

## Welcome to Christ Church

Week commencing 28<sup>th</sup> January 2018

### **Sunday 28<sup>th</sup> January – Epiphany 4**

**8.00am Holy Eucharist**

**10.00am Parish Eucharist, Funky Church & J-Walkers**

**12.00noon First Communion Session**

**6.00pm Evening Service**

**6.45pm J-Walkers**

**Monday 29**

**7.30pm Keep Fit**

**Tuesday 30**

**2.00pm Good Companions**

**Thursday 1**

**9.30am Midweek Eucharist**

***(followed by tea and coffee)***

**1.30pm Chatterbox**

**7.30pm Christian Mindfulness**

### **Sunday 4<sup>th</sup> February – 2<sup>nd</sup> Sunday before Lent:**

#### **Creation Sunday**

**8.00am Holy Eucharist**

**10.00am Family Service**

**12.00noon First Communion Session**

**6.00pm Evening Worship**

**6.45pm J-Walkers**

## 4<sup>th</sup> Sunday of Epiphany

### Collect

Creator God,  
who in the beginning  
commanded the light to shine out of darkness:  
we pray that the light of the glorious gospel of Christ  
may dispel the darkness of ignorance and unbelief,  
shine into the hearts of all your people,  
and reveal the knowledge of your glory  
in the face of Jesus Christ your Son our Lord,  
who is alive and reigns with you  
and the Holy Spirit,  
one God, now and for ever. **Amen**

### The first reading is from the Epistle of James

Speak and act as those who are going to be judged by the law that gives freedom, because judgment without mercy will be shown to anyone who has not been merciful. Mercy triumphs over judgment. What good is it, my brothers and sisters, if someone claims to have faith but has no deeds? Can such faith save them? Suppose a brother or a sister is without clothes and daily food. If one of you says to them, ~~Go in peace~~Keep warm and well fed, but does nothing about their physical needs, what good is it? In the same way, faith by itself, if it is not accompanied by action, is dead. But someone will say, ~~You have faith~~I have deeds. Show me your faith without deeds, and I will show you my faith by my deeds.

This is the Word of the Lord  
**Thanks be to God**

*(James 2:12-18)*

This is the Word of the Lord  
**Thanks be to God**

**Psalm 111 (Pg.603)**

Listen to the Gospel of Christ according to Mark  
**Glory to you, O Lord**

Jesus sat down opposite the place where the offerings were put and watched the crowd putting their money into the temple treasury. Many rich people threw in large amounts. But a poor widow came and put in two very small copper coins, worth only a few pence. Calling his disciples to him, Jesus said, Truly I tell you, this poor widow has put more into the treasury than all the others. They all gave out of their wealth; but she, out of her poverty, put in everything . all she had to live on.  
*(Mark 12:41-44)*

This is the Gospel of the Lord  
**Praise to you O Christ**

**Post Communion Prayer**

Almighty Father,  
whose Son our Saviour Jesus Christ is the light of the world:  
may your people,  
illuminated by your word and sacraments,  
shine with the radiance of his glory,  
that he may be known, worshipped, and obeyed  
to the ends of the earth  
for he is alive and reigns now and for ever. **Amen**

**Next Sunday's Readings & Rotas**

**Eucharist:** Colossians 1: 15-20 & John 1: 1-14

**Reader:** Seth Ryland

**Intercessor:** Bea Ryland & Lena Lacey-Hughes

**Welcoming Team:** Eric Howell, Peggy & Wilf Ingamells, Isabel Santore

**Coffee:** Gill Hopkins, Ann Francis, Gloria Thomas

**Ministers of Communion:** Emma Laing

(Reserve: Howard Kilvington)

**WEEKLY PRAYERS**

**Sunday:** Pray for the Igreja Episcopal Anglicana do Brasil  
for the Parish of Skewen  
for the Keep Fit Group  
for the residents of Manitoba Close.

**Thursday:** Pray for the Church of Argyll & the Isles  
for the Rectorial Benefice of Neath  
for the Parish Prayer Group  
for the residents of

Ogwen Drive.

**Sunday:** Pray for the Anglican Church in BurundiLfor the Parish of Pendoylan & Welsh St DonatsLfor the ConneXtions GroupsLfor the residents of Clearwater Way.

**For the prayers for the remaining days of the week please see: [www.llandaffchurchinwales.org.uk](http://www.llandaffchurchinwales.org.uk) under Faith Worship & Prayer (the Diocesan Prayer Calendar).**

**The full list of parish streets to pray for will be posted on Christ Church's website in the coming weeks.**

IF YOU FEEL UNABLE TO RECEIVE FROM THE CHALICE, THEN PLEASE RECEIVE THE BREAD ONLY.

## **NOTICES**

**CONGRATULATIONS:** Congratulations – llongyfarchiadau – to the family of Edith Vokes on the christening of little Edith this morning.

**EVENING SERVICE:** Please join us for our evening worship at Christ Church, 6pm this evening, led by Revd Dr Jordan Hillebert. All welcome!

**CHRISTIAN MINDFULNESS MEDITATION:** Need some calm after Christmas? Why not come along to our free sessions of Christian Mindfulness, led by Revd Trystan. Christian Meditation is a form of contemplative prayer that has been practiced since the desert monks of the early church. Do come along to discover more – at the church 7.30-8.30pm this coming Thursday (1 February 2018). All welcome!

**VIOLA CONCERT:** The Christ Church Society are hosting a concert performance by the Absolute Viola Quartet on the 7<sup>th</sup> February. The programme will be in two 40 minute parts, commencing at 7.30pm with an interval for the usual Society buffet and refreshments. Ticket price £10. All proceeds in support of the new hall fund.

**NANCY EYRE:** Nancy's funeral will take place on Monday 12 February at 1pm at Christ Church. This will be followed by a short service of committal at the Crematorium at 2.15pm. There will then be refreshments at our church hall. All are welcome and it would be lovely to see support from Christ Church for this special longstanding member of our congregation.

**GALA DINNER:** We will be holding a special fund-raising dinner, with entertainment by local band Graffiti, at Cardiff Golf Club on the evening of Friday 9 March. Tickets are on sale very soon – please do put this date in your diary and speak to Fernanda Gray or Linda Alexandra to buy your ticket. This is an exciting black-tie event that has the potential to make a good amount for the church hall, so it would be great if you could consider supporting it. Thank you.

**CHURCH FLOWERS:** Sadly, the number of people on our rota this year has fallen again, and there are gaps to fill, so I'm asking for volunteers to help us. We're happy to hear from anyone who's prepared to help- either providing a vase of flowers at the altar or producing an arrangement. Please call Sylvia on 02920408265 or email [roy.syl@ntlworld.com](mailto:roy.syl@ntlworld.com)

### **CHRIST CHURCH RECIPE COLLECTION – MEMORABLE MEALS**

**WE'VE KNOWN:** Calling out to all cooks, amateur chefs and foodies... I am collecting recipes for a collection of Christ Church recipes, to raise funds for the new church hall. Please let me have any asap – chat to me after church or email me on [julie.waller@btinternet.com](mailto:julie.waller@btinternet.com) If you don't want to share a recipe, how about contributing a particular memory about a dish or meal? Again, please do email me or talk to me after church one Sunday.

**REVD TRYSTAN'S NEW BOOK:** If you could not get to the book launch of *Living the Prayer: The Everyday Challenge of the Lord's Prayer*, but would like to purchase a book or two, then we are keeping to the special launch prices into January – discounted from £7.99 to £6 and reduced further to £10 for two copies. Please speak to Claire Edwards [ced45@btinternet.com](mailto:ced45@btinternet.com) or Haydn Hopkins, our warden, if you would like to buy copies.

**WINGS:** (<https://www.tavscardiff.org/wings/>) is an initiative offering a helping hand to vulnerable adults who are struggling to become a part of the communities they are in. It is run by Christian volunteers in partnership with official agencies who provide the introduction to contacts. Volunteers are trained and activities monitored, so that the work will remain safe and effective. No specialist skills are needed as these are provided by the official agencies. If you are have an hour or two free most weeks and want to show the love of Jesus to those struggling around you, then this

may be ideal for you. If you're interested, email Wings at [wings@tavscardiff.org](mailto:wings@tavscardiff.org) or contact Richard Rogers on 07530 849777 and we'll take it from there.

**SABBATICAL:** We are delighted for Revd Trystan who has been awarded a three-month sabbatical break for writing and retreat. He will be away for April, May, and June 2018.

**GOOD COMPANIONS – DRIVERS NEEDED:** The Good Companions group is in need of additional drivers for 2pm and/or 4pm. Offers for help on a weekly, fortnightly, or monthly basis would be sincerely appreciated. Please contact Val for more information: 02920 747021.

**UNWANTED TOILETRIES:** The Good Companions are collecting any unwanted toiletries; these will be offered to emergency patients at the Heath Hospital who often have no personal items or money with them when they are admitted. Should anyone have any unopened toiletries which they would be happy to donate, please pass them on to Val (02920 747021).

**YOUR CHOIR NEEDS YOU:** We have vacancies for all voice parts: soprano, alto, tenor and bass. Please talk to Julie Waller (07790 452722) or turn up to join us at Thursday evening rehearsals 6.30pm- 8pm where you will receive a warm welcome.

**THURSDAY 9.30am EUCHARIST:** The Eucharist is on 1st and 3rd Thursday of each month. There is tea and coffee afterwards. Numbers are growing, so come and join us!

The upcoming dates are: **1<sup>st</sup> & 15<sup>th</sup> February**

**CHURCH OPEN FOR PRAYER:** Please note that in future the church will be open for private prayer on the **first Wednesday** of each month, 10am to 12 noon. The next date will be the 7<sup>th</sup> of February.

**FAIR TRADE:** Can you help with setting up and manning the Fair Trade stall, which is in the church once every month? We need help, for this important venture to continue. If you can offer your help in any way, please speak to Nick and Penny Goss or to Revd Trystan.

**CREDO MAGAZINE:** please remember to collect your final Credo magazine from the back of the church. Full of articles and

information for January 2018.

**CONNEXION GROUPS:** Our ConneXion Groups meet once-a-month to discuss, socialise, learn, and have fun. Interested in joining one of them? Please do talk to Revd Trystan or email him on [trystanhughes@churcheinwales.org.uk](mailto:trystanhughes@churcheinwales.org.uk)

**COLLECTION:** If you prefer to give a weekly cash contribution during the various services, and you are a UK Tax payer, then there are envelopes in the pews to enable us to reclaim tax. Please do use an envelope, as, at the moment, this equates to an extra 25p for each £1 you give.

## **NEW HALL PROJECT TARGET £100,000**

**Our Planning Application has been submitted. We are getting closer to the long held dream of a NEW HALL so we need to redouble our fund raising efforts to make it a reality.**

**SOME OF THE IDEAS BELOW ARE ALREADY BEING UNDERTAKEN BUT ALL NEED YOUR SUPPORT**

### **OFFER OF TALENTS**

**CAKE MAKING** - cakes always sell!

**MUSIC CONCERTS** -see Viola Concert notice above.

**SCRAP GOLD** - Shirley Davies has already raised £77 and continues to collect.

**HOME MADE MARMALADES:** These will be available soon – look out for them from mid-Jan-Val Jones has been making lemon marmalade whilst Claire Edwards will make Seville orange marmalade as soon as the oranges appear in the shops!

*If anyone has any ideas, however big or small, to raise money for the exciting New Hall project, please share them! Thank you all for your continued support.*

Notices for the Newsletter should be given to Denise Searle, tel. 029 20763151; Email [info@christchurchcardiff.co.uk](mailto:info@christchurchcardiff.co.uk) or left in the church letter box. Deadline is Wednesday morning

In the event of an EMERGENCY please leave by the nearest exit and assemble by the walled garden at the front of the car park.

### **CHRIST CHURCH HAS BOTH FACEBOOK AND TWITTER**

please check them out and "like" and follow them for up to date church information on services and events

[www.facebook.com/christchurchcardiff](http://www.facebook.com/christchurchcardiff)

[www.twitter.com/ChristChCardiff](http://www.twitter.com/ChristChCardiff)

### **PARISH INFORMATION**

**Vicar: Revd Trystan Hughes Tel: 029 20758588**

**Mob for emergencies: 07976523634**

**[trystanhughes@churcheinwales.org.uk](mailto:trystanhughes@churcheinwales.org.uk)**

**Curate: Revd Jordan Hillebert Tel: 079 36288330**

**[Jordan.hillebert@stpadarns.ac.uk](mailto:Jordan.hillebert@stpadarns.ac.uk)**

**Parish Office: 029 20763151 – open Mon & Weds**

**9.30am to 12.30pm**

**Churchwardens: Haydn Hopkins 029 20621280**

**Colin Francis 029 20751773**

**Parish Website: [www.christchurchcardiff.co.uk](http://www.christchurchcardiff.co.uk)**

**Email: [info@christchurchcardiff.co.uk](mailto:info@christchurchcardiff.co.uk)**



## **ConneXion Groups (\*-coordinators)**

ConneXion groups meet once a month

### **Group 1 (daytime)**

Val Jones\*  
Isabel Santore  
Peggy Ingamells  
Wilf Ingamells  
Glenys Nettleton  
Audrey Lewis  
Margaret Griffiths  
George Cable  
Nadia Bunston  
David Greenman

### **Group 2 (evening)**

Haydn and Jill Hopkins \*  
Julie Waller  
Jane Song  
Claire Edwards  
John and Margaret Griffiths  
Julia Matthews  
Mark Hamber  
Hannah Burch  
Mary Payne  
Jane Hexter  
Gwilym Roberts  
Hilary Chiles  
Rev'd Jordan Hillebert

### **Group 3 (evening)**

Linda Alexander \*  
David Alexander  
Chris Vokes  
Derek Burston  
Elizabeth Burston  
Colin Francis  
Siu Chan  
David Greenman  
Gill Barker  
Clare Dow

### **Group 4 (evening)**

Trystan & Sandra Hughes \*  
Emma Breraton  
Sarah Goldsmith  
James & Ingrid Preston  
Anna & Paul Mortimore  
Hannah Burch  
Alex Kinsey  
Justin and Coral Freeman  
Fernanda Gray  
Rebekka Jones

### **Group (evening)**

Sue Hurrell \*  
Emma Laing  
Sandra Hughes  
Ruth Payne  
Justine Ryland  
Jo Jefford  
Michele Browne  
Jane Hexter  
Flora Samuel

***If you would like to join a group, please do let Revd Trystan know.***



## Calm your mind with Christian Mindfulness Meditation

Free five-week course

Starts 18 January 2018

Thursdays 7.30-8.30pm

Christ Church, Roath Park

All welcome

CHRIST CHURCH FUND RAISING

# Gala Dinner

DANCING  
TO  
LIVE BAND  
"GRAFFITI"

**Friday 9th March**  
**7.00pm**  
**At Cardiff Golf Club**

GALA  
AUCTION

This sparkling event is to raise funds to  
help build our new community hall

Black Tie & Evening Dress

**TICKETS £25**

Tel: 02920 763151 or  
Email : [info@christchurchcardiff.co.uk](mailto:info@christchurchcardiff.co.uk)

The poster features a dark blue background with a decorative border of gold and white sparkles. The text is primarily in white and gold, with the main title 'Gala Dinner' in a large, elegant, gold-colored font. The event details, including the date, time, and location, are prominently displayed in white. The overall design is festive and celebratory.

## **PRAYERS & VISITING**

**PRAYER LIST:** from now on names will only appear on the list for one month and will then be removed, unless you let the vicar or wardens know otherwise. Please give names of sick or those in need of prayer to Trystan or the wardens, preferably on paper and include your name too.

**HOME VISITING:** If you, or anyone you know, are unable to attend church due to ill health or an accident, please do let us know. If you would like one of our Pastoral Visiting team to call for a chat, to help, or to give Home Communion, we will arrange it. Please contact Gerald Bradnum on 029 20 751177 or [gbradnum@gmail.com](mailto:gbradnum@gmail.com)

✂ -----

Name: .....

Telephone:.....

(Please tick appropriately and hand to a Welcome Team member or the Clergy)

- I would like to receive a pastoral visit.
- I would like to receive Communion at home.
- I would like to be prayed for by the Prayer Team.

What is your prayer request? (optional)

## Children's Colouring Page

Colour the No 1 red, No 2 green, No 3 yellow, No 4 blue,  
No 5 black

