

Welcome to Christ Church

Week commencing 21st January 2018

Sunday 21st January – 3rd Sunday of Epiphany

8.00am Holy Eucharist

10.00am Parish Eucharist, Funky Church & J-Walkers

6.00pm Ecumenical Service at St Faith's

6.45pm J-Walkers

Monday 22

7.30pm Keep Fit

Tuesday 23

2.00pm Good Companions

Thursday 25

1.30pm Chatterbox

7.30pm Christian Mindfulness

Sunday 28th January – Epiphany 4

8.00am Holy Eucharist

10.00am Parish Eucharist, Funky Church & J-Walkers

12.00noon First Communion Session

6.00pm Evening Service

6.45pm J-Walkers

3rd Sunday of Epiphany

Collect

Almighty God,
whose Son revealed in signs and miracles
the wonder of your saving presence:
renew your people with your heavenly grace,
and in all our weakness
sustain us by your mighty power;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen**

The first reading is from the Book of Genesis

After Abram returned from defeating Kedorlaomer and the kings allied with him, the king of Sodom came out to meet him in the Valley of Shaveh (that is, the Kings Valley). Then Melchizedek king of Salem brought out bread and wine. He was priest of God Most High, and he blessed Abram, saying,

Blessed be Abram by God Most High,
Creator of heaven and earth.

And praise be to God Most High,
who delivered your enemies into your hand.
Then Abram gave him a tenth of everything.

(Genesis 14: 17-20)

This is the Word of the Lord
Thanks be to God

Psalm 128 (Pg.629)

Listen to the Gospel of Christ according to John

Glory to you, O Lord

On the third day a wedding took place at Cana in Galilee. Jesus's mother was there, and Jesus and his disciples had also been invited to the

wedding. When the wine was gone, Jesus' mother said to him, "They have no more wine."

"Woman, why do you involve me?" Jesus replied. "My hour has not yet come."

His mother said to the servants, "Do whatever he tells you."

Nearby stood six stone water jars, the kind used by the Jews for ceremonial washing, each holding from eighty to a hundred and twenty litres. Jesus said to the servants, "Fill the jars with water" so they filled them to the brim. Then he told them, "Now draw some out and take it to the master of the banquet."

They did so, and the master of the banquet tasted the water that had been turned into wine. He did not realise where it had come from, though the servants who had drawn the water knew. Then he called the bridegroom aside and said, "Everyone brings out the choice wine first and then the cheaper wine after the guests have had too much to drink; but you have saved the best till now."

What Jesus did here in Cana of Galilee was the first of the signs through which he revealed his glory; and his disciples believed in him.

(John 2: 1-11)

This is the Gospel of the Lord
Praise to you O Christ

Post Communion Prayer

Almighty Father,
whose Son our Saviour Jesus Christ is the light of the world:
may your people,
illuminated by your word and sacraments,
shine with the radiance of his glory,
that he may be known, worshipped, and obeyed
to the ends of the earth
for he is alive and reigns now and for ever.

Amen

Next Sunday's Readings & Rotas

Eucharist: Revelation 12: 1-5 & Mark 1: 21-28

Reader: Hannah Burch

Intercessor: Sue Hurrell

Welcoming Team: Gill Hopkins, Justin & Coral Freeman, Seth Ryland

Coffee: Mary & Malcolm Rayner, Justin & Coral Freeman

Ministers of Communion: Colin Francis

(Reserve: Emma Laing)

WEEKLY PRAYERS

Sunday: Pray for the Church in BangladeshLfor the Rectorial Benefice of AberavonLfor the Christ Church SocietyLfor the Discovery, Lakeside shops (& businesses).

Thursday: Pray for the Anglican Parishes of the Central Interior (formerly Cariboo)Lfor the Parish of the Dulais ValleyLfor the Good CompanionsL for the residents of Lomond Crescent.

Sunday: Pray for the Igreja Episcopal Anglicana do BrasilLfor the Parish of SkewenLfor the Keep Fit GroupLfor the residents of Manitoba Close.

For the prayers for the remaining days of the week please see: www.llandaffchurchinwales.org.uk under Faith Worship & Prayer (the Diocesan Prayer Calendar).

The full list of parish streets to pray for will be posted on Christ Church's website in the coming weeks.

IF YOU FEEL UNABLE TO RECEIVE FROM THE CHALICE, THEN PLEASE RECEIVE THE BREAD ONLY.

NOTICES

EVENING SERVICE: 6pm Please join us for our evening worship today at a United Service at St Faith's Church, Morris Avenue, off Templeton Avenue. Preacher: Rev'd Alana Lawrence, Llanishen Methodist Minister All welcome.

CHRISTIAN MINDFULNESS MEDITATION: Need some calm after Christmas? Why not come along to our free five sessions of Christian Mindfulness, led by Revd Trystan. Christian Meditation is a form of contemplative prayer that has been practiced since the desert monks of the early church. Do come along to discover more – at the church 7.30-8.30pm this coming Thursday (25 January 2018) onwards. All welcome!

FIRST COMMUNION SESSIONS: We will be holding first communion sessions for 6, 7, and 8 year olds – on Sunday lunchtimes 28 Jan, and 4 Feb. Any children interested, please could parents speak to Revd Trystan.

VIOLA CONCERT: The Christ Church Society are hosting a concert performance by the Absolute Viola Quartet on the 7th February. The programme will be in two 40 minute parts, commencing at 7.30pm with an interval for the usual Society buffet and refreshments. Ticket price £10. All proceeds in support of the new hall fund.

GALA DINNER: We will be holding a special fund-raising dinner, with entertainment by local band Graffiti, at Cardiff Golf Club on the evening of Friday 9 March. Tickets will be on sale very soon – please do put this date in your diary.

CHRIST CHURCH RECIPE COLLECTION – MEMORABLE MEALS

WE'VE KNOWN: Calling out to all cooks, amateur chefs and foodies... I am collecting recipes for a collection of Christ Church recipes, to raise funds for the new church hall. Please let me have any asap – chat to me after church or email me on julie.waller@btinternet.com If you don't want to share a recipe, how about contributing a particular memory about a dish or meal? Again, please do email me or talk to me after church one Sunday.

REVD TRYSTAN'S NEW BOOK: If you could not get to the book launch of *Living the Prayer: The Everyday Challenge of the Lord's Prayer*, but would like to purchase a book or two, then we are keeping to the special launch prices into January – discounted from £7.99 to £6 and reduced further to £10 for two copies. Please speak to Claire Edwards ced45@btinternet.com or Haydn Hopkins, our warden, if you would like to buy copies.

WINGS: (<https://www.tavscardiff.org/wings/>) is an initiative offering a helping hand to vulnerable adults who are struggling to become a part of the communities they are in. It is run by Christian volunteers in partnership with official agencies who provide the introduction to contacts. Volunteers are trained and activities monitored, so that the work will remain safe and effective. No specialist skills are needed as these are provided by the official agencies. If you are have an hour or two free most weeks and want to show the love of Jesus to those struggling around you, then this may be ideal for you. If you're interested, email Wings at wings@tavscardiff.org or contact Richard Rogers on 07530 849777 and we'll take it from there.

SABBATICAL: We are delighted for Revd Trystan who has been awarded a three-month sabbatical break for writing and retreat. He will be away for April, May, and June 2018.

GOOD COMPANIONS – DRIVERS NEEDED: The Good Companions group is in need of additional drivers for 2pm and/or 4pm. Offers for help on a weekly, fortnightly, or monthly basis would be sincerely appreciated. Please contact Val for more information: 02920 747021.

also

The Good Companions are collecting any unwanted toiletries; these will be offered to emergency patients at the Heath Hospital who often have no personal items or money with them when they are admitted. Should anyone have any unopened toiletries which they would be happy to donate, please pass them on to Val (02920 747021).

YOUR CHOIR NEEDS YOU: We have vacancies for all voice parts: soprano, alto, tenor and bass. Please talk to Julie Waller (07790 452722) or turn up to join us at Thursday evening rehearsals 6.30pm- 8pm where you will receive a warm welcome.

THURSDAY 9.30am EUCHARIST: The Eucharist is on 1st and 3rd Thursday of each month. There is tea and coffee afterwards. Numbers are growing, so come and join us!

The upcoming dates are: **1st & 15th February**

CHURCH OPEN FOR PRAYER: Please note that in future the church will be open for private prayer on the **first Wednesday** of each month, 10am to 12 noon. The next date will be the 7th of February.

FAIR TRADE: Can you help with setting up and manning the Fair Trade stall, which is in the church once every month? We need help, for this important venture to continue. If you can offer your help in any way, please speak to Nick and Penny Goss or to Revd Trystan.

CREDO MAGAZINE: please remember to collect your final Credo magazine from the back of the church. Full of articles and information for January 2018.

CONNEXION GROUPS: Our ConneXion Groups meet once-a-month to discuss, socialise, learn, and have fun. Interested in joining one of them? Please do talk to Revd Trystan or email him on trystanhughes@churchinwales.org.uk

COLLECTION: If you prefer to give a weekly cash contribution during the various services, and you are a UK Tax payer, then there are envelopes in the pews to enable us to reclaim tax. Please do use an envelope, as, at the moment, this equates to an extra 25p for each £1 you give.

NEW HALL PROJECT TARGET £100,000

Our Planning Application has been submitted. We are getting closer to the long held dream of a NEW HALL so we need to redouble our fund raising efforts to make it a reality.

SOME OF THE IDEAS BELOW ARE ALREADY BEING UNDERTAKEN BUT ALL NEED YOUR SUPPORT

OFFER OF TALENTS

CAKE MAKING - cakes always sell!

MUSIC CONCERTS -see Viola Concert notice above.

SCRAP GOLD - Shirley Davies has already raised £77 and continues to collect.

HOME MADE MARMALADES: These will be available soon – look out for them from mid-Jan-Val Jones has been making lemon marmalade whilst Claire Edwards will make Seville orange marmalade as soon as the oranges appear in the shops!

If anyone has any ideas, however big or small, to raise money for the exciting New Hall project, please share them! Thank you all for your continued support.

Notices for the Newsletter should be given to Denise Searle, tel. 029 20763151; Email info@christchurchcardiff.co.uk or left in the church letter box. Deadline is Wednesday morning

In the event of an EMERGENCY please leave by the nearest exit and assemble by the walled garden at the front of the car park.

CHRIST CHURCH HAS BOTH FACEBOOK AND TWITTER

please check them out and "like" and follow them for up to date church information on services and events

www.facebook.com/christchurchcardiff

www.twitter.com/ChristChCardiff

PARISH INFORMATION

Vicar: Revd Trystan Hughes Tel: 029 20758588

Mob for emergencies: 07976523634

trystanhughes@churchinwales.org.uk

Curate: Revd Jordan Hillebert Tel: 079 36288330

Jordan.hillebert@stpadarns.ac.uk

Parish Office: 029 20763151 – open Mon & Weds

9.30am to 12.30pm

Churchwardens: Haydn Hopkins 029 20621280

Colin Francis 029 20751773

Parish Website: www.christchurchcardiff.co.uk

Email: info@christchurchcardiff.co.uk

ConneXion Groups (*-coordinators)

ConneXion groups meet once a month.

Group 1 (daytime)

Val Jones*
Isabel Santore
Peggy Ingamells
Wilf Ingamells
Glenys Nettleton
Audrey Lewis
Margaret Griffiths
George Cable
Nadia Bunston
David Greenman

Group 2 (evening)

Haydn and Jill Hopkins *
Julie Waller
Jane Song
Claire Edwards
John and Margaret Griffiths
Julia Matthews
Mark Hamber
Hannah Burch
Mary Payne
Jane Hexter
Gwilym Roberts
Hilary Chiles
Rev'd Jordan Hillebert

Group 3 (evening)

Linda Alexander *
David Alexander
Chris Vokes
Derek Burston
Elizabeth Burston
Colin Francis
Siu Chan
David Greenman
Gill Barker
Clare Dow

Group 4 (evening)

Trystan & Sandra Hughes *
Emma Breraton
Sarah Goldsmith
James & Ingrid Preston
Anna & Paul Mortimore
Hannah Burch
Alex Kinsey
Justin and Coral Freeman
Fernanda Gray
Rebekka Jones

Group (evening)

Sue Hurrell *
Emma Laing
Sandra Hughes
Ruth Payne
Justine Ryland
Jo Jefford
Michele Browne
Jane Hexter
Flora Samuel

If you would like to join a group, please do let Revd Trystan know.



**Calm your mind with
Christian Mindfulness Meditation**

**Free five-week course
Starts 18 January 2018
Thursdays 7.30-8.30pm
Christ Church, Roath Park
All welcome**

PRAYERS & VISITING

PRAYER LIST: from now on names will only appear on the list for one month and will then be removed, unless you let the vicar or wardens know otherwise. Please give names of sick or those in need of prayer to Trystan or the wardens, preferably on paper and include your name too.

HOME VISITING: If you, or anyone you know, are unable to attend church due to ill health or an accident, please do let us know. If you would like one of our Pastoral Visiting team to call for a chat, to help, or to give Home Communion, we will arrange it. Please contact Gerald Bradnum on 029 20 751177 or gbradnum@gmail.com

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Name:

Telephone:.....

(Please tick appropriately and hand to a Welcome Team member or the Clergy)

- I would like to receive a pastoral visit.
- I would like to receive Communion at home.
- I would like to be prayed for by the Prayer Team.

What is your prayer request? (optional)

Children's Colouring Page

WATER INTO WINE

With a crayon or pencil follow between the lines, beginning at the starting point.

