

Welcome to Christ Church

Week commencing 19th August 2018

Sunday 19th August – Trinity 12

8.00am Holy Eucharist

10.00am Parish Eucharist

6.00pm Evening Service

Monday 20th

**1.30pm The Funeral of the Late
Wilf Ingamells**

Sunday 26th August – Trinity 13

8.00am Holy Eucharist

10.00am Parish Eucharist

6.00pm Evening Service

Trinity 12

Collect

Almighty and everlasting God,
you are always more ready to hear than we to pray
and to give more than either we desire or deserve:
pour down upon us the abundance of your mercy,
forgiving us those things of which our conscience is afraid
and giving us those good things which we are not worthy to ask
but through the merits and mediation
of Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen**

The first reading is from the first Book of Proverbs

Wisdom has built her house;
she has set up its seven pillars.
She has prepared her meat and mixed her wine;
she has also set her table.
She has sent out her servants, and she calls
from the highest point of the city,
'Let all who are simple come to my house!'
To those who have no sense she says,
'Come, eat my food
and drink the wine I have mixed.
Leave your simple ways and you will live;
walk in the way of insight.'
(Proverbs 9: 1-6)

This is the Word of the Lord
Thanks be to God

Psalm 34: 9-14 (Pg.485)

Listen to the Gospel of Christ according to John
Glory to you, O Lord

Jesus said 'I am the living bread that came down from heaven. Whoever eats this bread will live for ever. This bread is my flesh, which I will give for the life of the world.' Then the Jews began to argue sharply among themselves, 'How can this man give us his flesh to eat?'

Jesus said to them, 'Very truly I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Whoever eats my flesh and drinks my blood has eternal life, and I will raise them up at the last day. For my flesh is real food and my blood is real drink. Whoever eats my flesh and drinks my blood remains in me, and I in them. Just as the living Father sent me and I live because of the Father, so the one who feeds on me will live because of me. This is the bread that came down from heaven. Your ancestors ate manna and died, but whoever feeds on this bread will live for ever.'

(John 6: 51-58)

This is the Gospel of the Lord
Praise to you O Christ

Post Communion Prayer

God of compassion,
in this eucharist you have set aside our sins
and given us your healing:
grant that we who are made whole in Christ
may bring that healing to this broken world,
in the name of Jesus Christ our Lord.

Amen

Next Sunday's Readings & Rotas

Eucharist: Joshua 24: 1-2a; 14-18 & John 6: 56-69

Reader: Justine Ryland

Intercessor: Adrian Wilson

Welcoming Team: Chris Langmaid, Malcolm & Mary Rayner, Chris Ward

Coffee: Malcolm & Mary Rayner, Justin & Coral Freeman

Ministers of Communion: Colin Francis

(Reserve: Emma Laing)

WEEKLY PRAYERS

Sunday: Pray for the Church of South India (United); for the Deanery of Penarth & Barry; for the Cardiff Food Bank; for the residents of St Ina Road.

Thursday: Pray for the Church in Gahini, Rwanda; for the Parish of St Fagans & Michaelston-super-Ely; for Rev'd Trystan our Vicar and his family; for the residents of St Malo Road.

Sunday: Pray for the Anglican Church of Southern Africa; for the Parish of St Andrews Major & Michaelston-le-Pit; for Rev'd Jordan and his family; for the residents of St Cadoc Road.

Please also pray for our partner church, St Denys, Lisvane.

For the prayers for the remaining days of the week please see: www.llandaffchurcheinwales.org.uk under Faith Worship & Prayer (the Diocesan Prayer Calendar).

IF YOU FEEL UNABLE TO RECEIVE FROM THE CHALICE, THEN PLEASE RECEIVE THE BREAD ONLY.

NOTICES

WELCOME: With our vicar, Revd Trystan, still recovering from his back injury, this Sunday we welcome Rev Canon Richard Lowndes (Llandaff Director of Mission and Ministry) who is celebrating at the 8am communion and the Very Rev Gerwyn Capon (Dean of Llandaff Cathedral) who is celebrating at the 10am communion. We are very grateful to them both for being with us today.

EVENING SERVICE: Please join us for our 6.00pm service this evening. All welcome!

WILF INGAMELLS: Sadly, our dear friend and long-serving member of the congregation, Wilf Ingamells, passed away suddenly on 27 July. Please keep his children, Sally and Carl, in your prayers. The funeral is taking place at Christ Church tomorrow, **Monday the 20th August at 1.30pm**. All are warmly invited to join as we mourn Wilf's passing and celebrate his life.

FUNKY CHURCH/J-WALKERS: Please note, there will be no Funky Church or J-Walkers during the school holidays. Instead, we are providing a range of puzzles, books and pencil/paper activities in the children's area.

AUGUST NEWSLETTER: Free copies of the Christ Church August newsletter are now available in the church porch.

THURSDAY 9.30am EUCHARIST: The Eucharist is on the 1st and 3rd Thursdays of each month. The upcoming dates are on the **6th & 20th September**. Tea and coffee are available afterwards.

ELECTORAL ROLL: If you consider Christ Church your home church, then we would love to include you on our church members list, known as the Electoral Roll. You can be on the electoral roll whether you attend services regularly or infrequently. Being on the electoral roll helps show the diocese how well supported Christ Church is. Application forms for inclusion on the Electoral Roll, together with details printed on the back, are available at the entrance to the Church. After you have filled in the form place it in the receptacle provided. David Alexander, Electoral Roll Officer. Any questions about the Electoral Roll, please speak to David, Revd Trystan, or Revd Jordan.

GOOD COMPANIONS – DRIVERS NEEDED: The Good Companions group is in need of additional drivers for 2pm and/or 4pm. Offers for help on a weekly, fortnightly, or monthly basis would be sincerely appreciated. Please contact Val for more information: 02920 747021.

UNWANTED TOILETRIES: The Good Companions are collecting any unwanted toiletries; these will be offered to emergency patients at the Heath Hospital who often have no personal items or money with them when they are admitted. Should anyone have any unopened toiletries which they would be happy to donate, please pass them on to Val (02920 747021).

YOUR CHOIR NEEDS YOU: We have vacancies for all voice parts: soprano, alto, tenor and bass. Please talk to Julie Waller (07790 452722) or turn up to join us at Thursday evening rehearsals 6.30pm- 8pm where you will receive a warm welcome.

CHURCH OPEN FOR PRAYER: Please note that in future the church will be open for private prayer on the **first Wednesday** of each month, 10am to 12 noon. The next date will be the 5th September.

COLLECTION: If you prefer to give a weekly cash contribution during

the various services, and you are a UK Tax payer, then there are envelopes in the pews to enable us to reclaim tax. Please do use an envelope, as, at the moment, this equates to an extra 25p for each £1 you give.

**NEW HALL PROJECT
TARGET £100,000**

Our Planning Application has been submitted. We are getting closer to the long held dream of a NEW HALL so we need to redouble our fund raising efforts to make it a reality.

**SOME OF THE IDEAS BELOW ARE ALREADY BEING UNDERTAKEN
BUT ALL NEED YOUR SUPPORT**

OLD POUND COINS: We are collecting old pound coins for the Church Hall Appeal. If anyone has some please put them in the box in the entrance or into the collection bags. THANKS Linda Alexander

CAKE MAKING - cakes always sell!

MUSIC CONCERTS

SCRAP GOLD: Shirley Davies is still collecting scrap gold - broken chains, odd earrings and similar. Any gold item you no longer want can be added to the pile, which has already raised over £300! Please continue to support.

FRESH VEGETABLES: varied allotment produce and homemade preserves etc often available after the 10 am Sunday service in the Church Hall. Claire and Val.

GREETING CARDS: for birthday and special occasions - available in the Church Hall after the 10am service, in the Church Porch and often on Tuesday afternoons at Good Companions. Funds will support the New Church Hall project at Christ Church. Contact Shirley Davies if more information needed.

CROSS IN MY POCKET: These handmade embroidered crosses are ideal to keep in your phone case/purse/wallet or would make ideal gifts to pop in a birthday card. There is a plentiful supply in the church porch in all the colours of the rainbow: a donation of £1 will go towards the hall. Many thanks.

If anyone has any ideas, however big or small, to raise money for the exciting New Hall project, please share them! Thank you all for your continued support.

Notices for the Newsletter should be given to Denise Searle, tel. 029 20763151; Email info@christchurchcardiff.co.uk or left in the church letter box. Deadline is Wednesday morning

In the event of an EMERGENCY please leave by the nearest exit and assemble by the walled garden at the front of the car park.

CHRIST CHURCH HAS BOTH FACEBOOK AND TWITTER

please check them out and "like" and follow them for up to date church information on services and events

www.facebook.com/christchurchcardiff

www.twitter.com/ChristChCardiff

PARISH INFORMATION

Vicar: Revd Trystan Hughes Tel: 029 20758588

Mob for emergencies: 07976523634

trystanhughes@churcheinwales.org.uk

Curate: Revd Jordan Hillebert Tel: 079 36288330

Jordan.hillebert@stpadarns.ac.uk

Parish Office: 029 20763151 –

open Mon & Weds 9.30am to 12.30pm

**Churchwardens: Haydn Hopkins 029 20621280 or
07970 079797**

Colin Francis: 029 20751773

Parish Website: www.christchurchcardiff.co.uk

Email: info@christchurchcardiff.co.uk

ConneXion Groups (*-coordinators)
ConneXion groups meet once a month

Our ConneXion Groups meet once-a-month to discuss, socialise, learn, and have fun. Interested in joining one of them? Please do talk to Revd Trystan or email him on trystanhughes@churchinwales.org.uk

Group 1 (daytime)

Val Jones*
Isabel Santore
Glenys Nettleton
Audrey Lewis
Margaret Griffiths
George Cable
Nadia Bunston
Liz Reid
Carol Rudram

Group 2 (evening)

Haydn and Jill Hopkins *
Julie Waller
Jane Song
Claire Edwards
John and Margaret Griffiths
Julia Matthews
Mark Hamber
Hannah Burch
Mary Payne
Jane Hexter
Gwilym Roberts
Hilary Chiles
Rev'd Jordan Hillebert

Group 3 (evening)

Linda Alexander *
David Alexander
Chris Vokes
Derek Burston
Elizabeth Burston
Siu Chan
David Greenman
Gill Barker
Clare Dow

Group 4 (evening)

Trystan & Sandra Hughes *
Emma Breraton
Sarah Goldsmith
James & Ingrid Preston
Anna & Paul Mortimore
Hannah Burch
Alex Kinsey
Justin and Coral Freeman
Fernanda Gray
Rebekka Jones

Group (evening)

Sue Hurrell *
Emma Laing
Sandra Hughes
Ruth Payne
Justine Ryland
Jo Jefford
Michele Browne
Jane Hexter
Flora Samuel

If you would like to join a group, please do let Revd Trystan know.

PRAYERS & VISITING

PRAYER LIST: from now on names will only appear on the list for one month and will then be removed, unless you let the vicar or wardens know otherwise. Please give names of sick or those in need of prayer to Trystan or the wardens, preferably on paper and include your name too.

HOME VISITING: If you, or anyone you know, are unable to attend church due to ill health or an accident, please do let us know. If you would like one of our Pastoral Visiting team to call for a chat, to help, or to give Home Communion, we will arrange it. Please contact Gerald Bradnum on 029 20 751177 or gbradnum@gmail.com

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Name:

Telephone:.....

(Please tick appropriately and hand to a Welcome Team member or the Clergy)

- I would like to receive a pastoral visit.
- I would like to receive Communion at home.
- I would like to be prayed for by the Prayer Team.

What is your prayer request? (optional)

Children's colouring Page

Give us this Day
Our Daily Bread

