Newsletter

Christ Church, Roath Park
Lake Road North, Cardiff, CF23 5QN

Welcome to Christ Church

Week commencing 26th February 2017

<u>Sunday 26th February – Sunday before Lent, Transfiguration Sunday</u>
8.00am Holy Eucharist
10am Parish Eucharist & Funky Church
6pm Celtic Prayer Night
No J Walkers this evening

Monday 27	**7.30pm Keep fit, hall**
Tuesday 28	**2.00pm Good Companions**
Ash Wednesday 1	**10.00am Parish Prayer Group** **10.00am to 12 noon** **Church open for prayer** **7.00pm Ash Wednesday Eucharist**
Thursday 2	**9.30am Midweek Eucharist** ***(followed by tea & coffee)*** **1.30pm Chatterbox**
Friday 3	**2pm, St Brigids, Women's World Day of Prayer**

<u>Sunday 5th March – 1st Sunday of Lent</u>
8.00am Holy Eucharist
10am Family Service
6pm Lent Talks at Christ Church: Who was Jesus?
7.00pm J Walkers

Sunday before Lent: Transfiguration Sunday

Collect
Almighty Father, whose Son was revealed in majesty before he suffered death upon the cross: give us grace to perceive his glory, that we may be strengthened to suffer with him and be changed into his likeness, from glory to glory; who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**.

The first reading is from the Book of Exodus

The LORD said to Moses, 'Come up to me on the mountain and stay here, and I will give you the tablets of stone with the law and commandments I have written for their instruction.'

Then Moses set out with Joshua his assistant, and Moses went up on the mountain of God. He said to the elders, 'Wait here for us until we come back to you. Aaron and Hur are with you, and anyone involved in a dispute can go to them.'

When Moses went up on the mountain, the cloud covered it, and the glory of the LORD settled on Mount Sinai. For six days the cloud covered the mountain, and on the seventh day the LORD called to Moses from within the cloud. To the Israelites the glory of the LORD looked like a consuming fire on top of the mountain. Then Moses entered the cloud as he went on up the mountain. And he stayed on the mountain forty days and forty nights.

(Exodus 24: 12-18)

This is the Word of the Lord
Thanks be to God

Psalm 2 *(Pg.445)*

Listen to the Gospel of Christ according to Matthew
Glory to you, O Lord

After six days Jesus took with him Peter, James and John the brother of James, and led them up a high mountain by themselves. There he was transfigured before them. His face shone like the sun, and his clothes became as white as the light. Just then there appeared before them Moses and Elijah, talking with Jesus.Peter said to Jesus, ‘Lord, it is good for us to be here. If you wish, I will put up three shelters – one for you, one for Moses and one for Elijah.’ While he was still speaking, a bright cloud covered them, and a voice from the cloud said, ‘This is my Son, whom I love; with him I am well pleased. Listen to him!’ When the disciples heard this, they fell face down to the ground, terrified. But Jesus came and touched them. ‘Get up,’ he said. ‘Don’t be afraid.’ When they looked up, they saw no one except Jesus.As they were coming down the mountain, Jesus instructed them, ‘Don’t tell anyone what you have seen, until the Son of Man has been raised from the dead.’

(Matthew 17: 1-9)

This is the Gospel of the Lord
Praise to you O Christ

Post Communion Prayer

Holy God, we see your glory in the face of Jesus Christ:
may we who are partakers at his table reflect his life in word and deed, that all the world may know his power to change and save.
This we ask through Jesus Christ our Lord. **Amen**

Next Sunday's Readings & Rotas

Eucharist: Genesis 2: 15-17; 3: 1-7 & Matthew 4: 1-11

Reader: Seth Ryland

Intercessor: Bea Ryland & Lena Lacey-Hughes

Welcoming Team: Bernard Richards, Marjorie Walker, Brian Ward, Jane Song
Coffee: James & Posy Akande, Derek & Liz Burston

Ministers of Communion: Emma Laing
(Reserve: Howard Kilvington)

WEEKLY PRAYERS

Sunday: Pray for the Church in Malek, Sudan; for Rhondda Deanery; for the residents of St Cenydd Road; for Dominic our Reader.
Thursday: Pray for the Church in Manicaland; for the Parish of Porth Newydd; for staff and pupils at Ton-yr-Ywen School; for the Church Wardens.
Sunday: Pray for the Church in Marathwada: for the Parish of Tonypandy w Clydach Vale & Williamstown; for Maes-y-Coed Business Centre; for the Parochial Church Councillors.

For the prayers for the remaining days of the week please see:

www.llandaffchurchinwales.org.uk
under Faith Worship & Prayer
(the Diocesan Prayer Calendar).
The full list of parish streets to pray for will be posted on Christ Church's website in the coming weeks.

IF YOU ARE UNABLE TO RECEIVE FROM THE CHALICE, THEN PLEASE RECEIVE THE BREAD ONLY.

NOTICES

THANK YOU: Thank you to Revd Sally Davies who is officiating at our 10am communion service this morning. It is always lovely to welcome her back to Christ Church.

ASH WEDNESDAY: Please note that the Ash Wednesday service will be at **7pm on Wednesday 1 March**, and not at 7:30pm as detailed in Credo. It would be great if you were able to join us at this service

YOUTH WEEKEND AWAY: Next week we will be away at our Youth Weekend Away! If you anyone has a passion for baking we would love if you could provide some cake or brownies or even fruit for our dessert! Crisps or other snacks are also very welcome! We will be leaving on Friday (3rd) afternoon, please drop them into the Vicarage porch beforehand or contact Sandra 07971 253 586. Thank you!

J-WALKERS: Please note that there is no youth group this evening, as it is half term.

LENT TALKS – FAITH IN A NUTSHELL: We are delighted that we are again arranging a series of Lent Talks on Sunday evenings during Lent (from 5 March onwards). The series will be held in conjunction with St Denys Lisvane. We would love you to join us for these sessions, which are sure to be interesting and informative:
Sunday 5 March 6pm at Christ Church, Roath Park: Who was Jesus? (Revd Dr Trystan Hughes)
Sunday 12 March 6pm at St Denys, Lisvane: How does Jesus save? (Revd Dr Jordan Hillebert)
Sunday 19 March 6pm at Christ Church, Roath Park: How does God want me to live? (Revd Chris Burr)
Sunday 26 March 6pm at St Denys, Lisvane: Father, Son, and Holy Spirit – Making sense of the Trinity? (Revd Dr Jordan Hillebert)
Sunday 2 April 6pm at Christ Church, Roath Park: What happens in the end? (Revd Chris Burr)

ROTAS: Would you like to help out on a Sunday either welcoming or making coffee (or both!)? The duties aren't onerous, you would only be called on for 6 or 8 times in a whole year. If you would like to be included please let Denise at the office know info@christchurchcardiff.co.uk Thank you.

WOMEN'S WORLD DAY OF PRAYER: This is being held on Friday 3rd March at 2pm a Joint service with Llanishen neighbours at St Brigid's Roman Catholic Church, Crystal Glen. "Am I being unfair to you?" is the theme of this years' service, prepared by Christian women of the Philippines. A time of readings and short reflection during the service will replace the usual speaker's address. All are welcome; light refreshments afterwards.

AN EVENING WITH TONY CAMPOLO: Would you like to join a Christ Church trip to see Tony Campolo (former President Bill Clinton's spiritual adviser) speak at 7.30pm on **21st March** at Glenwood Church? Tickets are £6 each. This is a great opportunity to hear an inspirational speaker and is sure to be well attended. So, if you're interested please speak to Rev'd Trystan or to Haydn as soon as possible so that we can reserve places.

ELECTORAL ROLL: Whether you regularly worship here at Christ Church or attend infrequently, we would like to invite you to be on our Electoral Roll. This will let the Diocese know that you see Christ Church as your home church. Please see the Vicar or David Alexander for more details.

CHURCH OPEN FOR PRAYER: Please note that in future the church will be open for private prayer on the **1st Wednesday** of each month (formerly Tuesday), 10am to 12 noon. The next date will be the 1st March. This will not affect the weekly Parish Prayer Group meeting (see separate notice).

FAIR TRADE: Can you help with setting up and manning the Fair Trade stall, which is in the church once every month? We need help, for this important venture to continue. If you can

offer your help in any way, please speak to Nick and Penny Goss or to Trystan, our vicar.

CONNEXION GROUPS: Our ConneXion Groups meet once-a-month to discuss, socialise, learn, and have fun. Interested in joining one of them? Please do talk to Revd Trystan or email him on trystanhughes@churchinwales.org.uk

ANNUAL VESTRY MEETING: This year's Annual Vestry Meeting will take place on Sunday 9th April at 6pm. Prior to this the annual report has to be compiled. If you or your group contribute please could you let Denise have your reports (by email if possible) by the 12th March at the very latest. The reports should cover the period ending 31st December 2016. Thank you.

GOOD COMPANIONS DRIVERS: Many members of Christ Church attend Good Companions on a weekly basis, relying on transport kindly provided by fellow parishioners. The current rota is planned on a four-weekly basis with pairs of drivers sharing the giving of lifts to 2 or 3 people from local addresses at 2pm and then home at 4pm. ***We are seriously in need of any offers to join the drivers' rota***, especially as two of the team are due to move away from Christchurch in the next couple of months, and more members are requesting transport. If you can't do both 2pm and 4pm, you can be a driver for just 2pm or 4pm lifts, or you can just help occasionally. Please see Val Jones, Alison Peters, or Julia Matthews, or email Val on vjjones2000@yahoo.co.uk or phone 02920 747021.

COLLECTION: If you prefer to give a weekly cash contribution during the various services, and you are a UK Tax payer, then there are envelopes in the pews to enable us to reclaim tax. Please do use an envelope, as, at the moment, this equates to an extra 25p for each £1 you give.

J-WALKERS: J-Walkers (for young people aged 11-18) will take place during the 10am service every 3rd Sunday each month.

Also, they will meet every Sunday evening at 7-8.30pm. Please encourage any young people you know to come along!

GOOD COMPANIONS: If you know someone who would welcome some companionship and conversation please encourage them to come along to our Good Companions group who meet every Tuesday at 2pm in the hall.

PRAYER GROUP: The Prayer Group meets at 10am every Wednesday in The Lady Chapel. Our meetings involve prayers for individuals and for our local community, to which all are welcome.

CREDO MAGAZINE: please remember to collect your magazine from the back of the church. Full of articles and information for February.

THURSDAY 9.30am EUCHARIST: The Eucharist is on 1st and 3rd Thursday of each month. There is tea and coffee afterwards. Numbers are growing, so come and join us!

The upcoming dates are: **2nd & 16th March**

Notices for the Newsletter should be given to Denise Searle, tel. 029 20763151; Email info@christchurchcardiff.co.uk or left in the church letter box. Deadline is Wednesday morning

In the event of an EMERGENCY please leave by the nearest exit and assemble by the walled garden at the front of the car park.

CHRIST CHURCH HAS BOTH FACEBOOK AND TWITTER

please check them out and "like" and follow them for up to date church information on services and events

www.facebook.com/christchurchcardiff

www.twitter.com/ChristChCardiff

PARISH INFORMATION

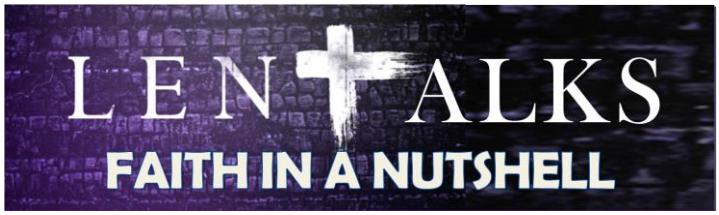
Vicar: Revd Trystan Hughes Tel: 029 20758588
Mob for emergencies: 07976523634
trystanhughes@churchinwales.org.uk

Curate: Revd Jordan Hillebert Tel: 079 36288330
Jordan.hillebert@stpadarns.ac.uk

Parish Office: 029 20763151 – open Mon & Weds
9.30am to 12.30pm

Churchwardens: Haydn Hopkins 029 20621280
Colin Francis 029 20751773

Parish Website: www.christchurchcardiff.co.uk
Email: info@christchurchcardiff.co.uk



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info@christchurchcardiff.co.uk
office@stdenyschurch.org.uk

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ConneXion Groups (*-coordinators)

ConneXion groups meet once a month.

If you would like to join a group, please do let Revd Trystan know.

Group 1 (daytime)
Val Jones*
Isabel Santore
Peggy Ingamells
Wilf Ingamells
Glenys Nettleton
Norma Ash
Henry Yeomans
Audrey Lewis
Margaret Griffiths
George Cable
Nadia Bunston
David Greenman

Group 2 (evening)
Haydn Hopkins *
Jill Hopkins
Julie Waller
Jane Song
Claire Edwards
John Griffiths
Margaret Griffiths
Julia Matthews
Hannah Burch
Mary Payne
Jane Hexter
Gwilym Roberts
Hilary Chiles

Group 3 (evening)
Linda Alexander *
David Alexander
Chris Vokes
Derek Burston
Elizabeth Burston
Colin Francis
Siu Chan
David Greenman
Gill Barker
Clare Dow

Group 4 (evening)
Trystan & Sandra Hughes *
Emma Breraton
Sarah Goldsmith
James & Ingrid Preston
Claire & David Parkinson
Anna & Paul Mortimore
Hannah Burch
Alex Kinsey
Justin and Coral Freeman
Fernanda Gray

Group (evening)
Sue Hurrell *
Emma Laing
Sandra Hughes
Ruth Payne
Justine Ryland
Jo Jefford
Michele Browne

Our new banner

Our new banner, behind the altar, reminds us that we, at Christ Church, offer our local community:

- the promise and hope of the rainbow
- the light and safety of the lighthouse
- the peace and comfort of the dove
- the love and healing of the cross

PRAYERS & VISITING

PRAYER LIST: from now on names will only appear on the list for one month and will then be removed, unless you let the vicar or wardens know otherwise. Please give names of sick or those in need of prayer to Trystan or the wardens, preferably on paper and include your name too.

HOME VISITING: If you, or anyone you know, are unable to attend church due to ill health or an accident, please do let us know. If you would like one of our Pastoral Visiting team to call for a chat, to help, or to give Home Communion, we will arrange it. Please contact Gerald Bradnum on 029 20 751177 or gbradnum@gmail.com

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Name: …….

Telephone:……

(Please tick appropriately and hand to a Welcome Team member or the Clergy)

☐ I would like to receive a pastoral visit.
☐ I would like to receive Communion at home.
☐ I would like to be prayed for by the Prayer Team.

What is your prayer request? (optional)

Children's Colouring Page

The Parable of the Sower - wayside