

Welcome to Christ Church

Week commencing 5th March 2017

Sunday 5th March – 1st Sunday of Lent

8.00am Holy Eucharist

10am Family Service

6pm Lent Talk at Christ Church: Who was Jesus?

7.00pm J Walkers

Monday 6

7.30pm Keep fit, hall

Tuesday 7

2.00pm Good Companions

Wednesday 8

10.00am Parish Prayer Group

Thursday 9

1.30pm Chatterbox

Sunday 12th March – 2nd Sunday of Lent

8.00am Holy Eucharist

10am Parish Eucharist & Funky Church

6pm Lent Talk at St Denys: How does Jesus save?

7.00pm J Walkers

1st Sunday of Lent

Collect

Almighty God, you show to those who are in error the light of your truth, that they may return to the way of righteousness: grant that all who are admitted into the fellowship of Christ's religion, may reject those things that are contrary to their baptism, and follow in the way of Jesus Christ our Lord; who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**

The first reading is from the Book of Genesis

The Lord God took the man and put him in the Garden of Eden to work it and take care of it. And the Lord God commanded the man, **Y**ou are free to eat from any tree in the gardenL but you must not eat from the tree of the knowledge of good and evil, for when you eat from it you will certainly die.q Now the snake was more crafty than any of the wild animals the Lord God had made. He said to the woman, **D**id God really say, **%**You must not eat from any tree in the garden+?q The woman said to the snake, **W**e may eat fruit from the trees in the garden, but God did say, **%**You must not eat fruit from the tree that is in the middle of the garden, and you must not touch it, or you will die.+q **Y**ou will not certainly die,q the snake said to the woman. **F**or God knows that when you eat from it your eyes will be opened, and you will be like God, knowing good and evil.q When the woman saw that the fruit of the tree was good for food and pleasing to the eye, and also desirable for gaining wisdom, she took some and ate it. She also gave some to her husband, who was with her, and he ate it. Then the eyes of both of them were opened, and they realised that they were nakedL so they sewed fig leaves together and made coverings for themselves.

(Genesis 2: 15-17; 3: 1-7)

This is the Word of the Lord
Thanks be to God

Psalm 32 (Pg.482)

Listen to the Gospel of Christ according to Matthew
Glory to you, O Lord

Then Jesus was led by the Spirit into the wilderness to be tempted by the devil. After fasting for forty days and forty nights, he was hungry. The tempter came to him and said, **¶** If you are the Son of God, tell these stones to become bread. **¶** Jesus answered, **¶** It is written: **¶** Man shall not live on bread alone, but on every word that comes from the mouth of God. **+** Then the devil took him to the holy city and set him on the highest point of the temple. **¶** If you are the Son of God, **¶** he said, **¶** throw yourself down. For it is written: **¶** He will command his angels concerning you, and they will lift you up in their hands, so that you will not strike your foot against a stone. **+** Jesus answered him, **¶** It is also written: **¶** Do not put the Lord your God to the test. **+** Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour. **¶** All this I will give you, **¶** he said, **¶** if you will bow down and worship me. **¶** Jesus said to him, **¶** Away from me, Satan! For it is written: **¶** Worship the Lord your God, and serve him only. **+** Then the devil left him, and angels came and attended him.

(Matthew 4: 1-11)

This is the Gospel of the Lord
Praise to you O Christ

Post Communion Prayer

Creator of heaven and earth, we thank you for these holy mysteries given us by our Lord Jesus Christ, by which we receive your grace and are assured of your love, now and for ever.

Amen

Next Sunday's Readings & Rotas

Eucharist: Genesis 12: 1-4 & John 3: 1-17

Reader: Colin Francis

Intercessor: Justine Ryland

Welcoming Team: Chris Langmaid, Malcolm & Mary Rayner,
Chris Ward

Coffee: John & Margaret Griffiths, Pat & Mike Jenkins

Ministers of Communion: Howard Kilvington
(Reserve: Gerald Bradnum)

WEEKLY PRAYERS

Sunday: Pray for the Church in Marathwada: for the Parish of Tonypandy w Clydach Vale & WilliamstownLfor Maes-y-Coed Business CentreLfor the Parochial Church Councillors.

Thursday: Pray for the Church in Masasi, TanzaniaLfor the Parish of YstradyfodwgLfor the residents of Cefn Carnau RoadLfor the Readers in our Parish.

Sunday: Pray for the Church in MasenoLfor the Parish of Cardiff, Dewi SantLfor the residents of St Dennis RoadLfor the Intercessors.

For the prayers for the remaining days of the week please see:

www.llandaffchurchinwales.org.uk

**under Faith Worship & Prayer
(the Diocesan Prayer Calendar).**

**The full list of parish streets to pray for will be posted on
Christ Church's website in the coming weeks.**

**IF YOU ARE UNABLE TO RECEIVE FROM THE
CHALICE, THEN PLEASE RECEIVE THE BREAD ONLY.**

NOTICES

LENT TALKS – FAITH IN A NUTSHELL: We are delighted that we are again arranging a series of Lent Talks on Sunday evenings during Lent (from 5th March onwards). The series will be held in conjunction with St Denys Lisvane. We would love you to join us for these sessions, which are sure to be interesting and informative:

****This evening* Sunday 5th March 6pm at Christ Church, Roath Park: Who was Jesus? (Revd Dr Trystan Hughes)***

Sunday 12 March 6pm at St Denys, Lisvane: How does Jesus save? (Revd Dr Jordan Hillebert)

Sunday 19 March 6pm at Christ Church, Roath Park: How does God want me to live? (Revd Chris Burr)

Sunday 26 March 6pm at St Denys, Lisvane: Father, Son, and Holy Spirit – Making sense of the Trinity? (Revd Dr Jordan Hillebert)

Sunday 2 April 6pm at Christ Church, Roath Park: What happens in the end? (Revd Chris Burr)

ROTAS: Would you like to help out on a Sunday either welcoming or making coffee (or both!)? The duties aren't onerous, you would only be called on for 6 or 8 times in a whole year. If you would like to be included please let Denise at the office know info@christchurchcardiff.co.uk Thank you.

AN EVENING WITH TONY CAMPOLO: Would you like to join a Christ Church trip to see Tony Campolo (former President Bill Clinton's spiritual adviser) speak at 7.30pm on **21st March** at Glenwood Church? Tickets are £6 each. This is a great opportunity to hear an inspirational speaker and is sure to be well attended. So, ***if you're interested please speak to Rev'd Trystan or Haydn today, as we need to reserve places tomorrow (Monday 6th March).***

CAKE SALE: There is a cake sale at Christ Church hall on Saturday 11th March at 10am. This is in aid of a friend of Sue

Hurrell's, who is running the London Marathon this year in for the charity 'Contact a Family' (of which Sue is a trustee; see www.cafamily.org.uk). This organisation supports families of children with disabilities across the UK. Everyone is welcome to attend and if anyone could offer any cakes for sale as well Sue would be very grateful – feel free to contact her on hurrell.sue@gmail.com or 07748 181443

ELECTORAL ROLL: Whether you regularly worship here at Christ Church or attend infrequently, we would like you to invite you to be on our Electoral Roll. This will let the Diocese know that you see Christ Church as your home church. Please see the Vicar or David Alexander for more details.

CHURCH OPEN FOR PRAYER: Please note that in future the church will be open for private prayer on the **1st Wednesday** of each month (formerly Tuesday), 10am to 12 noon. The next date will be the 5th April. This will not affect the weekly Parish Prayer Group meeting (see separate notice).

FAIR TRADE: Can you help with setting up and manning the Fair Trade stall, which is in the church once every month? We need help, for this important venture to continue. If you can offer your help in any way, please speak to Nick and Penny Goss or to Trystan, our vicar.

CONNEXION GROUPS: Our ConneXion Groups meet once-a-month to discuss, socialise, learn, and have fun. Interested in joining one of them? Please do talk to Revd Trystan or email him on trystanhughes@churchinwales.org.uk

ANNUAL VESTRY MEETING: This year's Annual Vestry Meeting will take place on Sunday 9th April at 6pm. Prior to this the annual report has to be compiled. If you or your group contribute please could you let Denise have your reports (by email if possible) by the 12th March at the very latest. The reports should cover the period ending 31st December 2016. Thank you.

GOOD COMPANIONS DRIVERS: Many members of Christ Church attend Good Companions on a weekly basis, relying on transport kindly provided by fellow parishioners. The current rota is planned on a four-weekly basis with pairs of drivers sharing the giving of lifts to 2 or 3 people from local addresses at 2pm and then home at 4pm. **We are seriously in need of any offers to join the drivers' rota**, especially as two of the team are due to move away from Christchurch in the next couple of months, and more members are requesting transport. If you can't do both 2pm and 4pm, you can be a driver for just 2pm or 4pm lifts, or you can just help occasionally. Please see Val Jones, Alison Peters, or Julia Matthews, or email Val on vjjones2000@yahoo.co.uk or phone 02920 747021.

COLLECTION: If you prefer to give a weekly cash contribution during the various services, and you are a UK Tax payer, then there are envelopes in the pews to enable us to reclaim tax. Please do use an envelope, as, at the moment, this equates to an extra 25p for each £1 you give.

J-WALKERS: J-Walkers (for young people aged 11-18) will take place during the 10am service every 3rd Sunday each month. Also, they will meet every Sunday evening at 7-8.30pm. Please encourage any young people you know to come along!

GOOD COMPANIONS: If you know someone who would welcome some companionship and conversation please encourage them to come along to our Good Companions group who meet every Tuesday at 2pm in the hall.

PRAYER GROUP: The Prayer Group meets at 10am every Wednesday in The Lady Chapel. Our meetings involve prayers for individuals and for our local community, to which all are welcome.

CREDO MAGAZINE: please remember to collect your magazine from the back of the church. Full of articles and information for March.

THURSDAY 9.30am EUCHARIST: The Eucharist is on 1st and 3rd Thursday of each month. There is tea and coffee afterwards. Numbers are growing, so come and join us!

The upcoming dates are: **16th March & 7th April.**

CONCERT: Jacky Webb is in concert at Rumney Methodist Church on 6th March at 7.30pm. £5 on the door.

Notices for the Newsletter should be given to Denise Searle, tel. 029 20763151; Email info@christchurchcardiff.co.uk or left in the church letter box. Deadline is Wednesday morning

In the event of an EMERGENCY please leave by the nearest exit and assemble by the walled garden at the front of the car park.

CHRIST CHURCH HAS BOTH FACEBOOK AND TWITTER please check them out and "like" and follow them for up to date church information on services and events

www.facebook.com/christchurchcardiff

www.twitter.com/ChristChCardiff

PARISH INFORMATION

Vicar: Revd Trystan Hughes Tel: 029 20758588
Mob for emergencies: 07976523634
trystanhughes@churchinwales.org.uk

Curate: Revd Jordan Hillebert Tel: 079 36288330
Jordan.hillebert@stpadarns.ac.uk

Parish Office: 029 20763151 – open Mon & Weds
9.30am to 12.30pm

Churchwardens: Haydn Hopkins 029 20621280
Colin Francis 029 20751773

Parish Website: www.christchurchcardiff.co.uk
Email: info@christchurchcardiff.co.uk

Our new banner

Our new banner, behind the altar, reminds us that we, at Christ Church, offer our local community:

- the promise and hope of the rainbow
- the light and safety of the lighthouse
- the peace and comfort of the dove
- the love and healing of the cross

ConneXion Groups (*-coordinators)

ConneXion groups meet once a month.

If you would like to join a group, please do let Revd Trystan know

Group 1 (daytime)

Val Jones*
Isabel Santore
Peggy Ingamells
Wilf Ingamells
Glenys Nettleton
Norma Ash
Henry Yeomans
Audrey Lewis
Margaret Griffiths
George Cable
Nadia Bunston
David Greenman

Group 2 (evening)

Haydn Hopkins *
Jill Hopkins
Julie Waller
Jane Song
Claire Edwards
John Griffiths
Margaret Griffiths
Julia Matthews
Mark Hamber
Hannah Burch
Mary Payne
Jane Hexter
Gwilym Roberts
Hilary Chiles
Rev'd Jordan Hillebert

Group 3 (evening)

Linda Alexander *
David Alexander
Chris Vokes
Derek Burston
Elizabeth Burston
Colin Francis
Siu Chan
David Greenman
Gill Barker
Clare Dow

Group 4 (evening)

Trystan & Sandra Hughes *
Emma Breraton
Sarah Goldsmith
James & Ingrid Preston
Claire & David Parkinson
Anna & Paul Mortimore
Hannah Burch
Alex Kinsey
Justin and Coral Freeman
Fernanda Gray

Group (evening)

Sue Hurrell *
Emma Laing
Sandra Hughes
Ruth Payne
Justine Ryland
Jo Jefford
Michele Browne

PRAYERS & VISITING

PRAYER LIST: from now on names will only appear on the list for one month and will then be removed, unless you let the vicar or wardens know otherwise. Please give names of sick or those in need of prayer to Trystan or the wardens, preferably on paper and include your name too.

HOME VISITING: If you, or anyone you know, are unable to attend church due to ill health or an accident, please do let us know. If you would like one of our Pastoral Visiting team to call for a chat, to help, or to give Home Communion, we will arrange it. Please contact Gerald Bradnum on 029 20 751177 or gbradnum@gmail.com

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Name:

Telephone:.....

(Please tick appropriately and hand to a Welcome Team member or the Clergy)

- I would like to receive a pastoral visit.
- I would like to receive Communion at home.
- I would like to be prayed for by the Prayer Team.

What is your prayer request? (optional)



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**At Christ Church Roath Park
Who was Jesus? (Revd Dr Trystan Hughes)**

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info@christchurchcardiff.co.uk

office@stdenyschurch.org.uk

Children's Colouring Page

The Garden of Eden

And the LORD God planted a garden eastward in Eden; and there he put the man whom he had formed.

Genesis 2:8

