns of God, but merely human concerns.'

Then he called the crowd to him along with his disciples and said: 'Whoever wants to be my disciple must deny themselves and take up their cross and follow me. For whoever wants to save their life will lose it, but whoever loses their life for me and for the gospel will save it. What good is it for someone to gain the whole world, yet forfeit their soul?

(Mark 8: 27-36)

# This is the Gospel of the Lord **Praise to you O Christ**

### **Post Communion Prayer**

Almighty God, you have taught us through your Son that love is the fulfilling of the law: grant that we may love you with our whole heart and our neighbours as ourselves; through Jesus Christ our Lord.

#### **Amen**

### Next Sunday's Readings & Rotas

**Eucharist:** Jeremiah 11: 18-20 & Mark 9: 33-37

Reader: Hannah Burch Intercessor: Sue Hurrell

Welcoming Team: Gill Hopkins, Justin & Coral Freeman, Seth Ryland

Coffee: Hilary & Barry Chiles, Pat & Mike Jenkins

**Ministers of Communion:** Angela Foley

(Reserve: Linda Alexander)

### **WEEKLY PRAYERS**

**Sunday:** Pray for the Province of the Episcopal Church of Sudan; for the Parish of Margam; for the Ministers of Communion; for the residents of St Edwen Gardens.

**Thursday:** Pray for the Church in Ibadan, Nigeria; for the Parish of Pyle & Kenfig; for the Welcomers; for the residents of St Tanwg Road.

**Sunday:** Pray for the Anglican Church of Tanzania Mpwapwa: for the Parish of Cilybebyll; for the Pastoral Team; for the residents of St Gowan Avenue

Please also pray for our partner church, St Denys, Lisvane.

For the prayers for the remaining days of the week please see: <a href="www.llandaffchurchinwales.org.uk">www.llandaffchurchinwales.org.uk</a> under Faith Worship & Prayer (the Diocesan Prayer Calendar).

IF YOU FEEL UNABLE TO RECEIVE FROM THE CHALICE, THEN PLEASE RECEIVE THE BREAD ONLY.

### **NOTICES**

**REV'D TRYSTAN RETURNS:** We are delighted that Rev'd Trystan has returned after being off work with his back injury. However, on the orders of his doctors and physiotherapists, he will have a phased return to work. This means from now until Christmas, Rev'd Trystan will only be involved in parts of services, rather than taking whole services. Neither will he be able to take baptisms or funerals. The Pastoral Care Team will cover his visiting. Please understand that he cannot stay standing or

sitting for any period of time, so please forgive him if he has to disappear quickly at times, or has to cut conversations short when he speaks to you. Welcome back Rev'd Trystan.

**EVENING SERVICE:** Please join us for our 6.00pm service this evening. All welcome!

**THURSDAY 9.30am EUCHARIST**: The Eucharist is on the 1<sup>st</sup> and 3<sup>rd</sup> Thursdays of each month. The upcoming dates are on the **20<sup>th</sup> September & 4<sup>th</sup> October.** Tea and coffee are available afterwards.

**FUNERAL FOR MARGARET REES:** The funeral for Margaret Rees will be held on **Tuesday 18 September at 9.45am** in the Briwnant Chapel at **Thornhill Crematorium**. All are warmly invited to join as we mourn the loss and celebrate the life of a dear friend and member of the Christ Church family.

PARK END CHURCH PRAYER WALK: The congregation of Park End Church will be holding a prayer walk around the area on **Wednesday 19** September beginning at Park End Church at **7.00pm.** The walk will conclude with a short worship service (followed by tea) at Park End at 9:00. Members of the Christ Church community are warmly invited to join. For more information please contact Janet Chapman: janetchapman19@hotmail.com

**BRING & BUY COFFEE MORNING:** All are warmly invited to join us at Christ Church on **Saturday 29 September** between **10.00-12.30pm** for a Bring and Buy Coffee Morning. Helpers for the morning would be warmly welcomed, as would be contributions of fruit, vegetables, cakes, plants, etc. All proceeds will go toward the cost of the new church hall. Tickets for the event are £2. Please speak to Shirley Davies for tickets and further info.

**WAVE OF LIGHT SERVICE:** Christ Church will be holding a Wave of Light Service during Baby Loss Awareness Week on **9 October at 7.00pm** to remember little ones lost at any stage of pregnancy, birth, or infancy. If you know of anyone who might benefit from this service, please do pass along the time/date of service.

**HARVEST SUPPER:** All are very warmly invited to join us on **14 October at 5:00pm** for our bring-and-share Harvest Supper. It will be a wonderful occasion for food and fellowship as a community, followed by a short closing act of worship. Please speak with Ann or Shirley about what to bring (mains, sides, drinks, and desserts are all warmly welcomed!).

**CHRIST CHURCH SOCIETY**: "Never Play Leapfrog with a Unicorn" An amusing talk by Dave Kitchen, **Wednesday 10<sup>th</sup> October at 7.30pm** in the Church Hall, with buffet and refreshments, £5. Sign up sheet on the notice board in the Church Porch.

**ELECTORAL ROLL:** If you consider Christ Church your home church, then we would love to include you on our church members list, known as the Electoral Roll. You can be on the electoral roll whether you attend services regularly or infrequently. Being on the electoral roll helps show the diocese how well supported Christ Church is. Application forms for inclusion on the Electoral Roll, together with details printed on the back, are available at the entrance to the Church. After you have filled in the form place it in the receptacle provided. David Alexander, Electoral Roll Officer. Any questions about the Electoral Roll, please speak to David, Revd Trystan, or Revd Jordan.

**GOOD COMPANIONS – DRIVERS NEEDED:** The Good Companions group is in need of additional drivers for 2pm and/or 4pm. Offers for help on a weekly, fortnightly, or monthly basis would be sincerely appreciated. Please contact Val for more information: 02920 747021.

**UNWANTED TOILETRIES:** The Good Companions are collecting any unwanted toiletries; these will be offered to emergency patients at the Heath Hospital who often have no personal items or money with them when they are admitted. Should anyone have any unopened toiletries which they would be happy to donate, please pass them on to Val (02920 747021).

**YOUR CHOIR NEEDS YOU:** We have vacancies for all voice parts: soprano, alto, tenor and bass. Please talk to Julie Waller (07790 452722) or turn up to join us at Thursday evening rehearsals 6.30pm- 8pm where you will receive a warm welcome.

**CHURCH OPEN FOR PRAYER:** Please note that in future the church will be open for private prayer on the **first Wednesday** of each month, 10am to 12 noon. The next date will be the **October 3<sup>rd</sup>**.

**COLLECTION:** If you prefer to give a weekly cash contribution during the various services, and you are a UK Tax payer, then there are envelopes in the pews to enable us to reclaim tax. Please do use an envelope, as, at the moment, this equates to an extra 25p for each £1 you give.

# NEW HALL PROJECT TARGET £100,000

Our Planning Application has been submitted. We are getting closer to the long held dream of a NEW HALL so we need to redouble our fund raising efforts to make it a reality.

# SOME OF THE IDEAS BELOW ARE ALREADY BEING UNDERTAKEN BUT ALL NEED YOUR SUPPORT

**OLD POUND COINS:** We are collecting old pound coins for the Church Hall Appeal. If anyone has some please put them in the box in the entrance or into the collection bags. THANKS Linda Alexander

**CAKE MAKING** - cakes always sell!

### **MUSIC CONCERTS**

**SCRAP GOLD**: Shirley Davies is still collecting scrap gold - broken chains, odd earrings and similar. Any gold item you no longer want can be added to the pile, which has already raised over £300! Please continue to support.

**FRESH VEGETABLES:** varied allotment produce and homemade preserves etc often available after the 10 am Sunday service in the Church Hall. Claire and Val.

**JAM JARS** – many thanks to all those who supply me with jam jars. I have a surplus of larger ones at present but will always welcome **small jam jars, 227g/8oz size and under.** Claire Edwards

**GREETING CARDS:** for birthday and special occasions - available in the Church Hall after the 10am service, in the Church Porch and often on Tuesday afternoons at Good Companions. Funds will support the New Church Hall project at Christ Church. Contact Shirley Davies if more information needed.

**CROSS IN MY POCKET:** These handmade embroidered crosses are ideal to keep in your phone case/purse/wallet or would make ideal gifts to pop in a birthday card. There is a plentiful supply in the church porch in all the colours of the rainbow: a donation of £1 will go towards the hall. Many thanks.

If anyone has any ideas, however big or small, to raise money for the exciting New Hall project, please share them! Thank you all for your continued support.

Notices for the Newsletter should be given to Denise Searle, tel. 029 20763151; Email <a href="mailto:info@christchurchcardiff.co.uk">info@christchurchcardiff.co.uk</a> or left in the church letter box. Deadline is Wednesday morning

In the event of an EMERGENCY please leave by the nearest exit and assemble by the walled garden at the front of the car park.

### **CHRIST CHURCH HAS BOTH FACEBOOK AND TWITTER**

please check them out and "like" and follow them for up to date church information on services and events

www.facebook.com/christchurchcardiff

www.twitter.com/ChristChCardiff

### **PARISH INFORMATION**

Vicar: Revd Trystan Hughes Tel: 029 20758588

Mob for emergencies: 07976523634 <a href="mailto:trystanhughes@churchinwales.org.uk">trystanhughes@churchinwales.org.uk</a>

Curate: Revd Jordan Hillebert Tel: 079 36288330

Jordan.hillebert@stpadarns.ac.uk Parish Office: 029 20763151 -

open Mon & Weds 9.30am to 12.30pm

Churchwardens: Haydn Hopkins 029 20621280 or

07970 079797

**Colin Francis:** 029 20751773

Parish Website: www.christchurchcardiff.co.uk info@christchurchcardiff.co.uk



## <u>ConneXion Groups (\*-coordinators)</u> <u>ConneXion groups meet once a month</u>

Our ConneXion Groups meet once-a-month to discuss, socialise, learn, and have fun. Interested in joining one of them? Please do talk to Revd Trystan or email him on trystanhughes@churchinwales.org.uk

### **Group 1 (daytime)**

Val Jones\*
Isabel Santore
Glenys Nettleton
Audrey Lewis
Margaret Griffiths
George Cable
Nadia Bunston
Liz Reid
Carol Rudram

#### Group 2 (evening)

Haydn and Jill Hopkins \*
Julie Waller
Jane Song
Claire Edwards
John and Margaret Griffiths
Julia Matthews
Mark Hamber
Hannah Burch
Mary Payne
Jane Hexter
Gwilym Roberts
Hilary Chiles
Rev'd Jordan Hillebert

If you would like to join a group, please do let Revd Trystan know.

#### Group 3 (evening)

Linda Alexander \*
David Alexander
Chris Vokes
Derek Burston
Elizabeth Burston
Siu Chan
Gill Barker
Clare Dow
Sally Lewis
Sylvia McCarty
Kate Thomas

#### Group 4 (evening)

Trystan & Sandra Hughes \*
Emma Breraton
Sarah Goldsmith
James & Ingrid Preston
Anna & Paul Mortimore
Hannah Burch
Alex Kinsey
Justin and Coral Freeman
Fernanda Gray
Rebekka Jones

### Group (evening)

Sue Hurrell \*
Emma Laing
Sandra Hughes
Ruth Payne
Justine Ryland
Jo Jefford
Michele Browne
Jane Hexter

### **PRAYERS & VISITING**

**PRAYER LIST**: from now on names will only appear on the list for one month and will then be removed, unless you let the vicar or wardens know otherwise. Please give names of sick or those in need of prayer to Trystan or the wardens, preferably on paper and include your name too.

**HOME VISITING**: If you, or anyone you know, are unable to attend church due to ill health or an accident, please do let us know. If you would like one of our Pastoral Visiting team to call for a chat, to help, or to give Home Communion, we will arrange it. Please contact Gerald Bradnum on 029 20 751177 or <a href="mailto:gbradnum@qmail.com">gbradnum@qmail.com</a>

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Name:
Telephone:
(Please tick appropriately and hand to a Welcome Team member or the Clergy)
<ul><li>□ I would like to receive a pastoral visit.</li><li>□ I would like to receive Communion at home.</li><li>□ I would like to be prayed for by the Prayer Team.</li></ul>
What is your prayer request? (optional)

# Children's colouring Page

