

Welcome to Christ Church

Week commencing 11th February 2018

Sunday 11th February – Sunday before Lent:

Transfiguration Sunday

8.00am Holy Eucharist

10.00am Parish Eucharist, First Communion, Funky Church & J-Walkers

6.00pm Evening Worship

6.45pm J-Walkers

Monday 12

1.00pm Funeral of the Late Nancy Eyre

7.30pm Keep Fit

Tuesday 13

2.00pm Good Companions

Wednesday 14

1.00pm Funeral of the Late Dorothy Moore

7.00pm Ash Wednesday Communion

Thursday 15

9.30am Midweek Eucharist

(followed by tea & coffee)

1.30pm Chatterbox

7.30pm Christian Mindfulness

Sunday 18th February – 1st Sunday of Lent

8.00am Holy Eucharist

10.00am Parish Eucharist, Funky Church & J-Walkers

6.00pm Lent talk at St Denys

6.45pm J-Walkers

Sunday before Lent: Transfiguration Sunday

Collect

Almighty Father,
whose Son was revealed in majesty
before he suffered death upon the cross:
give us grace to perceive his glory,
that we may be strengthened to suffer with him
and be changed into his likeness, from glory to glory;
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen**

The first reading is from the Book of Corinthians

This is the Word of the Lord
Thanks be to God

And even if our gospel is veiled, it is veiled to those who are perishing. The god of this age has blinded the minds of unbelievers, so that they cannot see the light of the gospel that displays the glory of Christ, who is the image of God. For what we preach is not ourselves, but Jesus Christ as Lord, and ourselves as your servants for Jesus' sake. For God, who said, 'Let light shine out of darkness,' made his light shine in our hearts to give us the light of the knowledge of God's glory displayed in the face of Christ.

(2 Corinthians 4: 3-6)

This is the Word of the Lord
Thanks be to God

Psalm 50: 1-6 (Pg.510)

Listen to the Gospel of Christ according to Mark
Glory to you, O Lord

After six days Jesus took Peter, James and John with him and led them up a high mountain, where they were all alone. There he was transfigured before them. His clothes became dazzling white, whiter than anyone in the world could bleach them. And there appeared before them Elijah and Moses, who were talking with Jesus. Peter said to Jesus, 'Rabbi, it is good for us to be here. Let us put up three shelters – one for you, one for Moses and one for Elijah.' (He did not know what to say, they were so frightened.) Then a cloud appeared and covered them, and a voice came from the cloud: 'This is my Son, whom I love. Listen to him!' Suddenly, when they looked around, they no longer saw anyone with them except Jesus. As they were coming down the mountain, Jesus gave them orders not to tell anyone what they had seen until the Son of Man had risen from the dead.

(Mark 9: 2-9)

This is the Gospel of the Lord
Praise to you O Christ

Post Communion Prayer

Holy God,
we see your glory in the face of Jesus Christ:
may we who are partakers at his table
reflect his life in word and deed,
that all the world may know his power to change and save.
This we ask through Jesus Christ our Lord
Amen

Next Sunday's Readings & Rotas

Eucharist: Genesis 9: 8-17 & Mark 1: 9-15

Reader: Judith Hill

Intercessor: Julie Waller

Welcoming Team: Claire Edwards, Len Bowker,
Gerald Bradnum, Caryl Roach

Coffee: James & Posy Akande, Derek & Liz Burston

Ministers of Communion: Gerald Bradnum

(Reserve: Angela Foley)

WEEKLY PRAYERS

Sunday: Pray for the Anglican Church of Canada; for the Archdeaconry of Morgannwg; for the church cleaners; for the residents of Leven Close.

Thursday: Pray for the Church in Awgu/Aninri, Niger; for the Parish of Abercynon; for the Paradise Food Run; for the residents of Padarn Close.

Sunday: Pray for the Church of the Province of Central Africa; for the Parish of Cwmbach; for the Cardiff Foodbank; for the residents of Duffryn Avenue.

Please also pray for our partner church, St Denys, Lisvane.

For the prayers for the remaining days of the week please see: www.llandaffchurchinwales.org.uk under Faith Worship & Prayer (the Diocesan Prayer Calendar).

The full list of parish streets to pray for will be posted on Christ Church's website in the coming weeks.

IF YOU FEEL UNABLE TO RECEIVE FROM THE CHALICE, THEN PLEASE RECEIVE THE BREAD ONLY.

NOTICES

CONGRATULATIONS: Many congratulations to Hannah, Olivia, Siwan, and Sophia on taking their first communion today. The tradition of taking communion after confirmation started in the nineteenth century. Before that, in the Anglican tradition, children were prepared for taking communion around the age of eight years old. The Church in Wales is slowly returning to this practice, as it is seen to be more in line with tradition and with the New Testament, where whole families took communion when they were baptised into the Church. The children who are taking their first holy communion today have been prepared by attending lessons on the importance of the sacrament of communion. It is a great pleasure for us to welcome them to take part in our family meal today.

EVENING SERVICE: Please join us for our evening Taize worship at Christ Church, 6pm this evening, led by Hannah Burch. All welcome!

ASH WEDNESDAY COMMUNION: Ash Wednesday is the beginning of Lent, and to mark this we are holding a special Eucharist. Come along to the Church on Wednesday (14 February) for a 7pm start. It will be a reflective service and will include the opportunity to be marked with ash in the sign of the cross.

CHRISTIAN MINDFULNESS MEDITATION: Why not come along to the last free session of Christian Mindfulness, led by Revd Trystan. Christian Meditation is a form of contemplative prayer that has been practiced since the desert monks of the early church. Do come along to discover more – at the church 7.30-8.30pm this coming Thursday (15 February 2018). All welcome!

NANCY EYRE: Nancy's funeral will take place tomorrow, Monday 12 February at 1pm here at Christ Church. This will be followed by a short service of committal at the Crematorium at 2.15pm. There will then be refreshments at our church hall. All are welcome and it would be lovely to see support from Christ Church for this special longstanding member of our congregation.

DOROTHY MOORE: Dorothy's funeral will take place on Wednesday 14 February at 3pm here at Christ Church. All are welcome and it would be lovely to see support from Christ Church for another special longstanding member of our congregation.

BISHOP JUNE'S LENT BOOK: Bishop June's recommended Lent reading this year is Revd Trystan's *Living the Prayer: The Everyday Challenge of the Lord's Prayer*. If you would like to purchase a book or two, then we are keeping to the special launch prices into Lent – discounted from £7.99 to £6 and reduced further to £10 for two copies. Please speak to Claire Edwards ced45@btinternet.com or Haydn Hopkins, our warden, if you would like to buy copies.

THANK YOU: Having taken over the cards from Norma with friends I now know what a huge thank you we owe her. It is very time consuming and so much money raised for charity. Thank you Norma for all your dedication and hard work over many years.

CRIME PREVENTION ROADSHOW: This is being held at Christ Church on Tuesday 27 February between 11am and 2pm and there will be lots of information to help you keep safe. All welcome!

ELECTORAL ROLL: If you have fairly recently begun attending Christ Church you may be entitled for inclusion on the church Electoral Roll. This enables you to vote and stand in the Church elections. Application forms for inclusion on the Electoral Roll, together with details printed on the back, are available at the entrance to the Church. After you have filled in the form place it in the receptacle provided. David Alexander, Electoral Roll Officer.

GALA DINNER: We will be holding a special fund-raising dinner, with entertainment by local band Graffiti, at Cardiff Golf Club on the evening of Friday 9 March. Tickets are on sale very soon – please do put this date in your diary and speak to Fernanda Gray or Linda Alexandra to buy your ticket. This is an exciting black-tie event that has the potential to make a good amount for the church hall, so it would be great if you could consider supporting it. Thank you.

CHURCH FLOWERS: Sadly, the number of people on our rota this year has fallen again, and there are gaps to fill, so I'm asking for volunteers to help us. We're happy to hear from anyone who's prepared to help- either providing a vase of flowers at the altar or producing an arrangement. Please call Sylvia on 02920408265 or email roy.syl@ntlworld.com

CHRIST CHURCH RECIPE COLLECTION – MEMORABLE MEALS

WE'VE KNOWN: Calling out to all cooks, amateur chefs and foodies... I am collecting recipes for a collection of Christ Church recipes, to raise funds for the new church hall. Please let me have any asap – chat to me after church or email me on julie.waller@btinternet.com If you don't want to share a recipe, how about contributing a particular memory about a dish or meal? Again, please do email me or talk to me after church one Sunday.

THE CROSS IN MY POCKET: Thelma Tagg has made more and they are now available in the Porch. They are small enough to pop into the post to send to distant friends and of course into your own pocket. A donation of £1 will go to Church funds.

WINGS: (<https://www.tavscardiff.org/wings/>) is an initiative offering a helping hand to vulnerable adults who are struggling to become a part of the communities they are in. It is run by Christian volunteers in partnership with official agencies who provide the introduction to contacts. Volunteers are trained and activities monitored, so that the work will remain safe and effective. No specialist skills are needed as these are provided by the official agencies. If you have an hour or two free most weeks and want to show the love of Jesus to those struggling around you, then this may be ideal for you. If you're interested, email Wings at wings@tavscardiff.org or contact Richard Rogers on 07530 849777 and we'll take it from there.

SABBATICAL: We are delighted for Revd Trystan who has been awarded a three-month sabbatical break for writing and retreat. He will be away for April, May, and June 2018.

GOOD COMPANIONS – DRIVERS NEEDED: The Good Companions group is in need of additional drivers for 2pm and/or 4pm. Offers for help on a weekly, fortnightly, or monthly basis would be sincerely appreciated. Please contact Val for more information: 02920 747021.

UNWANTED TOILETRIES: The Good Companions are collecting any unwanted toiletries; these will be offered to emergency patients at the Heath Hospital who often have no personal items or money with them when they are admitted. Should anyone have any unopened toiletries which they would be happy to donate, please pass them on to Val (02920 747021).

YOUR CHOIR NEEDS YOU: We have vacancies for all voice parts: soprano, alto, tenor and bass. Please talk to Julie Waller (07790 452722) or turn up to join us at Thursday evening rehearsals 6.30pm- 8pm where you will receive a warm welcome.

THURSDAY 9.30am EUCHARIST: The Eucharist is on 1st and 3rd Thursday of each month. There is tea and coffee afterwards. Numbers are growing, so come and join us!

The upcoming dates are: **15th February & 1st March**

CHURCH OPEN FOR PRAYER: Please note that in future the church will be open for private prayer on the **first Wednesday** of each month, 10am to 12 noon. The next date will be the 7th of March.

FAIR TRADE: Can you help with setting up and manning the Fair Trade stall, which is in the church once every month? We need help, for this important venture to continue. If you can offer your help in any way, please speak to Nick and Penny Goss or to Revd Trystan.

CONNEXION GROUPS: Our ConneXion Groups meet once-a-month to discuss, socialise, learn, and have fun. Interested in joining one of them? Please do talk to Revd Trystan or email him on trystanhughes@churcheinwales.org.uk

COLLECTION: If you prefer to give a weekly cash contribution during the various services, and you are a UK Tax payer, then there are envelopes in the pews to enable us to reclaim tax. Please do use an envelope, as, at the moment, this equates to an extra 25p for each £1 you give.

NEW HALL PROJECT TARGET £100,000

Our Planning Application has been submitted. We are getting closer to the long held dream of a NEW HALL so we need to redouble our fund raising efforts to make it a reality.

**SOME OF THE IDEAS BELOW ARE ALREADY BEING UNDERTAKEN
BUT ALL NEED YOUR SUPPORT**

OFFER OF TALENTS

CAKE MAKING - cakes always sell!

MUSIC CONCERTS -see Viola Concert notice above.

SCRAP GOLD - Shirley Davies has already raised £77 and continues to collect.

HOME MADE MARMALADES: These will be available soon – look out for them from mid-Jan-Val Jones has been making lemon marmalade whilst Claire Edwards will make Seville orange marmalade as soon as the oranges appear in the shops!

If anyone has any ideas, however big or small, to raise money for the exciting New Hall project, please share them! Thank you all for your continued support.

Notices for the Newsletter should be given to Denise Searle, tel. 029 20763151; Email info@christchurchcardiff.co.uk or left in the church letter box. Deadline is Wednesday morning

In the event of an EMERGENCY please leave by the nearest exit and assemble by the walled garden at the front of the car park.

CHRIST CHURCH HAS BOTH FACEBOOK AND TWITTER

please check them out and “like” and follow them for up to date church information on services and events

www.facebook.com/christchurchcardiff

www.twitter.com/ChristChCardiff

PARISH INFORMATION

Vicar: Revd Trystan Hughes Tel: 029 20758588

Mob for emergencies: 07976523634

trystanhughes@churcheinwales.org.uk

Curate: Revd Jordan Hillebert Tel: 079 36288330

Jordan.hillebert@stpadarns.ac.uk

Parish Office: 029 20763151 – open Mon & Weds

9.30am to 12.30pm

Churchwardens: Haydn Hopkins 029 20621280

Colin Francis: 029 20751773

Parish Website: www.christchurchcardiff.co.uk

Email: info@christchurchcardiff.co.uk

ConneXion Groups (*-coordinators)
ConneXion groups meet once a month

Group 1 (daytime)

Val Jones*
Isabel Santore
Peggy Ingamells
Wilf Ingamells
Glenys Nettleton
Audrey Lewis
Margaret Griffiths
George Cable
Nadia Bunston
David Greenman

Group 2 (evening)

Haydn and Jill Hopkins *
Julie Waller
Jane Song
Claire Edwards
John and Margaret Griffiths
Julia Matthews
Mark Hamber
Hannah Burch
Mary Payne
Jane Hexter
Gwilym Roberts
Hilary Chiles
Rev'd Jordan Hillebert

Group 3 (evening)

Linda Alexander *
David Alexander
Chris Vokes
Derek Burston
Elizabeth Burston
Colin Francis
Siu Chan
David Greenman
Gill Barker
Clare Dow

Group 4 (evening)

Trystan & Sandra Hughes *
Emma Breraton
Sarah Goldsmith
James & Ingrid Preston
Anna & Paul Mortimore
Hannah Burch
Alex Kinsey
Justin and Coral Freeman
Fernanda Gray
Rebekka Jones

Group (evening)

Sue Hurrell *
Emma Laing
Sandra Hughes
Ruth Payne
Justine Ryland
Jo Jefford
Michele Browne
Jane Hexter
Flora Samuel

***If you would like to join a
group, please do let Revd
Trystan know.***



**Calm your mind with
Christian Mindfulness Meditation**

Free five-week course

Starts 18 January 2018

Thursdays 7.30-8.30pm

Christ Church, Roath Park

All welcome

CHRIST CHURCH FUND RAISING

Gala Dinner

Friday 9th March
7.00pm
At Cardiff Golf Club

**DANCING
TO
LIVE BAND
"GRAFFITI"**

**GALA
AUCTION**

**This sparkling event is to raise funds to
help build our new community hall**

Black Tie & Evening Dress

TICKETS £25

Tel: 02920 763151 or
Email : info@christchurchcardiff.co.uk

The poster features a dark blue background with a decorative border of gold and white sparkles. The text is primarily in white and gold, with the main title 'Gala Dinner' in a large, elegant, gold-colored font. The event details, including the date, time, and location, are presented in a bold, white sans-serif font. The overall design is festive and celebratory.

PRAYERS & VISITING

PRAYER LIST: from now on names will only appear on the list for one month and will then be removed, unless you let the vicar or wardens know otherwise. Please give names of sick or those in need of prayer to Trystan or the wardens, preferably on paper and include your name too.

HOME VISITING: If you, or anyone you know, are unable to attend church due to ill health or an accident, please do let us know. If you would like one of our Pastoral Visiting team to call for a chat, to help, or to give Home Communion, we will arrange it. Please contact Gerald Bradnum on 029 20 751177 or gbradnum@gmail.com

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Name:

Telephone:.....

(Please tick appropriately and hand to a Welcome Team member or the Clergy)

- I would like to receive a pastoral visit.
- I would like to receive Communion at home.
- I would like to be prayed for by the Prayer Team.

What is your prayer request? (optional)

Children's Colouring Page



**Then Jesus went back to heaven
to make a home for his followers.**